



OUTSIDE GYM FACILITY

▶ RULES

1. In order to use The Outdoor Gym Facility, you must:
 - Register your Common Access (CAC)/ ID Card and sign the Facility Assumption of Risk of Injury and Waiver Form at The PFC Roberto E. Clemente Walker Annex Bldg. 170.
 - Sign the "Daily Assistance Sheet" located at the Outdoor Gym Facility counter
2. All currently authorized patrons defined in AR 215-1, Army Military Morale, Welfare, and Recreation (MWR) Programs, approved by the Installation Commander, and those over 18 may access the Outside Gym Facility. Authorized patrons may bring their dependents 13 years old and up with them and must directly supervise them. Guests are not permitted. No one else is authorized.
3. Make reference to the PAR Q document posted at the Outdoor Gym Facility counter before using the facility.
4. If unstaffed, there will be no supervision or assistance. In the event of an emergency, call 787-707-4911/5911
5. The bathroom, changing room, telephone, and water fountain are unavailable.
6. Athletic clothing and footwear consistent with Army guidelines must be worn at all times.
7. Use of exercise equipment may involve risk of serious injury, including permanent disability and death. We are not responsible for any injuries or losses that may occur.
8. Patrons are highly encouraged to exercise with an exercise partner (buddy system). Patrons must not exercise above their training limits and experience. A spotter is recommended when using free-weight bars.
9. Ropes shall not be climbed without another person present and placement of crash pad.
10. Equipment must be used in a manner consistent with its intended purpose.
11. Wipe down exercise equipment surfaces; return equipment to its place after use.
12. Equipment must remain inside the facility and will not be taken outside of the facility under any circumstances.
13. Secure your property. We are not responsible for lost, stolen, or damaged property while in, on, or about the premises.
14. Smoking, eating, chewing gum, and tobacco products is forbidden.
15. Radios, cellphones/iPods can only be used with headphones; audio must be private and not emit sound into the open air.
16. Bystanders are not allowed in exercise areas. *No unauthorized Personal Training sessions or Group Exercise Classes will take place.
17. Unsportsmanlike conduct, loudness, disruptiveness, profanity, abuse of equipment, fighting, etc., is prohibited and will cause forfeiture of privileges.
18. Loitering on or near the premises is forbidden.

787-707-3281/3767