The second secon

boringuen

FREE ADMISSION starting at 5 pm

Sip & Savor Wednesdays

Cheer and Chat • Heineken or Heineken Silver \$2 featuring our Burger Special \$5

Tavern Thursdays

Spanish hangout • Sangrías or House Wines \$5 • Estrella Galicia \$3 featuring Tapas

Sunset Social Fridays

Great company, good drinks and great time! • Medalla or Magna Buckets **5 for \$10** featuring our Chef's **food special of the night**

borinquen

bar & patio

Community Club

A delicious mid-day treat filled with a variety of mouthwatering dishes. Come hungry and leave happy!

MONDAY TO FRIDAY 11 a.m. - 1 p.m. \$12.95 per person \$8.00 children ages 10 and under

AUGUST 1ST SEPTEMBER 5TH

LIVE

FREE ADMISSION

Catch the vibe—live music, cold drinks, and good times under the open sky! Band to be announced, be on the watch!

OPEN TO THE PUBLIC



LIFE WITH US CONTENTS









The Waterspout END OF SUMMER BASH





Borinquen Bar & Patio BBQ Competition





Sports & Fitness Center F.I.T. TRAINING ORIENTATIONS- NEW!

Together We Celebrate: Summer's End, Fall's Beginning

From July through August, our community comes alive with celebrations that bring neighbors together in a joyful spirit. From the Independence Day celebration with grand fireworks, flea market, car show, to BBQ competition, there's no shortage of fun, laughter, and shared memories. Let's celebrate the end of summer, welcome fall and strengthen the bonds that make our community special.

We invite you and your family to be part of the excitement! Come enjoy music, delicious food, and activities for all ages. There's something for everyone to love. Let's make this change of season unforgettable– together!

FAMILY AND MWR LIFE WITH US EDITORIAL TEAM

Family and MWR Programs Director Mr. Daniel E. Cain

Marketing Manager Ms. Iralis Jiménez

Graphic Designer Ms. Neysa Maldonado

Marketing Assistant Mrs. Gabriela Velázquez

Showcase your brand's commitment to the military community by partnering with Family and MWR.

Contact the Marketing, Advertising & Commercial Sponsorship Office at 787-707-3711 or email: iralis.jimenez.naf@army.mil



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- INCLUDES: O DINNER BUFFET O ROOM RENTAL
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 - TABLE CLOTH
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INFORMATION: 787-707-3215 • 787-707-3516 787-707-5233

usarmy.buchanan.usag.list.community-club-team@army.mil

Fort Buchanan Community Club







Celebrate your love story with us.

INCLUDES

- Welcome Reception with
 Hors d'oeuvres and Beverage of choice
- A tasting menu for the couple
- Cake cutting fee
- Three Course Dinner or Dinner Buffet
- Sparkling Wine for Wedding Toast
- Free parking
- Two complimentary Family and MWR Memberships for one year

STARTING FROM \$49 per person

MORE INFORMATION 787-707-3215/3516/5233

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RTHDA Packages

The Fort Buchanan Bowling Center offers a fun way to celebrate your kids' birthday.

STRIKE UP

Includes:

- 2 lanes
- two hours of fun
- shoe rental
- two medium pizzas, 1 topping (12 slices)
- unlimited fountain soft drinks
- up to 12 guests

\$150

RESERVE YOUR SPECIAL DAY!

PIN-TASTIC CELEBRATION

Includes:

- 4 lanes
- two hours of fun
- shoe rental
- four medium pizzas, 1 topping (24 slices)
- unlimited fountain soft drinks
- up to 20 guests

\$250

787-707-2695/3272

BOWL-TASTIC BASH

Includes:

- 6 lanes
- two hours of fun
- shoe rental
- five medium pizzas, 1 topping (30 slices)
- unlimited fountain soft drinks
- Birthday Bowling Pin
- up to 30 guests

\$375

For all packages you can bring your own cake and decoration.



