



We deliver consistent and comprehensive prevention, life skills, response, and transition services through an integrated system tailored to foster the Army's commitment to maximize Soldier, Family, and Civilian adaptability and self-reliance.

Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other Services and Resources

THE ARMY COMMUNITY SERVICE PRESENTS:




Yoga for RESILIENCE & WELLNESS

MONDAY, AUGUST 10

LAS CASAS LAKE

5:30 - 6:30 P.M.

Participate in a restorative yoga class focused on enhancing resilience, reducing stress, and supporting physical and emotional wellness.

BENEFITS:

- Reduce stress and anxiety
- Improve flexibility and balance
- Increase strength and mobility
- Enhance mindfulness and relaxation
- Promote overall wellness

BRING:

- Yoga mat and towel
- Comfortable workout attire
- Water bottle

"Take time to care for yourself; your well-being matters."

Fort Buchanan's Military & their eligible Family Members, and Civilian Workforce are invited.

No experience necessary.



Contact Us!

 Bldg. 225 Davis Street, Fort Buchanan

 787-707-3804

 facebook.com/BuchananACS

 www.buchanan.armymwr.com



Information & Referral Program
787-707-3804

Employment Readiness Program
787-707-3365

Mobilization & Deployment
787-707-3292

Survivor Outreach Services & Army Volunteer Corps
787-707-3692

Exceptional Family Member Program
787-707-3295

Financial Readiness Program & Army Emergency Relief
787-707-3310

Family Advocacy Program
787-707-3709

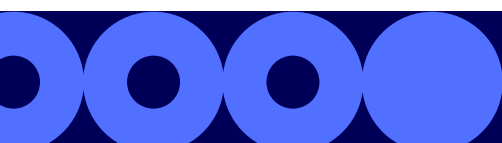
Relocation Readiness Program
787-707-3682

ACS Director
787-707-3292
wilda.diaz3.civ@army.mil

Fort Buchanan Military Family Life Counselors

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, by phone, or virtually

787-220-4538 / 787-463-1932



Tuesday, 4 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

RRP: Managing Relocation Stress: Learn stress management techniques to help you identify signs of stress during a scheduled move to a new duty station.

Wednesday, 5 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

ERP: Negotiating Employment Offers: Understand the components of Employment offers and learn techniques for negotiating salaries and benefits. This class provides strategies for making informed decisions when accepting Employment offers.

Thursday, 6 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

EFMP: Skills for Parenting Exceptional Children: This workshop aims to provide practical skills and strategies to help parents navigate this journey.

Monday, 10 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

FRP: Financial Literacy: Our discussion in this workshop will allow you to gain skills, knowledge, and behaviors to make informed decisions regarding money.

Monday, 10 August | 5:30 pm – 6:30 pm at Las Casas Lake

ACS/FAP: Yoga for Resilience & Wellness: Participate in a restorative yoga class focused on enhancing resilience, reducing stress, and supporting physical and emotional wellness. Benefits: Reduce stress and anxiety; Improve flexibility and balance; Increase strength and mobility Enhance mindfulness and relaxation; Promote overall wellness, and more.

Fort Buchanan's Military Personnel & their eligible Family Members and Civilian Workforce are invited.

Wednesday, 12 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

ERP: Handling Pre-Employment Screening and Background Checks: This session explains the types of pre-employment screenings and how to prepare for them. It also covers how to understand and address screening results.

Thursday, 13 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

EFMP: Enhancing Social Skills for Exceptional Children: This workshop aims to provide parents with practical, hands-on strategies to support their children's social development while fostering a supportive community among participants.



Tuesday, 18 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

RRP: PCS Entitlements: Join us to learn about the type of financial entitlements and weight allowance authorized during a PCS move.

Thursday, 20 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

EFMP: Advocating Success: A guide to Section 504 Accommodations.

