

2027 2026

2025

into the future



PROMNIGHT Package

A night to experience an unforgettable time with friends!

INCLUDES:

Dinner Buffet
Room Rental
Tables, Chairs
Dance Floor
Table Cloth
Napkins
Silverware and
Glassware
Free parking

\$29 per person
Plus 18% service charge.

Information:

787-707-3215 · 787-707-3516 · 787-707-5233

usarmy.buchanan.usag.list.community-club-team@army.mil













INTO THE FUTURE

"The most reliable way to predict the future, is to create it" - Abraham Lincoln

We keep moving forward, opening new doors, and doing new things, because we believe in our dreams and we made plans. This new year Family and MWR begins new projects, continues with the ones started, and continuously looks for ways to improve services for our customers.

We ask you to feel free to use the Interactive Customer Evaluation QR code at the bottom of this page where you can let us know how we are doing! Your input helps us improve our services by keeping us engaged with your needs and preferences.

FAMILY AND MWR **LIFE WITH US** EDITORIAL TEAM

Family and MWR Programs Director

Mr. Scott Abell

Marketing Manager/Editor

Mr. Carlos Sotomayor

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Ms. Neysa Maldonado

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Mrs. Gabriela Velázquez

Marketing Specialist

Ms. Iralis Jiménez Bldg. 151, Patriot Blvd.

Fort Buchanan

Showcase your brand's commitment to the military community by partnering with Family and MWR.

Contact the Marketing, Advertising & Commercial Sponsorship Office

at 787-707-3711 or email: iralis.jimenez.naf@army.mil



Facebook & Instagram: buchananmwr

MWR-ICE-QR Interactive Customer Evaluation



boringuen

- PRIZES* · FOOD & DRINK SPECIALS
- FREE ADMISSION

FOR GAME DATES, HOURS, AND MENU VISIT www.buchanan.armymwr.com

*GIVEAWAY WILL TAKE PLACE DURING
THE SUPER BOWL EVENT.



NO OFFICIAL U.S. ARMY ENDORSEMENT IS IMPLIED. DO NOT DRINK & DRIVE CHOOSE A DESIGNATED DRIVER.



SCAN ME



STARTING AT PM

PATIO BORINQUEN BAR

787-707-3215

WEDNESDAYS:

ALL BEEF BURGERS WITH FRIES

THURSDAYS: BEEF OR

FISH TACOS 2 X S5

ESTRELLA GALICIA BEER 2 X S5



FRIDAYS: MAGNA OR MEDALLA BUCKETS (EA.) 5 X S10



boringuen

bar & patio

SUPER BOWL LVIII

GAME

SUNDAY FEBRUARY 11

4 PM UNTIL GAME ENDS FREE ADMISSION

MUSIC BY "TIERRA LUNA" & DJ
WATCH GAME ON LIVE TV

FUEL UP FOR THE GAME WITH FOOD AND DRINK SPECIALS

PRIZES!

OPEN TO THE PUBLIC

CONTEST DETAILS AND MORE INFORMATION AT:

WWW.BUCHANAN.ARMYMWR.COM

Sponsored by:











ACCESS TO THE FUN!

You get to visit and enjoy these facilities on post:

BENEFITS

- Bowling Center
- Community Club & Conference Center
- Golf Course
- Special Events
- Borinquen Bar & Patio





- Safety and security of a military installation
- · Free parking
- Affordable prices
- Quality products and services

Follow these steps to apply for Family and MWR Membership:



- Visit the Visitors Control Center (VCC), located in Boringueneers Gate (PR Rd., 28- Cataño).
- To complete payment, visit the Leisure Travel Office at the Community Club, Bldg.660.
- Present one of the following:
 - · Valid driver's license,
 - Passport, or Birth certificate
- A background clearance report must be completed for a person 18 years and older.
- We accept cash, Visa®, MasterCard®, or Discover.
- Complete the Family and MWR membership agreement form.
- Once payment is complete, return to the VCC to issue the card, which is valid for one year.

Fees:



- 0 to 4 years FREE
- 5 to 16 years \$5 per person
- 17 years and older \$30 per person
- Renewals \$25 per person
- Membership is valid for one year
- MWR card is NON-transferable
- Membership does NOT allow access to AAFES Exchange, Gas Station, Class VI, Commissary, or any MWR facility not specified under benefits.

