

NEWSLETTER

FEBRUARY WORKSHOPS AT ACS

Wear Orange on Fridays in support and to raise awareness for Teen Dating Violence Awareness.

Thursday, February 9 | 5:30 pm - 6:30 pm
Speaker Listener Technique

Tuesday, February 14 | 10 am - 11:30am
Resiliency and functional diversity workshop.

Wednesday, February 15:
Military Spouse Forum 11 am - 1 pm

Tuesday, February 21 | 10 am - 11:30am
Married and having Children with Functional Diversity

Wednesday, February 22 | 1 pm - 4 pm
504 Rehabilitation Act Workshop

Thursday, 23 February | 5:30 p.m. - 6:30 p.m.
What is Your Love Language?

Monday, February 27 | 10 am - 11 am
Science of Anger and Stress

Believe you can and you're half way there.
- Theodore Roosevelt

OUR PROGRAMS

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling
- Other services and resources

CONTACT US



Bldg. 225 Davis Street, Fort Buchanan



787-707-3804



facebook.com/ACSBuchanan

February Upcoming Events



MILITARY SPOUSES FORUM

Join us to brainstorm ideas of programs, events, workshops, and activities to strengthen and enhance Military Families' well-being.
"Your voice is important. We want to hear ideas from you."



15 FEBRUARY 2023
11 A.M. AT ACS

FOR ADDITIONAL INFORMATION
787-707-3804
787-707-3292 wilda.diaz3.civ@army.mil

This initiative is sponsored by ACS to create and maintain a partnership among military spouses stationed in Puerto Rico: U.S. Army Garrison, Army Reserve, PR Air/Army National Guard, U.S. Navy, and U.S. Marine Corps.



Teen Dating Violence Awareness Month (TDVAM)

February is Teen Dating Violence Awareness Month (TDVAM). The ACS/Family Advocacy Program will be conducting workshops with youths at the AHS and CYS/MST throughout February.

Show your support and raise awareness by wearing **ORANGE** on Fridays in February. Take a selfie or a group photo with your friends and post it on your social media.

For more information on preventing teen dating violence or how to approach this topic with your teen, contact the ACS/Family Advocacy Program at (787) 707-3709 or email: ruth.e.gonzalez.civ@army.mil.



Fort Buchanan Military Family Life Counselors

Available Services:

Individual & Couples Support for Adults

Family Non-Medical Counseling (parent or guardian must attend sessions with children)

Appointments available in person, phone, or virtual

787-220-4538 or 787-463-1932