Monday, 24 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

FRP: Budgeting: Budgeting allows you to plan, save, and control your expenses. In this workshop, we will discuss gathering financial records, categorizing and analyzing current spending, and planning for goals when building a budget.

Tuesday, 25 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

RRP: Re-entry Continental U.S. (CONUS): Knowing the process involved in reentry to CONUS from overseas reduces the stress of a PCS move, enhances resiliency, and improves readiness among Service members, Family members, and Civilians.

Wednesday, 26 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

ERP: Professional Etiquette and Communication: Learn about workplace behavior and communication, including email, phone, and meeting etiquette. This class also emphasizes the importance of managing your online presence professionally.

Friday, 28 August | 9 am – 10 am at ACS Conference Room, Bldg. 225

Army Volunteer Corps/Training for Volunteers: To provide useful management tools to volunteers to include how to record volunteers' hours, manage their service records, ethics, customer services, and open floor for questions and answers.

Friday, 28 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

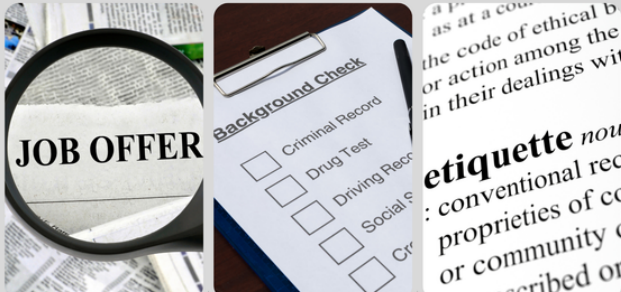
Army Volunteer Corps/Training for OPOCs: To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.



ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

Employment Readiness Program

Employment readiness will be provided to assist individuals in acquiring skills, networks, and resources that will allow them to participate in the work force and to develop a career/work plan.



WEDNESDAY
05 AUGUST 2026 @ 1000
NEGOTIATING EMPLOYMENT OFFERS:

Understand the components of Employment offers and learn techniques for negotiating salaries and benefits. This class provides strategies for making informed decisions when accepting Employment offers.

WEDNESDAY
12 AUGUST 2026 @ 1000
HANDLING PRE-EMPLOYMENT SCREENING AND BACKGROUND CHECKS:

This session explains the types of pre-employment screenings and how to prepare for them. It also covers how to understand and address screening results.

WEDNESDAY
26 AUGUST 2026 @ 1000
PROFESSIONAL ETIQUETTE AND COMMUNICATION:

Learn about workplace behavior and communication, including email, phone, and meeting etiquette. This class also emphasizes the importance of managing your online presence professionally.

787-707-3365 | luis.a.torresrios.civ@army.mil | Bldg. 225 Davis Street

Workshops will be held at the Army Community Service, located at Davis Street, Bldg. 225.

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

Financial Readiness Program

This program offers information on money management, financial management, I&Rs on legal affairs topics, and standard military training IAW DODI 1322.34.



Financial Literacy

Monday, 10 August 2026
0900-1030



Budgeting

Monday, 24 August 2026
0900-1030

Classes are offered from 9 a.m. to 10:30 a.m., and they include in-classroom training and/or individual counseling sessions. They can also be virtual via MsTeams or in person.

RSVP! 787-707-3310
edwidg.pedre2.civ@army.mil

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

Relocation Readiness Program

The ACS/Relocation Readiness Program invites the Fort Buchanan community to attend the monthly classes and orientations available to enhance the well-being of Military and Civilian personnel and their Family members.



Tuesday, 04 August 2026 1000 - 1100
Managing Relocation Stress

Tuesday, 18 August 2026 1000 - 1100
PCS Entitlements

Tuesday, 25 August 2026 1000 - 1100
Re-entry Continental U.S.

