



We deliver consistent and comprehensive prevention, life skills, response, and transition services through an integrated system tailored to foster the Army's commitment to maximize Soldier, Family, and Civilian adaptability and self-reliance.

**OCTOBER:
DOMESTIC
VIOLENCE
AWARENESS
MONTH**

Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other Services and Resources

**WORKING
TOGETHER
TO END
DOMESTIC
VIOLENCE**

Contact Us!

 **Bldg. 225 Davis Street, Fort Buchanan**

 **787-707-3804**

 **facebook.com/BuchananACS**

 **www.buchanan.armymwr.com**



Information & Referral Program
787-707-3804

Employment Readiness Program
787-707-3365

Mobilization & Deployment
787-707-3292

Survivor Outreach Services & Army Volunteer Corps
787-707-3692

Exceptional Family Member Program
787-707-3295

Financial Readiness Program & Army Emergency Relief
787-707-3310

Family Advocacy Program
787-707-3709

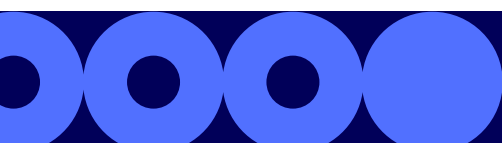
Relocation Readiness Program
787-707-3682

ACS Director
787-707-3292
wilda.diaz3.civ@army.mil

Fort Buchanan Military Family Life Counselors

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, by phone, or virtually

787-220-4538 / 787-463-1932



October: Domestic Violence Awareness Month (DVAM) Campaign 2026

Every Friday: Wear Purple in support to victims of domestic violence. Please send pictures to the Army Community Service.

1 – 30 October at the Army Community Service, Bldg. 225

Take a Break, Find Your Calm: Visit our new Stress Management Room. Need a moment to recharge? Come visit us for a peaceful space designed to help you relax, refocus, and restore balance during your busy day. Resources and a book display on themes related to Family well-being are available. For eligible military Families and Civilian employees. Please reserve your space by calling 787-707-3804, 787-707-3709, or 787-707-3292.

Thursday, 1 October | 11:00 am at AAFES: Signing of Domestic Violence & Intimate Partner Abuse Awareness Month's Proclamation.

Tuesday, 6 October | 10 am – 11 am at ACS Conference Room, Bldg. 225

Sponsorship Workshop: Join us to learn the process of providing successful sponsorship assistance to incoming military and Civilian personnel.

Wednesday, 7 October | 10 am – 11 am at ACS Conference Room, Bldg. 225,

ERP: Dressing Up for the Employment Interview: Discover the appropriate attire for different industries and learn about grooming and personal presentation. This class aims to help you make a positive first impression during Employment interviews.

Thursday, 8 October | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Exceptional Family Member Program Overview: Discuss purpose of EFMP and how this program provides support to military Families.

Tuesday, 13 October | 10 am – 11 am at ACS Conference Room, Bldg. 225,

RRP: Preventing Culture Shock: Join us to learn strategies for preventing culture shock before an overseas move. This orientation will provide Service members with practical steps, coping strategies, and resources to assist in managing cultural situations.

Wednesday, 14 October | 10 am – 11 am at ACS Conference Room, Bldg. 225,

ERP: Preparing For an Employment Interview: This session covers how to research the company and role, common interview questions, and effective interview techniques. It also includes practical tips for practicing and improving your interview skills.

Thursday, 15 October | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

EFMP: Accessing Community Resources: Provide orientation on available resources within the military and local community.

Monday, 19 October | 9 am – 1030 at ACS Conference Room, Bldg. 225

FRP: Building and Managing Good Credit: Building and managing good credit require focusing on core habits: paying bills on time, keeping credit utilization low, and maintaining older accounts. A strong credit score helps you secure lower interest rates, rent apartments, and get jobs.



Tuesday, 20 October | 8 am – 1400 at Child Youth Services-School Age Center, Bldg. 1110
EFMP: Child Find Event: Free developmental screenings for children from age 6 weeks to 5 years old provided by professionals from the Educational and Developmental Intervention Services (EDIS) and Department of War Education Activity (DoWEA) will be on-site.

Tuesday, 20 October | 10 am – 11 am at ACS Conference Room, Bldg. 225,
RRP: Family Separation Services: Obtaining Family separation services reduces the stress of deployment, enhances resiliency, and improves readiness among Service members, Family members, and Civilians.

Tuesday, 20 October | 4:30 – 5:30 pm at Las Casas Lake
ACS/FAP: Yoga for Resilience & Wellness: You are invited to participate in a restorative yoga class focused on enhancing resilience, reducing stress, and supporting physical and emotional wellness. **Benefits:** Reduce stress and anxiety; Improve flexibility and balance; Increase strength and mobility. Enhance mindfulness and relaxation; Promote overall wellness, and more.

