

NEWSILETTER

JUNE 2024

Fort Buchanan Military Family Life Counselors

Available Services:

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, phone or virtual

787-220-4538 787-463-1932

Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program





- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other services and resources

CONTACT US Bldg. 225 Davis Street, Fort Buchanan

787-707-3804

facebook.com/ACSBuchanan













WORKSHOPS INFORMATION

Throughout the month of June: Services are available hybrid: walk-in, by appointment, face to face, via phone, and/or virtually (ACS, Davis Street, bldg. 225)

Employment Readiness Program: The Army Community Service/Employment Readiness Program assists with career exploration, information on job fairs, résumé revision, employment search platforms, interview process advice, and job search in the federal and local communities.

Tuesday, 4 June | 10 am - 11 am at ACS Conference Room, Bldg. 225

Relocation Support for Kids: Join us to learn about the array of relocation assistance and comprehensive moving resources available to help children transition smoothly to your next duty station.

Monday, 10 June | 9 am - 10:30 am at ACS Conference Room, Bldg. 225

Investing: As savings held in cash or low-yield savings accounts will tend to lose value due to inflation, investing can help protect the value of your money and potentially build wealth. Should you invest? Find out in this workshop.

Friday, 14 June | 9 am - 12 pm at the Community Club, Bldg. 660, Newcomers Orientation Briefing: Learn about available programs, services, and resources that enhance the well-being of the Fort Buchanan community.

Tuesday, 18 June | 10 am - 11 am at ACS Conference Room, Bldg. 225, Cultural Adaptation: Join us to learn about strategies for adjusting to a foreign culture during an overseas assignment. There is a period of adjustment to learn a new language, customs, gestures, and monetary system.

Information & Referral Program 787-707-3804

Employment Readiness Program 787-707-3365

Mobilization & Deployment 787-707-3292

Survivor Outreach
Program & Army Volunteer
Corps
787-707-3692

Exceptional Family Member Program 787-707-3295

Financial Readiness
Program & Army
Emergency Relief
787-707-3310

Family Advocacy Program 787-707-3709

Relocation Readiness
Program
787-707-3682

ACS Director
787-707-3292
wilda.diaz3.civ@army.mil

WORKSHOPS INFORMATION

Monday, 24 June | 9 am - 10:30 am at ACS Conference Room, Bldg. 225

Blended Retirement System: The military offers one of the best retirement systems, with the "Defined Benefit Plan" affording Soldiers a pension after 20 years of service. The BRS makes it even more attractive by adding the TSP with matching as a "Defined Contribution Plan." However, the BRS has other components, which we will discuss in this workshop.

Wednesday, 26 June | 10 am at ACS Conference Room, Bldg. 225, Military Spouses' Forum: Join us to brainstorm ideas for programs, events, workshops, and activities to strengthen and enhance Military Families' well-being. "Your voice is important. We want to hear ideas from you."

Wednesday, 26 June | 9 am - 10 am at ACS Conference Room, Bldg. 225 and via MS Teams, Army Volunteer Corps/Training for OPOCs: To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring. Hands training on navigating VMIS will be conducted during this workshop, and ideas for internal and annual volunteer recognition events will be brainstormed.

Wednesday, 26 June | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and via MS Teams, Army Volunteer Corps/Training for Volunteers: To provide useful management tools to volunteers, including how to record volunteers' hours, manage their service records, ethics, and customer services, and open the floor for questions and answers.

Thursday, 27 June | 9 am - 10 am at ACS Conference Room, Bldg. 225
Relocation Tips for Teens: The ACS/Relocation Readiness Program invites Fort Buchanan teens to learn how to cope effectively with moving, stay in touch with friends, and understand the process of relocating to a different state or country.

Thursday, 27 June | 10 am - 11 am at ACS Conference Room, Bldg. 225

New Parent Support Program (NPSP) Morning Playgroup: This group is for families with children ages 0-3. Parents can participate in activities that enhance parent-child interactions and stimulate the child's growth and development.

Friday, 28 June | 11 am at ACS Conference Room, Bldg. 225
Survivor Outreach Spouse and Surviving Family Forum: Join us and learn about organizations that support you with education, information, benefits, and networking opportunities. To provide you with a better understanding of local installations and community-based programs.

SPECIAL ACTIVITIES





The ACS/Exceptional Family Member Program teaches Soldiers and their eligible Family members in classroom and individual sessions.

> Call or email for available services at 787-707-3292/3804.



Call or email for more information

787-707-3292/3804

WILDA.DIAZ3.CIV@ARMY.MIL

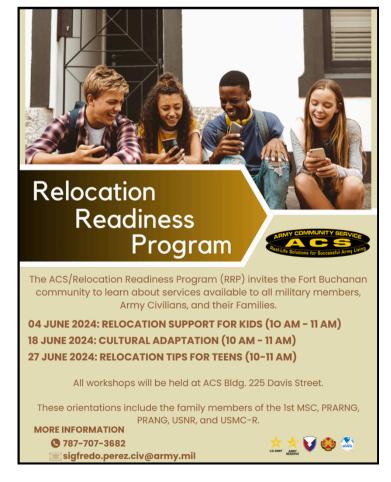












SPECIAL ACTIVITIES





