

**MAY 2025** 

# **NEWSLETTER**



# **Our Programs**

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness **Program**
- Relocation Readiness **Program**
- Employment Readiness **Program**
- Information and Referral **Program**
- Exceptional Family **Member Program**
- Mobilization and **Deployment Program**
- Military and Family Life **Counseling Program**
- Other Services and Resources



#### **Contact Us!**



Bldg. 225 Davis Street, Fort Buchanan



787-707-3804



facebook.com/BuchananACS



**∰** www.buchanan.armymwr.com







### Fort Buchanan Military Family Life Counselors

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, by phone, or virtually

787-220-4538 / 787-463-1932



Information & Referral Program 787-707-3804

**Employment Readiness Program 787-707-3365** 

Mobilization & Deployment 787-707-3292

Survivor Outreach Program & Army Volunteer Corps 787-707-3692

**Exceptional Family Member Program 787-707-3295** 

Financial Readiness Program & Army Emergency Relief 787-707-3310

Family Advocacy Program 787-707-3709

Relocation Readiness Program 787-707-3682

ACS Director 787-707-3292 wilda.diaz3.civ@army.mil

#### Tuesday, 6 May | 9 am - 10 am at ACS Conference Room, Bldg. 225

**Pre-Move planning:** An orientation to learn the process of pre-move planning, necessary to execute a successful permanent change of station. This will ensure that you receive the services needed to move successfully out of your command.

#### Wednesday, 7 May | 10 am – 11 am at ACS Conference Room, Bldg. 225

**Employment Search:** This class covers practical strategies for finding job openings, including using job search engines and company websites. It also emphasizes the importance of networking and leveraging personal connections to uncover job opportunities.

Thursday, 8 May | 9 am - 10:30 am at ACS Conference Room, Bldg. 225 Growing Together: Understanding Developmental Milestones.

Friday, 9 May | 10 am – 12 pm at ACS Conference Room, Bldg. 225

Military Spouse Appreciation Day and Military Spouses' Forum: To honor and celebrate military spouses' dedication and support to their Service members.

Monday, 12 May | 9 am - 10:30 am at ACS Conference Room, Bldg. 225

Banking: Banking smarter is easier than ever. Learn in this workshop how to unlock the benefits and rewards while learning personal banking services to include checking and savings accounts, credit cards, mortgage loans, auto loans, and more.

Monday, 12 May | 1:30 pm – 2:30 pm at ACS Conference Room, Bldg. 225 Sensory Harmony: Promoting Sensory Sanity for Children.

#### Tuesday, 13 May | 10 am – 11 am at ACS Conference Room, Bldg. 225,

**Personally Procured Move:** To provide information to the military community about transporting your household goods between CONUS installations; find out how to request temporary storage, book your personally procured move, and submit a reimbursement request for your moving expenses.

Wednesday, 14 May | 10 am - 11 am at ACS Conference Room, Bldg. 225

Networking and Building Professional Relationships: This session highlights the critical role of networking in Employment searching. It explores different types of networking, both online and offline, and offers tips on how to build and effectively leverage a professional network.

Thursday, 15 May | 10 am - 11 am at ACS Conference Room, Bldg. 225, Containerization of Personal Property: To inform the military community about the procedure for containerization of personal property for shipment, or crating of smaller items that may need additional protection for safe transport and moving to, from, or between overseas locations (OCONUS) or within the Continental United States (CONUS).

Tuesday, 19 May | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Money Management: Navigating through economically fragile times can be stressful, uncomfortable, and even scary. This workshop's objective is to help you make smart decisions that will help you become financially stable. Good money management helps with budgeting, avoiding or reducing debt, which facilitates investing in your future.

Thursday, 22 May | 9 am - 10:30 am at ACS Conference Room, Bldg. 225 Growing Together: Understanding Developmental Milestones.

Wednesday, 28 May | 10 am – 11 am at ACS Conference Room, Bldg. 225 Understanding Employment Descriptions and Requirements: Learn how to interpret Employment postings and match your skills with Employment requirements. This class also covers the importance of using keywords from Employment descriptions to enhance your application.

Thursday, 29 May | 9 am - 10:30 am at ACS Conference Room, Bldg. 225 Creating Positive Behavior Patterns: Practical Strategies for Families with Children.

Friday, 30 May | 9 am - 10 am at ACS Conference Room, Bldg. 225 and via MS Teams Army Volunteer Corps/Training for OPOCs: To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.

Friday, 30 May | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and via MS Teams Army Volunteer Corps/Training for Volunteers: To provide useful management tools to volunteers, including how to record volunteers' hours, manage their service records, ethics, customer services, and an open forum for questions and answers.









