



EFMP Exceptional Family Member Program

The Exceptional Family Member Program offers workshops to Soldiers and their eligible Family members, in-person and virtual sessions via MS Teams.

NOVEMBER WORKSHOPS

**Wednesday, 06 November 2024
1 p.m. - 2:30 p.m.**

MAKING THE HOLIDAYS SPECIAL: SHARE IDEAS FOR FAMILIES OF CHILDREN WITH SPECIAL NEEDS

**Thursday, 14 November 2024
1 p.m. - 2:30 p.m.**

LET'S TALK ABOUT ADHD: DISCUSS DIFFERENT WAYS TO TALK TO YOUR CHILD ABOUT ADHD TO REDUCE STIGMA AND INCREASE POSSIBILITIES.

**Thursday, 21 November 2024
1 p.m. - 2:30 p.m.**

PARENT TO PARENT TALK: JOIN OUR FIRST EFMP SUPPORT GROUP, SHARE YOUR EXPERIENCE AND CONNECT WITH THOSE ON THE SAME PATH!

FOR MORE INFORMATION, PLEASE CALL THE ACS/EFMP AT (787) 707-3295 OR EMAIL: IDALIS.M.RIOS.CIV@ARMY.MIL