Workshops will be held at ACS located at Davis Street, Bldg. 225

RSVP
787-707-3682
sigfredo.perez.civ@army.mil

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

EFMP Exceptional Family Member Program

AUGUST 2026 WORKSHOPS

The Exceptional Family Member Program (EFMP) offers a diverse range of educational opportunities to Soldiers and their eligible Family members, including virtual, in-person, and hybrid classes. This approach ensures that participants receive comprehensive and personalized support, tailored to their specific needs.

Thursday, 6 August 2026 from 0900-10:30
Skills for Parenting Exceptional Children: This workshop aims to provide practical skills and strategies to help parents navigate this journey.

Thursday, 13 August 2026 from 0900-10:30
Enhancing Social Skills for Exceptional Children: This workshop aims to provide parents with practical, hands-on strategies to support their children's social development while fostering a supportive community among participants.

Thursday, 20 August 2026 from 0900-10:30
Advocating for Success: A guide to Section 504 Accommodations

Workshops will be held at the Army Community Service-office located at Davis St. Bldg. 225

Reserve your space at
787-707-3295 or
idalis.m.rios.civ@army.mil



ARMY COMMUNITY SERVICE (ACS)
NOW SEEKING A
LEAD VOLUNTEER COORDINATOR

MAKE A DIFFERENCE IN YOUR COMMUNITY!

The Army Community Service (ACS) is seeking a dedicated and motivated **Lead Volunteer Coordinator** to support and strengthen our volunteer program.

This is a **non-paid volunteer position** that offers an opportunity to make meaningful impact while developing:

- LEADERSHIP SKILLS
- COMMUNICATION SKILLS
- PROGRAM MANAGEMENT EXPERIENCE
- COMMUNITY ENGAGEMENT & NETWORKING

★ WHO SHOULD APPLY? ★

Individuals who are:

- Organized and dependable
- Passionate about serving others
- Strong communicators

For additional information contact ACS at 787-707-3804/3292 or Wilda.diaz3.civ@army.mil

ARMY COMMUNITY SERVICE (ACS)
Real-Life Solutions for Successful Army Living

VOLUNTEER OPPORTUNITY
Share Your Culture!

Army Community Service (ACS) is looking for a passionate **CROSS-CULTURAL SPANISH TEACHER (VOLUNTEER)** to teach basic conversational Spanish classes and key aspects of Puerto Rican culture to non-native military families assigned to Puerto Rico.

WHAT YOU'LL DO:

- Teach basic conversational Spanish
- Share key aspects of Puerto Rican culture
- Help families feel more connected to their new community

SPECIAL REQUIREMENT:
Must be fully bilingual (fluent in **Spanish & English** speaking and writing)

FOR MORE INFORMATION:

Call: 787-707-3682 / 787-707-3804
Email: sigfredo.perez.civ@army.mil

Join us and help our military families feel at home in Puerto Rico!

ARMY COMMUNITY SERVICE (ACS)
Real-Life Solutions for Successful Army Living

The Army Community Service (ACS) invites the Fort Buchanan Community to attend monthly workshops to learn how to become a valuable resource as a Volunteer and Organizational Point of Contact.

FRIDAY 28 AUGUST 2026 WORKSHOPS

Army Volunteer Corps Training for Volunteers: 9:00 a.m. to 10:00 a.m.
To provide useful management tools to volunteers to include how to record volunteers' hours, manage their service records, ethics, customer services, and open floor for questions and answers.
Army Volunteer Corps Training for Organizational Point of Contacts (OPOCs)

Army Volunteer Corps/Training for OPOCs: 10:00 a.m. to 11:00 a.m.
To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.
Both trainings will be held at ACS, Davis Street, Bldg. 225

These workshops are significant, foster knowledge, and create authentic interactions. They can also help attendees become involved and connected with service in the Army Volunteer Corps.

Get in touch with us
787-707-3682/3804
sigfredo.perez.civ@army.mil

ARMY COMMUNITY SERVICE (ACS)
Real-Life Solutions for Successful Army Living

THE ARMY COMMUNITY SERVICE PRESENTS:

Yoga for RESILIENCE & WELLNESS

MONDAY, AUGUST 10

LAS CASAS LAKE

5:30 - 6:30 P.M.

