



JUNE 2025

# NEWSLETTER



## Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other Services and Resources



The Army Community Service Team invites the Fort Buchanan community to join us during our

### *60th Birthday Celebration*

Honoring the Past, Celebrating the Present,  
Shaping the Future – 60 years of Excellence!

FRIDAY, 25 JULY 2025

1300 - 1700

WATERSPOUT BLDG. 161

Army Community Service  
787-707-3804/3292



## Contact Us!



Bldg. 225 Davis Street, Fort Buchanan



787-707-3804



[facebook.com/BuchananACS](https://facebook.com/BuchananACS)



[www.buchanan.armymwr.com](http://www.buchanan.armymwr.com)

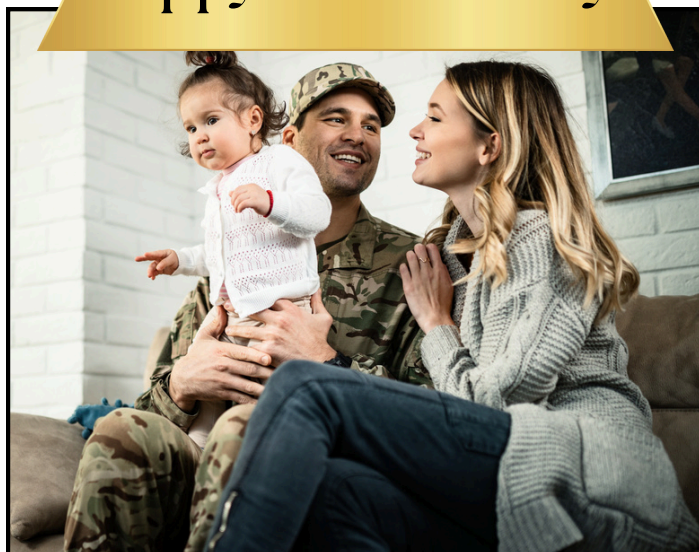


## **Fort Buchanan Military Family Life Counselors**

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, by phone, or virtually

**787-220-4538 / 787-463-1932**

**Happy Father's Day!**



**Information & Referral Program  
787-707-3804**

**Employment Readiness Program  
787-707-3365**

**Mobilization & Deployment  
787-707-3292**

**Survivor Outreach Program & Army Volunteer Corps  
787-707-3692**

**Exceptional Family Member Program  
787-707-3295**

**Financial Readiness Program & Army Emergency Relief  
787-707-3310**

**Family Advocacy Program  
787-707-3709**

**Relocation Readiness Program  
787-707-3682**

**ACS Director  
787-707-3292  
wilda.diaz3.civ@army.mil**

# Our monthly workshops

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**Wednesday, 4 June | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Writing a Resume for the Employment Application:** This class focuses on crafting a professional resume highlighting relevant skills and experiences. It includes tips on tailoring your resume for specific Employment to increase your chances of getting noticed.

**Thursday, 5 June | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Understanding your child's needs:** Recognize and understand your child's unique needs and how to address them effectively.

**Monday, 9 June | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Investing:** As savings held in cash or low-yield savings accounts tend to lose value due to inflation, investing can help protect the value of your money and potentially build wealth. Should you invest? You can find out in this workshop.

**Tuesday, 10 June | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Transition Planning:** This workshop will prepare parents for their child's transition into adulthood, focusing on independence and future planning.

**Wednesday, 11 June | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Military Spouses' Forum:** Join us to brainstorm ideas for programs, events, workshops, and activities that strengthen and enhance Military Families' well-being. "Your voice is essential. We want to hear your ideas."

**Wednesday, 11 June | 1:30 pm – 2:30 pm at ACS Conference Room, Bldg. 225**

**Writing a Cover Letter:** Understand the purpose and structure of a cover letter. This session guides you through customizing your cover letter for different employment and avoiding common mistakes.

**Thursday, 12 June | Two Sessions: 10 am and 2 pm at ACS Conference Room, Bldg. 225**

**Collaborative Parenting Workshops:** Learn tools and skills for working together as parents (whether you are married, separated, divorced, or in a blended family) to raise children in a healthy, respectful, and united way.

**Tuesday, 17 June | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Preparation for School Transfer:** Join us to learn how to effectively prepare your child for a school transfer and how to help ease their transition and grow stronger as a family.

**Wednesday, 18 June: 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Sibling Support:** Address siblings' needs and discover strategies for fostering positive sibling relationships.

