

# NEWSLETTER

## APRIL 2024

[www.buchanan.army.mil](http://www.buchanan.army.mil)

### Fort Buchanan Military Family Life Counselors

#### Available Services:

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, phone or virtual

787-220-4538  
787-463-1932

### During April, We Celebrate:

- Army Volunteers
- Gold Star Spouses
- Child Abuse Prevention
- Month of the Military Children
- Special Needs & Autism Awareness

## Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other services and resources

## CONTACT US

 Bldg. 225 Davis Street, Fort Buchanan

 787-707-3804

 [facebook.com/ACSBuchanan](https://facebook.com/ACSBuchanan)



# WORKSHOPS INFORMATION

**Wednesday, 3 April | 2 pm Child & Youth Services Bldg. 1110: Child Abuse Prevention Month:** Child Abuse Prevention Month (CAPM) Proclamation Signing indicates the beginning of CAPM and the focus of events/activities/classes on preventing child abuse and neglect through education.

**Thursday, 4 April | 9 am – 10 am at ACS Conference Room, Bldg. 225**  
**Application for Citizenship or Immigration Residency:** To guide the citizenship or residency application process and improve readiness among military and Civilian personnel married to foreign-born spouses.

**Friday, 5 April | 10 am at the Soldiers' Plaza**  
**Raise of the Gold Star Service Flag Event:** Gold Star Spouses' Recognition Event at 11 am at the Army Community Service (ACS) Conference Room, Bldg. 225.

**Monday, 8 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**  
**Insurance** is a financial safety net that provides financial security for you and your loved ones in case of a specified loss, damage, illness, or death. Workshop topics will cover life insurance and provide you with the basic skills to understand personal insurance.

Information & Referral  
Program 787-707-3804

Employment Readiness  
Program 787-707-3365

Mobilization &  
Deployment  
787-707-3292

Survivor Outreach  
Program & Army  
Volunteer Corps  
787-707-3692

Exceptional Family  
Member Program  
787-707-3295

Financial Readiness  
Program & Army  
Emergency Relief  
787-707-3310

Family Advocacy Program  
787-707-3709

Relocation Readiness  
Program  
787-707-3682

ACS Director  
787-707-3292

[wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)

# WORKSHOPS INFORMATION

**Tuesday, 9 April | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Request of Vital Records:** To obtain guidance on how to apply for critical records services and improve readiness among the military and Civilian personnel assigned to Fort Buchanan.

**Wednesday, 10 April | 3 pm - 5 pm at Post Library, Bldg. 518**

**Child Abuse Prevention Month (CAPM)/MilParents ROCK! Rock Painting**

**Craft:** The ACS/Family Advocacy Program will partner with the FMWR Library to offer a fun afternoon for families. This is a great opportunity to build memories, strengthen Family bonds with your children, and show off your artistic abilities in rock painting. #MilParents ROCK!

**Wednesday, 17 April | 10 am at ACS Conference Room, Bldg. 225**

**Military Spouses' Forum:** Join us to brainstorm ideas of programs, events, workshops, and activities to strengthen and enhance Military Families' well-being. "Your voice is important. We want to hear ideas from you."

**Thursday, 18 April | 9 am – 10 am at ACS Conference Room, Bldg. 225**

**Re-Entry Continental U.S. (CONUS):** Learn about the re-entry process applicable when returning from an overseas location to CONUS.

**Thursday, 18 April | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**New Parent Support Program (NPSP) Morning Playgroup:** This group is for families with children ages 0-3. Parents can participate in activities that enhance parent-child interactions and stimulate the child's growth and development.

**Friday, 19 April | 11 am at ACS Conference Room, Bldg. 225**

**Survivor Outreach Spouse and Surviving Family Forum:** Join us to learn about organizations that support you with education, information, benefits, and networking opportunities. We want to help you better understand local installations and community-based programs.

# WORKSHOPS INFORMATION

**Monday, 22 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Credit and Debt Management:** How much you owe (debt) and how much you can borrow (credit) must be adequately managed to avoid financial trouble. Tackling your debt and continuously building your credit skills will help you feel more empowered.

**Wednesday, 24 April | 8:30 am - 2:30 pm Fort Buchanan Community Club and Conference Center, Bldg. 660 Child Find Day** is a free developmental screening (Child Find) and EFMP Educational Booth. This is a partnership event between ACS/EFMP, EDIS, and DoDEA for children from 0 to 5 years of age.

**Wednesday, 24 April | 3 pm - 5 pm at Post Library, Bldg. 518**

**Child Abuse Prevention Month (CAPM)/Pinwheel Garden:** ACS/Family Advocacy Program will partner with the FMWR Library to offer a fun afternoon for families. Great opportunity to build memories, strengthen family bonds with your children, and show off your artistic abilities in creating a pinwheel garden.

