

APRIL 2025

NEWSLETTER

Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other Services and Resources



It's up to all of us to protect children and teens.

April 2025

CHILD ABUSE
PREVENTION MONTH

We also celebrate
MILITARY CHILD MONTH
M.O.M.C. MILPARENTS **ROCK**

Wear Blue every Wednesday in April to show support for child abuse prevention.

FORT BUCHANAN EVENTS:

Friday, 4 April

Reading & Signing of the Child Abuse Prevention & Month of the Military Child Proclamation at the Child & Youth Services, Bldg. 1110 at 3:30 pm

Wednesday, 9 April

Child Abuse Prevention/Educational Booth at DoDEA/Antilles High School from 11 am - 1 pm

Friday, 11 April

Child Abuse Prevention/Educational Booth at the Exchange Lobby (AAFES) from 11 am - 1 pm

Wednesday, 23 April

Stress Management and Effective Communication Skills for parents at ACS, Bldg. 225 from 1:30 pm - 2:30 pm

Tuesday, 29 April

Child Abuse Prevention and Reporting Procedure for Law Enforcement at Bldg. 219 at 8 am

Everyone should report known or suspected child abuse and neglect.



MILITARY
ONESOURCE

FORT BUCHANAN
FAMILY ADVOCACY
PROGRAM

787-707-3709/3292



Contact Us!



Bldg. 225 Davis Street, Fort Buchanan



787-707-3804



facebook.com/BuchananACS



www.buchanan.armymwr.com



Fort Buchanan Military Family Life Counselors

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, phone or virtual



787-220-4538 / 787-463-1932

**Information & Referral Program
787-707-3804**

**Employment Readiness Program
787-707-3365**

**Mobilization & Deployment
787-707-3292**

**Survivor Outreach Program & Army Volunteer Corps
787-707-3692**

**Exceptional Family Member Program
787-707-3295**

**Financial Readiness Program & Army Emergency Relief
787-707-3310**

**Family Advocacy Program
787-707-3709**

**Relocation Readiness Program
787-707-3682**

**ACS Director
787-707-3292
wilda.diaz3.civ@army.mil**

Our monthly workshops

1-30 April 2025 – Child Abuse Prevention Month & Month of the Military Child

Wednesdays: 2, 9, 16, 23, & 30: Wear Blue every Wednesday in April to support child abuse prevention

Friday, 4 April | 3:30 pm at the Child & Youth Services, Bldg. 1110

Reading & Signing of the Child Abuse Prevention & Month of the Military Child Proclamation

Wednesday, 2 April | 10 am – 11 am at ACS Conference Room, Bldg. 225

Negotiating Employment Offers: This class explains the components of Employment offers and teaches techniques for negotiating salaries and benefits. It also provides strategies for making informed decisions when accepting Employment offers.

Thursday, 3 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Exceptional Family Member Program Overview: Discuss the purpose of EFMP and how this program supports military Families.

Monday, 7 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Insurance is a financial safety net that provides financial security for you and your loved ones in case of a specified loss, damage, illness, or death. Workshop topics will cover life insurance and provide you with the basic skills to understand personal insurance.

Tuesday, 8 April | 10 am – 11 am at ACS Conference Room, Bldg. 225

Sponsorship Workshop: Join us to learn how to provide sponsorship assistance to incoming military and civilian personnel successfully.

Wednesday, 9 April | 10 am – 11 am at ACS Conference Room, Bldg. 225

Handling Pre-Employment Screening and Background Checks: This session explains the types of pre-employment screenings and how to prepare for them. It also covers how to understand and address screening results.

Our monthly workshops

Wednesday, 9 April | 11 am – 1 pm at DoDEA/Antilles High School

Child Abuse Prevention/Educational Booth: Join us to learn how to maintain a resilient, safe, nurturing home environment.

Thursday, 10 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Enhancing communication skills for exceptional children: Valuable insights and practical tools to support children communication develop more effectively.

Friday, 11 April | 11 am – 1 pm at AAFES, Child Abuse Prevention/Educational

Booth: Join us to learn how to maintain a resilient, safe, nurturing home environment.

Tuesday, 15 April | 10 am – 11 am at ACS Conference Room, Bldg. 225

Cultural Adaptation: Join us to learn strategies to help you adjust to a foreign culture in an overseas assignment. There is a period of adjustment to learn a new language, customs, gestures, and a monetary system.

Thursday, 17 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Empowering Families: Navigating the Individuals with Disabilities Education Act (IDEA).

Monday, 21 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Credit and Debt Management: How much you owe (debt) and how much you can borrow (credit) must be appropriately managed to avoid financial trouble. Tackling your debt and continuously building your credit skills will help you feel more empowered.

Tuesday, 22 April | 10 am – 11 am at ACS Conference Room, Bldg. 225

Single and Relocating: Join us to learn tips on coping effectively with moving, share experiences, and hear practical advice on enjoying the process of relocating to a different state or country.

Our monthly workshops

Wednesday, 23 April | 10 am – 11 am at ACS Conference Room, Bldg. 225

Professional Etiquette and Communication: Learn about workplace behavior and communication, including email, phone, and meeting etiquette. This class also emphasizes the importance of managing your online presence professionally.

Wednesday, 23 April | 1:30 – 2:30 pm at ACS, Bldg. 225, Stress Management

and Effective Communication Skills for Parents: Join us to learn tips for great parent- child/youth communication to strengthen family bonds, improve relationships, and equip parents with stress management skills.

Thursday, 24 April | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Advocating for Success: A guide to Section 504 Accommodations.

Friday, 25 April | 9 am – 10 am at ACS Conference Room, Bldg. 225 and via

MS Teams, Army Volunteer Corps/Training for OPOCs: To provide helpful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.