Contact and Hours of Operation:



787-707-3215

ana.e.tirado.naf@army.mil

Bldg. 660 (Community Club) at Leisure Travel Office 7:30 a.m. to 3:30 p.m. Monday through Friday.

Community Club Wedding Package An enchanting way to celebrate STARTING AT \$49 per person INCLUDES: Welcome Reception with Hors'd'oeuvres and beverage of choice A tasting menu for the couple · Cake cutting fee Three Course Dinner or Dinner Buffet

· Sparkling Wine for

Free parking for guests

787-707-3215/3516/5233

USBANYBUCHANAN ISBANUST COMMUNITY-CLUB-TEAM BARMY MIL

Two complimentary

Wedding Toast







A WORKOUT TO START OFF THE NEW YEAR!

COME TAKE PART IN A 45 MINUTE CLASS: A COMBINATION OF (5-10 MINUTES) FOOT PEDALING, FOLLOWED BY (3-5 MINUTES) FREE WEIGHT EXERCISES.

OR \$5.00 DROP-IN CLASS

CALL 787-707-3767 TO RESERVE





El Yunque Hiking

Let's start the year with a physically demanding activity and exploring the wonders of *El Yunque* National Rain Forest. We will hike one of the most known yet intense trails while enjoying the diverse nature, and lovely panoramic views. This event is for those who are in good physical condition.

Activity type: Hiking/ Adventure

Place: Rio Grande, P.R.

Date: Saturday, January 20, 2024

Difficulty Level: Intermediate/ Advanced

Depart: 6:30 am - 4:30 pm

Includes: Transportation, guided tour, and

water

Note: All participants must be in good

physical condition

Cost: \$29

Family Fun Day

Come and have fun at our Family Fun Day!
Bouncy houses, target shooting, mini games, popcorn, nachos, and snow cones available for purchase. The event will be held at the Community Club's parking lot. This event is open to the public!

Activity type: Fun Day

Place: Fort Buchanan Community Club's

Parking Lot

Date: Friday, February 9 **Time:** 2:00 pm 8:00 pm

Include: Bouncy Houses, target shooting, and

mini games.

Note: Pop corn, nachos and snow cones

available for sale.

Cost: Bouncy houses and mini games: \$10

-Target shooting: \$3

Fishing Fun Day at Las Casas Lake

Families with children can enjoy a beautiful day at the lake while introducing them to the sport of fishing. All necessary equipment will be provided.

Activity type: Fun Fishing Day

Date: Saturday, March 2

Place: Las Casas Lake, Fort Buchanan

Time: 9:00 am - 12:00 pm

Includes: participation fee (6+ years old), fishing pole, limited fishing supplies and BBQ lunch with

chips and a beverage.

Note: A maximum of 20 participants (6+ years old) will be permitted and all will have a designated

area for fishing on shore and need to be

accompanied by their parents.

Parents must bring: Water for hydration, sunscreen, bug repellent, eye protection, wear close toe shoes (no sandals allowed at the event area).

Lunch available for sale.

Cost: \$24 per participant/ Parents with two (2) or

more participants: \$19 per child/youth

Toro Negro Hiking Adventure

The Toro Negro Forest (Bosque Estatal de Toro Negro in Spanish) is in the south/central part of the island. It is comprised of several "forests" spread out across a few towns along the central mountain range (Central Cordillera). Altogether, it adds up to about 6,945 acres of land. Within the various forest regions, there are some "points of interest" such as the Doña Juana waterfall, the highest point on the island, camping facilities, hiking trails, rivers and charcos (natural swimming pools).

Activity type: Hiking Place: Orocovis, PR Date: Saturday, March 9 **Difficulty:** Medium / Hard **Depart:** 6:30 am - 5:30 pm

Includes: Transportation, water, 2.5-hour hike into the forest, and visit the famous Orocovis BBQ ribs place Las Cabañas de Doña Juana.

Cost: \$39pp

La Parguera **Kayaking Adventure**

Experience one of the best kayaking experiences we offer! La Parguera, located at the Southwest coast of Puerto Rico, where we will visit different keys full of sea life and crystal-clear water. This adventure is physically demanding, participants are required to be in good physical condition.