**Friday, 26 April | 12 pm – 2 pm at Fort Buchanan Community Club and Conference Center, Bldg. 660: Annual Volunteers Recognition Event:**

Recognizing Fort Buchanan registered volunteers during the Annual National Volunteer Week.

**Tuesday, 30 April | 9 am – 10 am at ACS Conference Room, Bldg. 225 and via MS Teams. Army Volunteer Corps/Training for OPOCs:**

This workshop will provide helpful management tools to Army Volunteer Corps OPOCs, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring. It will also include hands-on training on navigating VMIS and brainstorming ideas for internal and annual volunteer recognition events.

**Tuesday, 30 April | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and via MS Teams. Army Volunteer Corps/Training for Volunteers:**

To provide helpful management tools to volunteers, including how to record volunteers' hours, manage their service records, ethics, customer services, and an open floor for questions and answers.



# SPECIAL ACTIVITIES

## ROCK PAINTING AT THE LIBRARY!

Help us raise awareness during Child Abuse Prevention Month. This is an excellent opportunity to build memories, strengthen your Family, create bonds with your children, and show off your artistic abilities in rock painting.

#MilParents ROCK!

Join us at the Post Library on Wednesday, 10 April 2024, from 3 pm to 5 pm.

For more information, please call the ACS at (787) 707-3292 or [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil) and/or the Post Library at (787) 707-3208 or [sylmari.burgosramirez.naf@army.mil](mailto:sylmari.burgosramirez.naf@army.mil).



## CHILD ABUSE PREVENTION MONTH Pinwheel Garden Event

Help us raise awareness during CAPM. This is a great opportunity to build memories, strengthen your Family bond with your children, and show off your artistic ability to create a pinwheel garden.

Join us on Friday, 24 April 2024  
3 pm to 5 pm  
Post Library

For more information, please call ACS at (787) 707-3292 or [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil) or the Post Library at (787) 707-3208 or [sylmari.burgosramirez.naf@army.mil](mailto:sylmari.burgosramirez.naf@army.mil)



## Baby Sign Language

by Educational and Developmental Intervention Services (EDIS)

CALL TO REGISTER!

ACS, BLDG. 225  
DAVIS STREET

FOR PARENTS OF CHILDREN  
AGES 0-3 YEARS OLD

Learn Baby Sign Language and expand your child's natural gestures this will help with important pre-verbal skills such as social reciprocity, imitation, understanding symbols, and communication intent.

For more information, please call the ACS Family Advocacy Program at (787) 707-3804/3292 or email [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil).



(Note: The workshop is not intended to teach American Sign Language (ASL) to children who are deaf)





# SPECIAL ACTIVITIES

## CHILD FIND DAY




**WED. APRIL 24**

**WORLD AUTISM MONTH**

8:30 AM – 2:30 PM  
COMMUNITY CLUB

Free developmental screening (Child Find) for children from 0 to 5 years old.

Do you think your toddler or preschooler is not speaking as he/she should for his/her age? Are you concerned that he/she does not play or learn like most children his/her age? Can your child crawl, walk, run, and jump like other children his/her age?

Walk-ins are welcome!

Eligible children from the military community to include supported Federal agencies (Active Duty Military assigned to Puerto Rico title 10, AGR, Coast Guard members, Families that are command-sponsored, DoD employees with transportation agreement and National Guard AGR.)

FOR MORE INFORMATION:  
[WILDA.DIAZ3.CIV@ARMY.MIL](mailto:WILDA.DIAZ3.CIV@ARMY.MIL) – 787-707-3292  
[DAPHNE.B.NARVAEZ.CIV@HEALTH.MIL](mailto:DAPHNE.B.NARVAEZ.CIV@HEALTH.MIL) – 787-707-2169



ARMY COMMUNITY SERVICE  
**ACS**  
Real-Life Solutions for Successful Army Living

## WEAR BLUE ON FRIDAYS

Wear Blue on Fridays in support of the Child Abuse Prevention Campaign



Show your support for CAPM by wearing **BLUE** on Fridays during April (5, 12, 19, 26). Take a "selfie" or photo with your family, friends, and co-workers send it to ACS at [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil).

For more information, call 787-707-3804/3292 or [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil).



ARMY COMMUNITY SERVICE  
**ACS**  
Real-Life Solutions for Successful Army Living



## NEW PARENT SUPPORT PROGRAM (NPSP)



We welcome expectant parents and parents of children from birth to three years of age who are active-duty Service members, Army Reserve and Army National Guard members who are on active duty for 30 days or more, and to Family members who are assigned, attached, and reside on the Fort Buchanan installation.