# Our monthly workshops

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**Monday, 23 June | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Blending Retirement System:** The military offers one of the best retirement systems, with the “Defined Benefit Plan” affording Soldiers a pension after 20 years of service. The BRS makes it even more attractive by adding the TSP with matching as a “Defined Contribution Plan.” However, the BRS has other components, which we will discuss in this workshop.

**Tuesday, 24 June | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Family Separation Services:** Learn about the services available to Service members, Families, and Army Civilians who are separated from their families due to deployments. Obtaining these services reduces the stress of deployment, enhances resiliency, and improves readiness among Service members, Family members, and Civilians.

**Wednesday, 25 June | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Completing an Employment Application:** This class provides insights into different types of Employment applications and teaches how to provide accurate and complete information. It also offers tips for successfully navigating online applications.

**Thursday, 26 June | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Stress Factors with Back to School:** Discuss ways to support children during the transition back to school.

**Thursday, 27 June | 9 am – 12 pm at Community Club, Bldg. 660**

**Newcomers’ Fair Event:** Learn about available programs, services, and resources that enhance the well-being of the Fort Buchanan community. This event is open to newly assigned Military personnel, Family members, and Civilian personnel.

**Friday, 27 June | 9 am – 10 am at ACS Conference Room, Bldg. 225 and via MS Teams**

**Army Volunteer Corps/Training for OPOCs:** To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers’ PDs, approving volunteers’ hours, supervision, and mentoring.

**Friday, 27 June | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and via MS Teams**

**Army Volunteer Corps/Training for Volunteers:** To provide useful management tools to volunteers, including how to record volunteers’ hours, manage their service records, ethics, customer services, and open a forum for questions and answers.



# Our monthly workshops



**ARMY COMMUNITY SERVICE ACS**  
Real Life Solutions for Successful Army Living

**EFMP** Exceptional Family Member Program

## June WORKSHOPS

The Exceptional Family Member Program (EFMP) offers a diverse range of educational opportunities to Soldiers and their eligible Family members, including virtual, in-person, and hybrid classes. This approach ensures that participants receive comprehensive and personalized support tailored to their specific needs.

**Thursday, 05 (9:00 a.m. – 1030 a.m.): Understanding your child's needs:**  
Learn to recognize and appreciate your child's unique needs and how to address them effectively.

**Wednesday, 18 June (9:00 a.m. – 10:30 a.m.): Sibling Support:**  
Address siblings' needs and discover strategies for fostering positive relationships.

**Thursday, 26, (9:00 a.m. – 10:30 a.m.): Stress Factors with Back to School:**  
Discuss ways to support children during the transition back to school.

Contact Us **787-707-3295**  
**idalis.m.rios.civ@army.mil**



**ARMY COMMUNITY SERVICE ACS**  
Real Life Solutions for Successful Army Living

## Employment Readiness Program

Employment readiness will be provided to assist individuals in acquiring skills, networks, and resources that will allow them to participate in the work force and to develop a career/work plan.



WEDNESDAY 04 JUNE AT 1000	WEDNESDAY 11 JUNE AT 1330	WEDNESDAY 25 JUNE AT 1000
<b>WRITING A RESUME FOR THE EMPLOYMENT APPLICATION</b>	<b>WRITING A COVER LETTER</b>	<b>COMPLETING AN EMPLOYMENT APPLICATION</b>
This class focuses on crafting a professional resume that highlights relevant skills and experiences. It includes tips on tailoring your resume for specific Employments to increase your chances of getting noticed.	Understand the purpose and structure of a cover letter. This session provides guidance on customizing your cover letter for different Employments and avoiding common mistakes.	Get insights into different types of Employment applications and learn how to provide accurate and complete information. This class also offers tips for successfully navigating online applications.

787-707-3365 | [luis.a.torresrios.civ@army.mil](mailto:luis.a.torresrios.civ@army.mil) | Bldg. 225 Davis Street



**ARMY COMMUNITY SERVICE ACS**  
Real Life Solutions for Successful Army Living

## RELOCATION READINESS PROGRAM

The ACS/Relocation Readiness Program invites the Fort Buchanan community to attend the monthly classes and orientations available to enhance the well-being of Military and civilian personnel and their Family members.