Activity type: Kayaking Place: Lajas, La Parguera Date: Saturday, March 23 Difficulty Level: Medium/Hard **Depart:** 6:00 am - 4:30 pm

Includes: Transportation, snacks, water, full

kayaking equipment, guided tour at

La Parquera

Requirements: Be in good physical condition and be older than 10 years.

Cost: \$69pp

787-707-3734 787-707-3138





Sunday Grand Brunch Buffet

Community Člub • 11 am - 3 pm • Easter Bunny













SAVE THE DATE, MORE DETAILS TO COME! 787-707-3215/3516/5233

SATURDAY

JAN 6-10 AM FEB 3-10 AM **MAR 2-3 PM**

Computer Orientations, 10 am

Join us the first Saturday of each month to explore our available computer services, like the scanner, fax and printing. Also, we will take this opportunity to talk about the fantastic Online resources the army libraries offer and answer basic technology questions.

WEDNESDAYS

FFR 7 MAR 6

SATURDAYS

FEB 10 MAR 9

Homeschooling Learning Hub, 3 pm

Story Time, 11 am

Join us to read Ducks and Goose Go to the Beach and celebrate National Rubber Ducky Day!

TUESDAYS

JAN9 **FEB 13 MAR 12**

Golden Age Therapeutic Crafts, 11 am

Join us at 11:00am on the second Tuesday of every month for a surprise craft. All materials will be provided.

17 JAN

Kid Inventors Day, 3 pm

This day celebrates the creativity and ingenuity of young people all around the world. Visit us and let's find out what can we create with the available materials.

WEDNESDAYS

JAN 10 & 24 FEB 14 & 28 MAR 13 & 27

Arts and Crafts, 3 pm

Let's get crafty! Kids and caregivers are invited to craft with us in the library! 3:00 p.m.

20 JAN

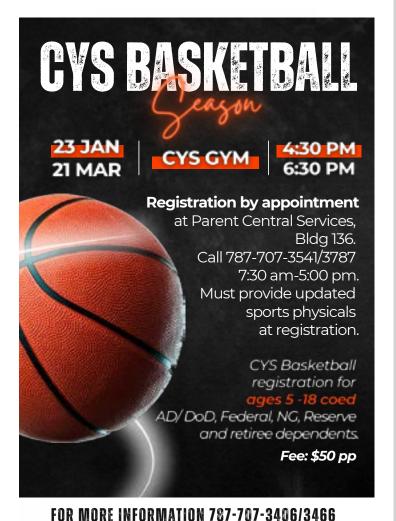
Library Open House, 10 am

From books, programs, and fantastic Online resources, join us to learn about what the Post Library has to offer and get your library card!



For more details and to sign up for events send an email to sylmari.burgosramirez.naf@army.mil or call us at 787-707-3208.









Saturday March 2nd, 2024

> Community Club Parking Area 9 AM - 4 PM

Table fee: \$30

Secondhand items, crafts, and more! Reserve your table now, spaces sell out fast!

Reserve by calling:

787-707-3974

Mandatory Child Abuse Reporting Training

Wednesdays, 3 January | 7 February | and 6 March, 9 am - 10 am at ACS Conference Room, Bldg. 225 or via MS Teams. Learn the signs of suspected child abuse/neglect and the reporting procedures.

New Parent Support Program (NPSP)

Morning Playgroup 4 & 18 Jan. | 1 & 15 Feb. | and 9 & 21 Mar. 10 am - 11 am at the Chapel Annex, Bldg. 292. Families with children ages 0-3 years old. Parents can participate in activities that enhance parent-child interactions and stimulate the child's growth and development.

Military Spouses' Forum

Wednesdays, 17 January | 21 February | and 20 March, 10 am at ACS Conference Room, Bldg. 225. Join us to brainstorm ideas of programs, events, workshops, and activities to strengthen and enhance Military Families' well-being. "Your voice is important. We want to hear ideas from you."

Money Management Workshop

Wednesday, 17 January | 9 am - 10:30 am at ACS Conference Room, Bldg. 225.

Navigating through economically fragile times can be stressful, uncomfortable, and even scary. This workshop's objective is to help you make smart decisions that will help you become financially stable.

