

NEWSLETTER

AUGUST 2024

www.buchanan.armymwr.com

Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other services and resources



Fort Buchanan Military Family Life Counselors

Available Services:

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, phone or virtual

787-220-4538
787-463-1932



CONTACT US

 Bldg. 225 Davis Street, Fort Buchanan

 787-707-3804

 facebook.com/ACSBuchanan



WORKSHOPS INFORMATION

Throughout August, services are available hybrid: Walk-in, by appointment, face-to-face, via phone, and/or virtually (ACS, Davis Street, Bldg. 225).

Employment Readiness Program: The Army Community Service/Employment Readiness Program assists with career exploration, information on job fairs, résumé revision, employment search platforms, interview process advice, and job search in the federal and local communities.

Wednesday, 14 August | 10 am at ACS Conference Room, Bldg. 225, Military Spouses' Forum: Join us to brainstorm ideas for programs, events, workshops, and activities to strengthen and enhance Military Families' well-being. "Your voice is important. We want to hear ideas from you."

Thursday, 15 August | 9 am – 10 am at ACS Conference Room, Bldg. 225, Managing Relocation Stress: Join us to learn stress management techniques to help you identify signs of stress during a scheduled move to a new duty station.

Thursday, 15 August | 10 am – 11 am at ACS Conference Room, Bldg. 225, New Parent Support Program (NPSP) Morning Playgroup: Families with children ages 0-3. Parents can participate in activities that enhance parent-child interactions and stimulate the child's growth and development.

Information & Referral
Program 787-707-3804

Employment Readiness
Program 787-707-3365

Mobilization &
Deployment
787-707-3292

Survivor Outreach
Program & Army Volunteer
Corps
787-707-3692

Exceptional Family
Member Program
787-707-3295

Financial Readiness
Program & Army
Emergency Relief
787-707-3310

Family Advocacy Program
787-707-3709

Relocation Readiness
Program
787-707-3682

ACS Director
787-707-3292

wilda.diaz3.civ@army.mil

WORKSHOPS INFORMATION

Tuesday, 20 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

Permanent Change of Stations (PCS) Entitlements: Join us to learn about the types of financial entitlements and the weight allowance you can move during a PCS.

Monday, 26 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Budgeting: In this workshop, we will discuss gathering financial records, categorizing and analyzing current spending, plan for goals when building a budget.

Wednesday, 28 August | 9 am – 10 am at ACS Conference Room, Bldg. 225 and

via MS Teams, Army Volunteer Corps/Training for OPOCs: To provide helpful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring. Hands-on training on navigating VMIS will be conducted during this workshop.

Wednesday, 28 August | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and

via MS Teams Army Volunteer Corps/Training for Volunteers: To provide useful management tools to volunteers to include how to record volunteers' hours, manage their service records, ethics, and customer services, and open the floor for questions and answers.

Thursday, 29 August | 10 am – 11:30 am at ACS Conference Room, Bldg. 225

Sponsorship Workshop: Obtaining a sponsor reduces the stress of reporting to a new unit and ensures that Service members will receive the services needed to transition successfully into and out of commands.

SPECIAL ACTIVITIES



The Exceptional Family Member Program provides Family support and educational workshops for Soldiers and their eligible Family members. Individual or group sessions are offered in person or virtually.



For more information

787-707-3295

idalis.m.rios.civ@army.mil



NEW PARENT SUPPORT PROGRAM (NPSP)



We welcome expectant parents and parents of children from birth to three years of age who are active-duty Service members, Army Reserve and Army National Guard members who are on active duty for 30 days or more, and to Family members who are assigned, attached, and reside on the Fort Buchanan installation.

The NPSP provides hospital and home visits, morning playgroups, and educational and prevention services, including parenting classes, baby sign language, and more. Information and referrals to military and civilian programs that support parents of infants and young children are also available. All services and activities provided through the NPSP are voluntary and non-stigmatizing and emphasizing the parent's strengths.

INFORMATION

787-707-3292 or
wilda.diaz3.civ@army.mil



EVERY DAY is Child Abuse Prevention Day

Help Us Give Every Child A Promise for a Safe and Better Tomorrow

ALL incidents of Child Abuse/Neglect MUST be reported to the Department of the Family: (787) 749-1333 (Talia's Law 23 December 2016) and then, please call: Fort Buchanan Reporting Point of Contact: Department of Emergency Services/ Police Department (787) 707-3337

National Child Abuse Hotline: (800) 4-A-CHILD (422-4453)

For more information and the Family Advocacy Program, call the Army Community Service at (787) 707-3709/3292



EMPLOYMENT READINESS PROGRAM

The Army Community Service/Employment Readiness Program assists with career exploration, information on job fairs, resumé revision, employment search platforms, interview process advice, and job search in the federal and local communities.

Services are available at ACS (face to face), via telephone, and virtually.

For additional information, please contact us at 787-707-3365 or via email at luis.a.torresrios.civ@army.mil

Army Community Service
Bldg. 225 Davis Street
Fort Buchanan



SPECIAL ACTIVITIES



MILITARY SPOUSES FORUM

Join us to brainstorm ideas of programs, events, workshops, and activities to strengthen and enhance Military Families' well-being.
"Your voice is important. We want to hear ideas from you."

**WEDNESDAY
AUGUST 14
10:00 A.M.** | **ARMY COMMUNITY
SERVICE OFFICE
DAVIS ST. BLDG. 225**

This initiative is sponsored by ACS to create and maintain a partnership among military spouses stationed in Puerto Rico: U.S. Army Garrison, Army Reserve, PR Air/Army National Guard, U.S. Navy, and U.S. Marine Corps.

**For more information and to
reserve your space
787-707-3804 /3292
wilda.diaz3.civ@army.mil**



FINANCIAL READINESS PROGRAM

The **Financial Readiness Program** offers information on money management, financial management, I&Rs on legal affairs topics, and standard military training IAW DODI 1322.34.

Budgeting **MONDAY, AUGUST 26
9 AM - 10:30 AM**

Classes are offered in classroom training and individual counseling sessions virtually via MsTeams or in person.



787-707-3310



ACS Bldg. 225
Davis Street



edwidg.pedre2.civ@army.mil



Per 10 U.S.C. § 992, military departments must provide financial literacy training at personal and professional training points throughout service members' careers.



Relocation Readiness Program



The ACS/Relocation Readiness Program (RRP) invites the Fort Buchanan community to learn about services available to all military members, Army Civilians, and their Families.

THURSDAY, 15 AUGUST (9 AM - 10 AM): MANAGING RELOCATION STRESS
TUESDAY, 20 AUGUST (10 AM - 11 AM): PCS ENTITLEMENTS
THURSDAY, 29 AUGUST (10 AM - 11:30 AM): SPONSORSHIP WORKSHOP

Services are available hybrid: walk-in, by appointment, face-to-face, via phone, and/or virtually at ACS, Davis Street, Bldg. 225.

These orientations include the family members of the 1st MSC, PRARNG, PRANG, USNR, and USMC-R.

FOR MORE INFORMATION AND TO REGISTER

📞 787-707-3682

✉️ sigfredo.perez.civ@army.mil