The NPSP provides hospital and home visits, morning playgroups, and educational and prevention services, including parenting classes, baby sign language, and more.

Information and referrals to military and civilian programs that support parents of infants and young children are also available.

All services and activities provided through the NPSP are voluntary and non-stigmatizing and emphasizing the parent's strengths.

**INFORMATION**

787-707-3292 or [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)



ARMY COMMUNITY SERVICE  
**ACS**  
Real-Life Solutions for Successful Army Living

## MILITARY SPOUSES FORUM

Join us to brainstorm ideas of programs, events, workshops, and activities to strengthen and enhance Military Families' well-being.


"Your voice is important. We want to hear ideas from you."

**WEDNESDAY, 17 APRIL 2024 10 AM**

Army Community Service  
Davis Street, bldg. 225

This initiative is sponsored by ACS to create and maintain a partnership among military spouses stationed in Puerto Rico: U.S. Army Garrison, Army Reserve, PR Air/Army National Guard, U.S. Navy, and U.S. Marine Corps.

For more information and to reserve your space,  
 787-707-3804 /3292  
[wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)





# SPECIAL ACTIVITIES



Army Volunteer Corps  
**VOLUNTEER STARS**  
*Red Carpet Gala*

**FRIDAY APRIL 26**

**Awards & Recognition Event**  
*at The Community Club*  
12:00PM - 2:00PM

**FORT BUCHANAN'S ACTIVE REGISTERED VOLUNTEERS ARE INVITED**

For more information: [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)  
**787-707-3804/3292**




**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living

## Financial Readiness Program

April Workshops

The Financial Readiness Program offers information on money management, financial management, I&Rs on legal affairs topics, standard military training IAW DODI 1322.34

**Monday, 8 April, 2024**  
0900-1030  
Insurance  
At ACS Bldg. 225 Davis Street

**Monday, 22 April, 2024**  
0900-1030  
Credit and Debt Management  
At ACS Bldg. 225 Davis Street

Classes are offered in classroom training and/or individual counseling sessions. Also, it can be virtual via MsTeams or in person.

**Join Us!** Contact Information:  
(787) 707-3310  
[edwidg.pedre2.civ@army.mil](mailto:edwidg.pedre2.civ@army.mil)




**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living

## RELOCATION READINESS PROGRAM

### APRIL WORKSHOPS

The Army Community Service Relocation Readiness Program is here to assist with a comprehensive support system, whether it's your first move or the last of many.

We have information and resources to help you and your family navigate your next military move. The ACS/Relocation Readiness Program invites the Fort Buchanan community to attend and learn about the various programs and services available to SM, Retirees, Civilian employees, and their Family members.

**Thursday, 4 April 2024**  
9 am - 10 am  
Application for Citizenship or Immigration Residency

**Tuesday, 9 April 2024**  
10 am - 11 am  
Request of Vital Records

**Thursday, 18 April 2024**  
9 am - 10 am  
Re-entry Continental U.S. (CONUS)

ACS Bldg. 225 Davis Street 787-707-3682/3804 [sigfredo.perez.civ@army.mil](mailto:sigfredo.perez.civ@army.mil)



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## EFMP

Exceptional Family Member Program

The ACS/Exceptional Family Member Program teaches Soldiers and their eligible Family members in classroom and individual sessions.

Call or email for available services at  
787-707-3292/3804.



**Call or email for more information** **787-707-3292/3804**

[WILDA.DIAZ3.CIV@ARMY.MIL](mailto:WILDA.DIAZ3.CIV@ARMY.MIL)



# SPECIAL ACTIVITIES

The Army Community Service Team invites the Fort Buchanan Community to the



## CHILD ABUSE PREVENTION MONTH (CAPM) PROCLAMATION SIGNING

Wednesday, 3 April 2024  
2 p.m. - 3:30 p.m.  
Child & Youth Services Bldg. 1110

Join us to increase Child Abuse Prevention Awareness  
through the  
Promise of a Safe and Better Tomorrow.

More information: ACS (787) 707-3292/3804  
or via email: [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil).



*Army Community Service  
Survivor Outreach Services invites Gold Star Spouses to*

***Gold Star Spouses'  
Recognition***

***Friday, 5 April 2024***  
10:00 a.m.  
*Soldiers Plaza, Fort Buchanan*

*For additional information please  
contact Army Community Service at  
787-707-3804/3292  
[wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)*

*Private reception for Military Gold Star Spouses.*