Financial Management Before, During, and After Deployment

Wednesday, 17 January | 1:30 pm - 2:30 pm at ACS Conference Room, Bldg. 225 or via MS Teams. There's a lot to think about while preparing for deployment, but it's important to make finances a top priority.

Sponsorship Workshop

Thursday, 18 January | 10 am - 12 pm at ACS Conference Room, Bldg. 225. Learn the process for providing successful sponsorship assistance to military and civilian personnel relocating to their next duty station.

Newcomers Orientation

Fridays, 19 January | 15 March, 9 am - 12 pm at the Community Club, Bldg. 660. Come join us to learn about available programs, services, and resources that enhance the well-being of the Fort Buchanan community.

United Hearts Couple's Workshop Saturday, 20 January | 9 am - 4 pm at the Community Club, Bldg. 660. Strengthen your relationship through interactive classes on a variety of topics. Lunch will be provided. Space is limited, registration is required.

Major Purchases Workshop

Monday, 22 January | 9 am - 10:30 am at ACS Conference Room, Bldg. 225. Whether it's a wedding, purchasing a car, financing a new home, all major purchases in life should include a sound plan of action.

Pre-Move Planning

Tuesday, 23 January 19 am - 10 am at ACS Conference Room, Bldg. 225. Learn the process of pre-move planning, necessary to execute a successful permanent change of station (PCS) move.

Time-Out For Couples

Wednesday, 24 January | 11 am - 12 pm at ACS Conference Room, Bldg. 225 or via MS Teams. All couples have disagreements. Sometimes we need a Time-Out. Learn what Time-Out is in Smart Communication between couples.

Money and Marriage

Tuesday, 30 January | 10 am and 3 pm at ACS Conference Room, Bldg. 225. Learn the emotional connection of money and how to communicate financial issues with your partner.

Managing Relocation Stress Thursday, 1 February | 10 am - 11 am at ACS Conference Room, Bldg. 225. Learn identify signs of relocation stress and managing it during a scheduled move to a new duty station. This will help reduce the stress of moving to a new environment, enhance resiliency, and improves readiness.

Shipment of Household Goods (HHG)

Tuesday, 6 February | 9 am - 10 am at ACS Conference Room, Bldg. 225. Learn the process of requesting shipment of household goods during a permanent change of station (PCS) move.

Managing Deployments and Separations

Friday, 9 February | 1:30 pm - 2:30 pm at ACS Conference Room, Bldg. 225 or via MS Teams. There are steps you and your partner can take and resources you can tap to minimize the strain and grow together through your times apart-as a couple and as a Family.

Financing Education Goals

Monday, 12 February | 9 am - 10:30 am at ACS Conference Room, Bldg. 225. Not every future college student can afford to pay for school out of pocket, which means you might need to tap into other resources to fund your education. This workshop offers various ways to pay for college.

Communication availability and Technology means:

Tuesday, 13 February | 10 am - 11 am at ACS Conference Room, Bldg. 225 or via MS Teams. Learn about the communication methods and technology available for staying in touch during deployment.

Professional Ethics/Dress for Success

Wednesday, 14 February | 10 am - 11 am at ACS Conference Room, Bldg. 225. Learn the importance of first impressions when applying and interviewing for a job.

Army Volunteer Corps

Thursdays, 29 February | 21 March, 2 pm - 3 pm at ACS, Bldg. 225.

Provides useful management tools to volunteers and OPOC's of the Army Volunteer Corps, such as the ability to record volunteers' hours and manage their service records. To provide information to help OPOCs to stay up-to-date with ACS' news, announcements, and events.

Shipment of Private Owned Vehicle (POV)

Thursday, 15 February | 10 am - 11 am at ACS Conference Room, Bldg. 225.

To orient Service members (SM), Families, and Army Civilians about the POV shipment service available during a PCS move. This will help reduce the stress of moving to a new environment, enhance resiliency, and improves readiness.

Army Volunteer Corps/Training for OPOCs

Friday, 16 February February | 3 pm - 4 pm at ACS Conference Room, Bldg. 225. To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring. On hands training on how to navigate VMIS will be conducted during this workshop as well as brainstorming ideas for internal and annual volunteers' recognition events.