Wednesday, 21 October | 10 am – 11 am at ACS Conference Room, Bldg. 225,
ERP: Post-interview Follow-up: Learn the importance of sending thank you notes and follow-up emails after an interview. This class also discusses how to handle rejections professionally and plan your next steps.

Thursday, 22 October | 9 am – 10:30 am at ACS Conference Room, Bldg. 225
EFMP: Beat the Burnout: Coping with the emotional and physical demands of caring for an individual with disabilities.

Friday, 23 October | 6:30 pm at Chardon Plaza, Fort Buchanan
Purple Carpet Pets' Costume Parade (Stop Animal Abuse): Pets' Parade in support of domestic violence and pet abuse awareness. Domestic violence often extends to family pets as a way for control and intimidation.

Monday, 26 October | 9 AM – 1030 at ACS Conference Room, Bldg. 225
FRP: Understanding Personal Finance: Personal finance is a term that covers managing your money as well as saving and investing. In this workshop, we will look at the following topics: budgeting, banking, insurance, mortgages, investments, and retirement, tax consideration.

Friday, 30 October | 9 am – 10 am at ACS Conference Room, Bldg. 225
AVC: Army Volunteer Corps/Training for Volunteers: To provide useful management tools to volunteers to include how to record volunteers' hours, manage their service records, ethics, customer services, and open floor for questions and answers.

Friday, 30 October | 10 am – 11 am at ACS Conference Room, Bldg. 225
AVC: Army Volunteer Corps/Training for OPOCs: To provide useful management tools to volunteers to include how to record volunteers' hours, manage their service records, ethics, customer services, and open floor for questions and answers.



USAG FORT BUCHANAN

DOMESTIC VIOLENCE & INTIMATE PARTNER ABUSE Awareness Month

OCTOBER 2026

PROCLAMATION SIGNING & CAKE CUTTING CEREMONY

Together, we raise awareness, support survivors, and build safer communities.

THURSDAY, 1 OCTOBER 2026

1100 HOURS

AAFES FORT BUCHANAN

End Domestic Violence

Everyone is Invited!

Join us as we stand together for a safer, stronger, and more resilient Fort Buchanan.

U.S. ARMY, ARMY RESERVE, MWR, ACS, and other logos.

ARMY COMMUNITY SERVICE **ACS** Real-Life Solutions for Successful Army Living

Financial Readiness Program

This program offers information on money management, financial management, I&Rs on legal affairs topics, and standard military training IAW DODI 1322.34.

Building and Managing Good Credit

Monday, 19 October 2026
0900-1030

Understanding Personal Finance

Monday, 26 October 2026
0900-1030

Classes are offered from 9 a.m. to 10:30 a.m., and they include in-classroom training and/or individual counseling sessions. They can also be virtual via MsTeams or in person.

RSVP! 787-707-3310 edwidg.pedre2.civ@army.mil

The Army Community Service is located at Bldg. 225 David Street.

U.S. ARMY, ARMY RESERVE, MWR, and other logos.

ARMY COMMUNITY SERVICE **ACS** Real-Life Solutions for Successful Army Living

Relocation Readiness Program

The ACS/Relocation Readiness Program invites the Fort Buchanan community to attend the monthly classes and orientations available to enhance the well-being of Military and Civilian personnel and their Family members.

Tuesday, 06 October 2026
1000 - 1100
Sponsorship Workshop

Wednesday, 13 October 2026
0900 - 1200
Preventing Culture Shock

Tuesday, 20 October 2026
1000 - 1100
Family Separation Services

Workshops will be held at ACS located at Davis Street, Bldg. 225.

Call for information 787-707-3682 sigfredo.perez.civ@army.mil

U.S. ARMY, ARMY RESERVE, MWR, and other logos.

ARMY COMMUNITY SERVICE **ACS** Real-Life Solutions for Successful Army Living

EFMP Exceptional Family Member Program

The Exceptional Family Member Program (EFMP) offers a diverse range of educational opportunities to Soldiers and their eligible Family members, including virtual, in-person, and hybrid classes. This approach ensures that participants receive comprehensive and personalized support, tailored to their specific needs.

OCTOBER 2026 WORKSHOPS

Workshops will be held at the Army Community Service office located at Davis St. Bldg. 225

THU 08
9-10:30 am
EFMP OVERVIEW
Discuss purpose of EFMP and how this program provides support to military Families.

THU 15
9-10:30 am
ACCESSING COMMUNITY RESOURCES
Provide orientation on available resources within the military and local community.

THU 22
9-10:30 am
BEAT THE BURNOUT
Coping with the emotional and physical demands of caring for an individual with disabilities.

MORE INFO: IDALIS.M.RIOS.CIV@ARMY.MIL

787-707-3295 IDALIS.M.RIOS.CIV@ARMY.MIL

U.S. ARMY, ARMY RESERVE, MWR, and other logos.