Friday, 25 April | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and via

MS Teams, Army Volunteer Corps/Training for Volunteers: To provide helpful management tools to volunteers, including how to record volunteers' hours, manage their service records, ethics, customer services, and open floor for questions and answers.

Tuesday, 29 April | 8 am at DES Bldg. 219 Child Abuse Prevention and

Reporting Procedure for Law Enforcement and the military/civilian community.

Wednesday, 30 April | 11 am – 2 pm pm at Fort Buchanan Community Club and Conference Center, Bldg. 660: Annual Volunteers Recognition Event:

Recognizing Fort Buchanan registered volunteers during the Annual National Volunteer Week.

Our monthly workshops



ARMY COMMUNITY SERVICE ACS
RealLife Solutions for Successful Army Living

April WORKSHOPS

EFMP Exceptional Family Member Program

The Exceptional Family Member Program (EFMP) offers a diverse range of educational opportunities to Soldiers and their eligible Family members, including virtual, in-person, and hybrid classes. This approach ensures that participants receive comprehensive and personalized support tailored to their specific needs.

Thursday, 3 April 2025 (9:00 am - 10:30 am): Exceptional Family Member Program Overview: Discuss the purpose of EFMP and how this program supports military Families.

Thursday, 10 April 2025 (9:00 am - 10:30 am): Enhancing Communication Skills for Exceptional Children. Valuable insights and practical tools to support children's communication development more effectively.

Thursday, 17 April 2025 (9:00 am - 10:30 am): Empowering Families: Navigating the Individuals with Disabilities Education Act (IDEA).

Thursday, 24 April 2025 (9:00 am - 10:30 am): Advocating for Success: A Guide to Section 504 Accommodations.

Contact Us **787-707-3295**
idalis.m.rios.civ@army.mil



ARMY COMMUNITY SERVICE ACS
RealLife Solutions for Successful Army Living

Employment Readiness Program

APRIL 2025 WORKSHOPS

EMPLOYMENT READINESS WILL BE PROVIDED TO ASSIST INDIVIDUALS IN ACQUIRING SKILLS, NETWORKS, AND RESOURCES THAT WILL ALLOW THEM TO PARTICIPATE IN THE WORK FORCE AND TO DEVELOP A CAREER/WORK PLAN

NEGOTIATING EMPLOYMENT OFFERS

Understand the components of Employment offers and learn techniques for negotiating salaries and benefits. This class provides strategies for making informed decisions when accepting Employment offers.

APR 02
10 A.M.

HANDLING PRE-EMPLOYMENT SCREENING AND BACKGROUND CHECKS

This session explains the types of pre-employment screenings and how to prepare for them. It also covers how to understand and address screening results.

APR 09
10 A.M.

PROFESSIONAL ETIQUETTE AND COMMUNICATION

Learn about workplace behavior and communication, including email, phone, and meeting etiquette. This class also emphasizes the importance of managing your online presence professionally.

APR 23
10 A.M.

ALL WORKSHOPS ARE IN PERSON AND VIRTUALLY.
For more information and/or to register, contact us at luis.a.torresrios.civ@army.mil or 787-707-3365.




APRIL 2025 WORKSHOPS

RELOCATION READINESS PROGRAM

The ACS/Relocation Readiness Program invites the Fort Buchanan community to attend the monthly classes and orientations available to enhance the well-being of Military and civilian personnel and their Family members.

Tuesday, 8 April (10 am - 11 am)
Sponsorship Workshop

Tuesday, 15 April (10 am - 11 am)
Cultural Adaptation

Tuesday, 22 April (10 am - 11 am)
Single and Relocating

(787) 707-3682
sigfredo.perez.civ@army.mil



ARMY COMMUNITY SERVICE ACS
RealLife Solutions for Successful Army Living

FINANCIAL READINESS PROGRAM

The Financial Readiness Program offers information on money management, financial management, information and referrals on legal affairs topics, and common military training IAW DODI 1322.34.

Monday, 07 April 2025 (9:00 am - 10:30 am)
Insurance

Monday, 21 April 2025 (9:00 am - 10:30 am)
Credit and Debt Management

Classes are offered in classroom training and individual counseling sessions virtually via MsTeams or in person.

CONTACT US! 787-707-3310
edwidg.pedre2.civ@army.mil

ACS, Bldg. 225
Davis Street



Our monthly workshops



It's up to all of us to protect children and teens.

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    **MILITARY ONESOURCE**  

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FAMILY ADVOCACY
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787-707-3709/3292



ARMY EMERGENCY RELIEF

ANNUAL CAMPAIGN MARCH 1 - JUNE 14



AER CELEBRATES THE U.S. ARMY'S 250 YEARS OF BRAVERY AND SERVICE

HONORING THE PAST 1775 - 2025 SECURING THE FUTURE

Our monthly workshops



**Celebrating
Fort Buchanan's
VOLUNTEERS**

**Our Shining
Stars**

**All active
registered
volunteers
are invited**

**WEDNESDAY
30 APRIL 2025**

**Community Club, Bldg. 660
11 am - 2 pm**

If you are a Fort Buchanan registered volunteer,
we are excited to invite you to this special event honoring
the outstanding efforts and contributions you've made
as a volunteer to our community.

Your dedication and hard work have been the
cornerstone of our success, and we want to
take this opportunity to recognize and celebrate you.



For more information and to RSVP please call 787-707-3804.
Only for **registered volunteers**.



THE U.S. ARMY FAMILY AND MWR PROGRAMS IS BROUGHT TO YOU BY THE U.S. ARMY INSTALLATION
MANAGEMENT COMMAND, A SUBORDINATE OF THE U.S. ARMY MATERIEL COMMAND
For more information, visit Buchanan.ArmyMWR.com