Gold Star Spouses & Surviving Families of Fallen Soldiers

Tuesday, 20 February | 11 am - 12 pm at ACS Conference Room, Bldg. 225. A forum to provide support through education, information on benefits, ID cards and networking opportunities.

Permanent Change of Station (PCS) with Pets

Tuesday, 20 February | 9 am - 10 am at ACS Conference Room, Bldg. 225.

To orient Service members (SM), Families, and Army Civilians about handling pets during a PCS move. This will help reduce the stress of moving to a new environment, enhance resiliency, and improves readiness.

Stepfamilies & Co-Parenting
Thursday, 22 February | 9 am - 10 am at
ACS Conference Room, Bldg. 225 or via MS Teams. Build strong relationships in blended Families. Learn what your role is as a parent.

Survivor Outreach Spouse and Surviving Family Forum

Fridays, 23 February 22 March, 10 am at ACS Conference Room, Bldg. 225.

Join us and learn about organizations that support you with education, information, benefits, and networking opportunities. To provide you with a better understanding of local installations and community-based programs.

Budgeting

Monday, 26 February | 9 am - 10 am at ACS Conference Room, Bldg. 225. A budget helps you achieve what's important financially. In this workshop, we will discuss gathering financial records, categorizing, and analyzing current spending, plan for goals when building a budget.

Science Behind Anger & Stress

Mondays, 26 February | 25 March, 10 am - 11 am at ACS Conference Room, Bldg. 225 or via MS Teams Learn the science behind anger and stress and how it can affect your relationships.

MFLC Program: From Couplehood to Parenthood

Tuesday, 27 February | 10 am - 11 am at ACS Conference Room, Bldg. 225 or via MS Teams. Learn how to manage the changes during transition to parenthood.

Baby Sign Language

Wednesday, 28 February | 9 am - 11 am at ACS Conference Room, Bldg. 225 or via MS Teams. Learn how to use baby sign to connect and communicate with your child.

Smart Love

Wednesday, 28 February | 11 am - 12 pm at ACS Conference Room, Bldg. 225 or via MS Teams. Learn the seven principles of smart love and how they can lead you to healthy relationships.

Cultural Adaptation

Thursday, 29 February | 10 am - 11 am at ACS Conference Room, Bldg. 225. Learn the process of cultural adaptation in a new living environment.

Overseas Move: Germany

Tuesday, 5 March | 9 am - 10 am at ACS Conference Room, Bldg. 225. Learn about the culture, history, and location of an overseas permanent change of station (PCS) move to the country of Germany.

Using Credit Wisely

Monday, 11 March | 9 am - 10:30 am at ACS Conference Room, Bldg. 225. Good credit, bad credit, or no credit? Using credit wisely allows you to pay off big expenses over time without becoming buried in debt.

Financial Literacy

Monday, 18 March | 9 am - 10:30 am at ACS Conference Room, Bldg. 225. Our discussion in this workshop will allow you to gain knowledge regarding the effective management of money and debt.

Overseas Move: Korea

Tuesday, 19 March | 9 am - 10 am at ACS Conference Room, Bldg. 225. Learn about the culture, history, and location of an overseas permanent change of station (PCS) move to the country of Korea.

MFLC Program: Coping Strategies for the Uncertainties of Life

Tuesday, 26 March | 3 pm - 4 pm at ACS Conference Room, Bldg. 225 or via MS Teams Learn how to cope with destructive thinking, behavior, and practicing selfcare.

Navigating Complex Families

Wednesday, 27 March | 11 am - 12 pm at ACS Conference Room, Bldg. 225 or via MS Teams. Learn what a complex Family is. Celebrate the advantages and address the challenges during this class.

Overseas Move: Japan

Thursday, 28 March | 10 am - 11 am at ACS Conference Room, Bldg. 225. Learn about the culture, history, and location of an overseas permanent change of station (PCS) move to the country of Japan.

Call 787-707-3804/3292 for more details.



Tax preparation services for PR Federal Employees.