Employment Readiness Program

Employment readiness will be provided to assist individuals in acquiring skills, networks, and resources that will allow them to participate in the work force and to develop a career/work plan.



Wednesday, 07 October 2026 at 1000

DRESSING UP FOR THE EMPLOYMENT INTERVIEW

Discover the appropriate attire for different industries and learn about grooming and personal presentation. This class aims to help you make a positive first impression during Employment interviews.



Wednesday, 14 October 2026 at 1000

PREPARING FOR AN EMPLOYMENT INTERVIEW

This session covers how to research the company and role, common interview questions, and effective interview techniques. It also includes practical tips for practicing and improving your interview skills.



Wednesday, 21 October 2026 at 1000

POST-INTERVIEW FOLLOW-UP

Learn the importance of sending thank you notes and follow-up emails after an interview. This class also discusses how to handle rejections professionally and plan your next steps.

Workshops will be held at the Army Community Service, located at Davis Street, Bldg. 225.

787-707-3365

LUIS.A.TORRESRIOS.CIV@ARMY.MIL



The Army Community Service (ACS) invites the Fort Buchanan Community to attend monthly workshops to learn how to become a valuable resource as a Volunteer and Organizational Point of Contact.

**FRIDAY,
30 OCTOBER 2026
WORKSHOPS**

Army Volunteer Corps Training for Volunteers: 9:00 a.m. to 10:00 a.m.

To provide useful management tools to volunteers to include how to record volunteers' hours, manage their service records, ethics, customer services, and open floor for questions and answers.

Army Volunteer Corps Training for Organizational Point of Contacts (OPOCs).

Army Volunteer Corps/Training for OPOCs: 10:00 a.m. to 11:00 a.m.

To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.

Both trainings will be held at ACS, Davis Street, Bldg. 225.

These workshops are significant, foster knowledge, and create authentic interactions. They can also help attendees become involved and connected with service in the Army Volunteer Corps.

Get in touch with us **787-707-3804**

wilda.diaz3.civ@army.mil

liza.i.muniz-miranda.civ@army.mil



CHILD FIND EVENT

FREE

Developmental Screenings
for children from
6 weeks to 5 years old.



**TUESDAY,
20 OCTOBER 2026**

**8:00 a.m. -
2:00 p.m.**

**CYS School Age
Center (Sac)
Bldg. 1110**

Early screenings help identify children's strengths and areas where support may be needed, such as in speech, motor skills, behavior, and learning. Catching concerns early makes a big difference in school readiness and lifelong success.

Screenings will be provided by professionals from the Educational and Developmental Intervention Services (EDIS) and the Department of War Education Activity (DoWEA), who will be on-site.

This event is targeted to eligible children from the military community, including supported federal agencies (Active Duty military assigned to Puerto Rico on Title 10 orders, AGR, Coast Guard members, Families that are command sponsored, DoV employees with transportation agreements, and National Guard AGR).

For more information:

Ms. Idalis Rios at
idalis.m.rios.civ@army.mil
787-707-3295

Ms. Daphne Narvaez at
daphne.b.narvaez.civ@health.mil
787-707-2169



**Army Community Service,
Family Advocacy Program invites the
Fort Buchanan Community to join the**

**FREE
of cost**



PURPLE CARPET PET'S COSTUME PARADE

**FRIDAY, 23 OCTOBER
6:30 PM AT CHARDÓN PLAZA'S
PARKING**

**In support of
domestic violence and
pet abuse awareness.**

For more details: 787-707-3804 / 3292 / 3709



buchanan.armymwr.com



Davis St. Bldg. 225



ARMY COMMUNITY SERVICE / RELOCATION READINESS PROGRAM

Lending Closet

The ACS Lending Closet has household essentials that you need but are currently without.

These household items are available for temporary loan, such as: Microwave Ovens, Crockpots, Coffee Pots, Toasters/Ovens, Pots/Pans, Dinnerware sets, Cooking Utensils, Silverware, and much more.

When departing from Fort Buchanan, individuals must return items signed out before clearing ACS. Military ID Card and PCS Orders are required.

Contact ACS Relocation Program at Davis Street, Bldg. 225, or sigfredo.perez.civ@army.mil or 787-707-3682/787-707-3804.

RELOCATION ASSISTANCE PROGRAM
Moving Made Easy




"Be **AER** ARMY EMERGENCY RELIEF Ready."

- ★ Zero interest loans
- ★ Grants
- ★ Scholarships
- ★ Over 30 categories of assistance

HOW TO CREATE YOUR AER PROFILE ONLINE



1. Login: QR code or <https://aerprod.powerappsportals.us/>
2. Click on three bars of the "Option Menu" located at the top right corner (QR code only)
3. Click "Sign-up"
4. Complete all "required fields"
5. Click "Create"
6. Return to AER portal and click "Sign-in"
7. Click "My Profile" and enter required info.