**PREPARE FOR SCHOOL TRANSFER**  
Tuesday, 17 June from 10:00 a.m. to 11:00 a.m.

**FAMILY SEPARATION**  
Tuesday, 24 June from 10:00 a.m. to 11:00 a.m.

Workshops will be held at ACS, Davis Street, Bldg. 225

For more information and to register, contact us  
(787) 707-3682 or [sigfredo.perez.civ@army.mil](mailto:sigfredo.perez.civ@army.mil)



**ARMY COMMUNITY SERVICE ACS**  
Real Life Solutions for Successful Army Living

## FINANCIAL READINESS PROGRAM

**INVESTING**  
Monday, 09 June 2025  
9:00 a.m. – 10:30 a.m.

**BLENDED RETIREMENT SYSTEM**  
Monday, 23 June 2025  
9:00 a.m. – 10:30 a.m.

Classes are offered in classroom training and individual counseling sessions virtually via MsTeams or in person.

The Financial Readiness Program offers information on money management, financial management, information and referrals on legal affairs topics, and common military training IAW DODI 1322.34.

**CONTACT US**  
787-707-3310  
[edwidg.pedre2.civ@army.mil](mailto:edwidg.pedre2.civ@army.mil)






# Our monthly workshops

**ARMY EMERGENCY RELIEF**


ANNUAL CAMPAIGN MARCH 1 - JUNE 14



**AER CELEBRATES THE U.S. ARMY'S  
250 YEARS OF BRAVERY AND SERVICE**

HONORING THE PAST 1775 - 2025 SECURING THE FUTURE

ARMY EMERGENCY RELIEF



## NEWCOMERS' FAIR

LEARN more ABOUT AVAILABLE PROGRAMS, SERVICES, and resources that enhance the well-being of the Fort Buchanan community.



**Friday**

27 June 2025



**Time**

9:00 AM - 12:00 PM



Community Club  
Bldg. 660

We welcome new Military, Family members, Retirees, and Civilian personnel.  
Please bring your spouses!



787-707-3682/3804



[sigfredo.perez.civ@army.mil](mailto:sigfredo.perez.civ@army.mil)



The Army Community Service/Family Advocacy Program (FAP), in collaboration with the Military and Family Life Counseling Program (MFLC) invites you to learn tools and skills in working together as parents (whether you are married, separated, divorced, or in a blended family).  
To raise children in a healthy, respectful, and united way.



**THURSDAY, 12 JUNE 2025**

**TWO SESSIONS:  
10:00 AM / 2:00 PM**

**ARMY COMMUNITY SERVICE  
DAVIS STREET  
BLDG. 225**

**JUNE WORKSHOP THEME:  
COLLABORATIVE PARENTING WORKSHOP**

**SUB-THEMES:**

- CHILD LOVE LANGUAGES
- PARENT-CHILD COMMUNICATION
- STRATEGIES FOR COLLABORATIVE PARENTING
- TOOLS FOR COLLABORATIVE DISCIPLINE
- PARENT SELF-CARE AND STRESS MANAGEMENT

For additional information and to register, call 787-707-3804/3292, or email to [wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)



# Our monthly workshops



The Army Community Service (ACS) invites the Fort Buchanan Community to attend monthly workshops to learn how to become a valuable resource as a Volunteer and Organizational Point of Contact.

## JUNE WORKSHOPS

**Friday, 27 June:** Two Sessions:

9:00 a.m. to 10:00 a.m.

10:00 a.m. to 11:00 a.m.

At ACS, Davis Street, Bldg. 225

These workshops are significant, foster knowledge, and create authentic interactions. They can also help attendees become involved and connected with service in the Army Volunteer Corps.



Get in touch with us

**787-707-3682/3804**

[sigfredo.perez.civ@army.mil](mailto:sigfredo.perez.civ@army.mil)



Army Community Service invites you to the

## *Military Spouses' Forum*

Wednesday | June 11 | 10 am

**ACS BLDG. 225 DAVIS STREET**



*Join us to brainstorm ideas for programs, events, workshops, and activities that strengthen and enhance Military Families' well-being.*

*"Your voice is essential."*

*We want to hear your ideas."*

**JOIN US!**



787-707-3804 | [liza.i.muniz-miranda.civ@army.mil](mailto:liza.i.muniz-miranda.civ@army.mil)

**USO SPECIAL DELIVERY®**

## **FORT BUCHANAN SPECIAL DELIVERY BABY SHOWER**

**JULY 16**  
1800-2000



[USO.org/SpecialDelivery](https://USO.org/SpecialDelivery)

Join the USO & Army Community Service for this exciting event! We welcome new and expecting moms, including active-duty service members and military spouses within the first six months postpartum. \*Registration required