- **M** Retirement Planning
- **S** Life Income

√ Tax Relieve

Growth without Losses



787-447-2860 787-925-4878



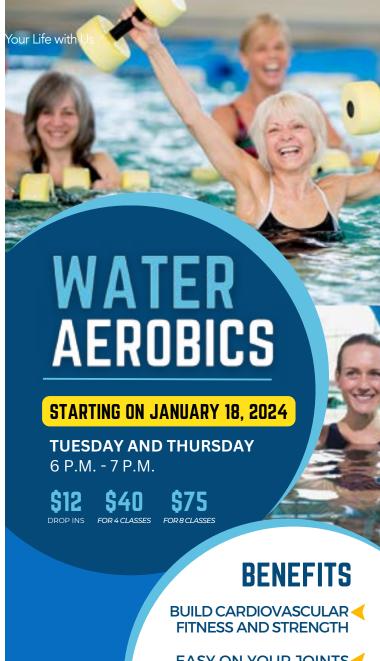
maldo-group.com







FREE



EASY ON YOUR JOINTS

REACH NEW FITNESS LEVELS

LOW-IMPACT FORMAT

SUITS EVERY AGE **AND FITNESS LEVEL**

Participants may bring and use their water shoes and gloves

Authorized patrons

(Active Duty, Retirees, Reserve Military and their Family members, National Guard, and DoD Civilians).

TO JOIN CONTACT

787-707-3550

The Water Spout invites you to Join the Fun!



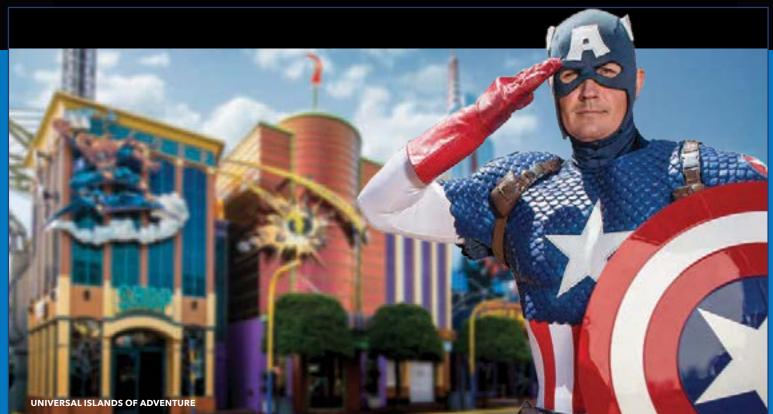


WE SALUTE YOU

VISIT AGAIN AND AGAIN THROUGHOUT THE YEAR STARTING AT PERSON
2024 MILITARY FREEDOM PASS

Not available at Front Gate. Must have valid Military ID.
Ticket expires on 12/20/2024. Blockout dates & restrictions apply.

- 2-Park and 3-Park tickets and vacation packages available.
- Eligible Service Members are active or retired members of all branches of the U.S. Military, including the National Guard, Reservists, and/or their spouses, 100% Disabled Veterans and Department of Defense civilian personnel with valid U.S. Military ID.



"The 2-Park Military 2002 Freedom Pass Promothous Tubel entities one (1) guest domission to BOTM Universal Islands AND Universal Islands And Orberture theme parks on the same day. Ticket is valid for use November 15, 2023 through and including December 20, 2024. Blockout dates apply- December 20, 2024. Blockout dates apply

Both the 2. Park and 3. Park Military "2024 Freedom Pass" Promotion Ticket seclade separately ticketed events. Quest must present a valid Military ID at time of purchase, at time of the exchange at either Universal Studios Florida, Universal Polands of Adventure and Universal Polands of Adventure or Universal Polands of Adventure or Universal Polands of Adventure and Universal Polands of Adventure or Universal Polands of Adventure or Universal Polands of Adventure and Universal Polands of Adventure and Universal Polands of Adventure or Uni

CONTACT YOUR LEISURE TRAVEL OFFICE

Bldg. 660 (Community Club) • 787-707-4344/4343 nadya.i.ayala.naf@army.mil







IS Journament

FRIDAY
FEBRUARY 16

6:00 PM

9 HOLE GLOW-BALL

All holes will be PAR 3's.

MUSIC AND FINGER FOOD AT THE DECK!

FEES: \$35 MEMBERS

\$45 NON MEMBERS

For more Information
www.buchanan.armymwr.com

787-707-3980