



TUESDAY

Baked Chicken
Breast in Criollo
Sauce, White
Rice, and
Stewed Beans



WEDNESDAY

Baked Fish With Cilantro Sauce, White Rice, and Stewed Beans

Soup: Rice and chicken (Asopao de Pollo)



THURSDAY

Baked Pork
Chunks with
Onions, Cuban
Rice (Arroz
Congri), and
Sweet
Plantains
Soup: Salami
(Fideo Con
Salchichon)



FRIDAY

Baked Ribs and choose from Yellow Rice with Beans or Cassava Salad (Yuca en Escabeche)
Soup: Cream of Malanga

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