Participate in a restorative yoga class focused on enhancing resilience, reducing stress, and supporting physical and emotional wellness.

BENEFITS:

- Reduce stress and anxiety
- Improve flexibility and balance
- Increase strength and mobility
- Enhance mindfulness and relaxation
- Promote overall wellness

BRING:

- Yoga mat and towel
- Comfortable workout attire
- Water bottle

"Take time to care for yourself; your well-being matters."

Fort Buchanan's Military & their eligible Family Members, and Civilian Workforce are invited.

No experience necessary.





ARMY COMMUNITY SERVICE / RELOCATION READINESS PROGRAM

Lending Closet

The ACS Lending Closet has household essentials that you need but are currently without.

These household items are available for temporary loan, such as: Microwave Ovens, Crockpots, Coffee Pots, Toasters/Ovens, Pots/Pans, Dinnerware sets, Cooking Utensils, Silverware, and much more.

When departing from Fort Buchanan, individuals must return items signed out before clearing ACS. Military ID Card and PCS Orders are required.

Contact ACS Relocation Program at Davis Street, Bldg. 225, or sigfredo.perez.civ@army.mil or 787-707-3682/787-707-3804.

RELOCATION ASSISTANCE PROGRAM
Moving Made Easy




"Be **AER** ARMY EMERGENCY RELIEF Ready."

- ★ Zero interest loans
- ★ Grants
- ★ Scholarships
- ★ Over 30 categories of assistance

HOW TO CREATE YOUR AER PROFILE ONLINE



1. Login: QR code or <https://aerprod.powerappsportals.us/>
2. Click on three bars of the "Option Menu" located at the top right corner (QR code only)
3. Click "Sign-up"
4. Complete all "required fields"
5. Click "Create"
6. Return to AER portal and click "Sign-in"
7. Click "My Profile" and enter required info.

FOR SOLDIERS AND THEIR FAMILIES
ACS Army Emergency Relief (AER) Officer,
Edwidge Pedre, Fort Buchanan, P.R.

DSN:740-3310 | COMM: 787-707-3310



CHILD ABUSE/NEGLECT, PSB-CY & DV/IPV REPORTING PROCEDURE



TO REPORT CHILD ABUSE/NEGLECT INCIDENTS/CASES

DEPARTMENT OF THE FAMILY (DF)/CHILD PROTECTIVE SERVICES (CPS)
(787) 749-1333

DEPARTMENT OF EMERGENCY SERVICES (DES)/FORT BUCHANAN POLICE DEPARTMENT
(787) 707-3337/4911

RAHC/FAP-Clinical (Social Worker)
(787) 707-2589/2570 – **Police Officers will be able to call the FAP-C's On-Call Cell Phone**

To Report Problematic Sexual Behavior in Children & Youth (PSB-CY)
FAP Manager (787) 707-3709/3292 (FIRST RESPONDER) (Normative, Cautionary, & Problematic Behavior)
Criminal Investigation Division Desk (787) 707-3845 - Mobile: (787) 502-7136 (Problematic Behavior ONLY)
Department of the Family (787) 749-1333 (Problematic Behavior ONLY)

DES/Police Department is NOT involved in PSB-CY incidents

Domestic Violence/Intimate Partner Abuse (Restricted & Unrestricted Reporting Options)
Rodriguez Army Health Clinic - FAP Clinical
(787) 707-2589/2570

Fort Buchanan 24/7 Domestic Violence/Intimate Partner Abuse Hotline
(202) 288-6362 (For Emergency Victim Advocate Services – Adult Cases (Domestic Violence/Intimate Partner Abuse))
Administrative Information, Training, and Consultations
(787) 707-3709; (787) 707-3292