FOR SOLDIERS AND THEIR FAMILIES
ACS Army Emergency Relief (AER) Officer,
Edwidge Pedre, Fort Buchanan, P.R.

DSN:740-3310 | COMM: 787-707-3310



CHILD ABUSE/NEGLECT, PSB-CY & DV/IPV REPORTING PROCEDURE



TO REPORT CHILD ABUSE/NEGLECT INCIDENTS/CASES

DEPARTMENT OF THE FAMILY (DF)/CHILD PROTECTIVE SERVICES (CPS)
(787) 749-1333

DEPARTMENT OF EMERGENCY SERVICES (DES)/FORT BUCHANAN POLICE DEPARTMENT
(787) 707-3337/4911

RAHC/FAP-Clinical (Social Worker)
(787) 707-2589/2570 – **Police Officers will be able to call the FAP-C's On-Call Cell Phone**

To Report Problematic Sexual Behavior in Children & Youth (PSB-CY)
FAP Manager (787) 707-3709/3292 (FIRST RESPONDER) (Normative, Cautionary, & Problematic Behavior)
Criminal Investigation Division Desk (787) 707-3845 - Mobile: (787) 502-7136 (Problematic Behavior ONLY)
Department of the Family (787) 749-1333 (Problematic Behavior ONLY)

DES/Police Department is NOT involved in PSB-CY incidents

Domestic Violence/Intimate Partner Abuse (Restricted & Unrestricted Reporting Options)
Rodriguez Army Health Clinic - FAP Clinical
(787) 707-2589/2570

Fort Buchanan 24/7 Domestic Violence/Intimate Partner Abuse Hotline
(202) 288-6362 (For Emergency Victim Advocate Services – Adult Cases (Domestic Violence/Intimate Partner Abuse))
Administrative Information, Training, and Consultations
(787) 707-3709; (787) 707-3292




ARMY COMMUNITY SERVICE
ACS
Real-Life Solutions for Successful Army Living

We're Here for YOU!

Request a service or talk to a representative

Help is just a scan away!

Your one-stop way to get the help you need—quickly and easily.

1 SCAN THE QR CODE
Use your phone's camera to scan.

2 SUBMIT YOUR REQUEST
Choose the service you need or request to speak with a representative.

3 WE'LL BE IN TOUCH
A member of our team will contact you as soon as possible.

ARMY COMMUNITY SERVICE PROGRAMS

- Army Emergency Relief
- Army Family Action Plan
- Army Family Team Building
- Army Volunteer Corps
- Exceptional Family Member Program
- Family Advocacy Program
- Information and Referral
- Military and Family Life Counseling
- New Parent Support Program
- Prevention and Family Resilience
- Relocation Readiness Program
- Employment Readiness Program
- Survivor Outreach Services
- Financial Readiness

787-707-3804
buchanan.armymwr.com
Bldg. 225 Davis Street
Fort Buchanan, PR

ARMY COMMUNITY SERVICE

WORKING TOGETHER TO END DOMESTIC VIOLENCE

STOP

Stand UP & Speak Out
Domestic Violence

FIND HELP:

- Domestic Violence Helpline: 202-288-6362
- DES/Police Department: 787-707-3337
- Family Advocacy Program: 787-707-3709; 787-707-2589

ARMY COMMUNITY SERVICE (ACS)
NOW SEEKING A LEAD VOLUNTEER COORDINATOR

MAKE A DIFFERENCE IN YOUR COMMUNITY!

The Army Community Service (ACS) is seeking a dedicated and motivated **Lead Volunteer Coordinator** to support and strengthen our volunteer program.

This is a **non-paid volunteer position** that offers an opportunity to make meaningful impact while developing:

- LEADERSHIP SKILLS
- COMMUNICATION SKILLS
- PROGRAM MANAGEMENT EXPERIENCE
- COMMUNITY ENGAGEMENT & NETWORKING

WHO SHOULD APPLY?

Individuals who are:

- Organized and dependable
- Passionate about serving others
- Strong communicators

For additional information contact ACS at
787-707-3804/3292 or Wilda.diaz3.civ@army.mil

You are invited to participate
Yoga for Resilience and Wellness

Experience a restorative yoga class focused on enhancing resilience, reducing stress, and supporting physical and emotional wellness benefits:

- Reduce stress and anxiety
- Improve flexibility and balance
- Increase strength and mobility
- Enhance mindfulness and relaxation
- Promote overall wellness and more

BODY • MIND • SPIRIT

TUESDAY, 20 OCTOBER
AT "LAS CASAS" LAKE | 4:30 PM - 5:30 PM

Fort Buchanan's Military and their eligible Family Members and civilian workforce are invited. No experience necessary.

787-707-3709/3292/3804