Free Admission Live Band & DJ 9 am - 4 pm Community Club Parking Lot

SH

Open to the public

WATER AEROBICS AT THE WATER SPOUT

TUESDAY AND THURSDAY 5 - 28 AUGUST / 2 - 25 SEPTEMBER 6 P.M. - 7 P.M.

S40

FOR & CLASSES

BENEFITS

Authorized patrons (Active Duty, Retirees, Reserve Military and their family members, National Guard, and DoD Civilians).

FOR 8 CLASSES

RESERVE YOUR SPACE



PRE-RECISTRATION IS REQUIRED.

BUILD CARDIOVASCULAR FITNESS AND STRENGTH EASY ON YOUR JOINTS REACH NEW FITNESS LEVELS LOW-IMPACT FORMAT

SUITS EVERY AGE

Participants may bring and use their water shoes and gloves



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For just \$8 per hour, you can rent a Hobby Bay and take care of all the maintenance tasks your car or motorcycle needs.

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MWR Automotive Skills Center Bldg. 159 Monday - Friday 7:30 am - 4 pm



EASY & SECURE ACCESS





FLUID CHECK & MORE

END OF SUMMER Bash

Make a splash at the ultimate end-of-summer poolside bash with music, games, and good vibes at the Water Spout!

SATURDAY AUGUST 30 1 pm - 4 pm

Regular entrance fees apply. AUTHORIZED PATRONS: Active Duty, Retirees, Reserve Military and their family members, National Guard, and DoD Civilians.

Fun for all ages awaits at the WATER SPOUR

Summer Hours of Operation Until August 10th

TUESDAY THROUGH SUNDAY 10 am - 6 pm

787-707-3550

Winter Hours August 16th through May 26th SATURDAYS AND SUNDAYS 10 am - 5:30 pm TUESDAY THROUGH FRIDAY BY RESERVATION ONLY

Free Lap Swimming WEDNESDAYS THROUGH FRIDAYS 6 am - 10 am

AUTHORIZED PATRONS: Active Duty, Retirees, Reserve Military and their family members, National Guard, and DoD Civilians.

Sailing, Snorkeling & Picnic • East Coast Experience- Sat., July 12

Activity type: Sightseeing / Snorkeling / Beach Day Place: Icacos

Depart: 6 am * Return: 5:30 pm Difficulty Level: Easy / Moderate Includes: Transportation, snorkeling equipment with New Snorkel (mouthpiece) for every participant, yours to keep. Sandwich Buffet lunch, Unlimited Piña Colada and fruit punch, soft drinks, and water.

Toro Negro River

Hiking Adventure

Sat., July 19

Activity type: Hiking, Sightseeing

Depart: 7:00 am * Return: 4:30 pm Difficulty Level: Moderate / Hard

Bring: Sun protection, closed toe shoes,

Requirements: Age is 12+, be in good

physical condition, be able to walk long

Negro" river and "Charco El Morón",

located in Ciales! This area offers crystal

clear waters, stunning rock formations,

into its refreshing pools, explore the forest

trail, or simply soak in nature's tranquility!

and a serene atmosphere perfect for adventure and relaxation. You can dive

Includes: Transportation, guides,

Place: Ciales

small backpack

distances. Cost: \$49 pp

snacks, refreshments.

Bring: Small backpack, sunscreen, sun protection, towel, change of clothes Cost: \$119 pp

Relax aboard a sail catamaran as you cruise along breathtaking coastlines, dive into an incredible snorkeling adventure, explore vibrant marine life beneath the surface, indulge in a delightful picnic on deck surrounded by the sea breeze and stunning views.



Explore Puerto Rico! Kayak & Fishing at Fort Buchanan's Lake Dates: Saturdays Jul. 26, Aug. 2, and Sep. 6

> Place: Fort Buchanan, "Las Casas" Lake Hours of Operation: 9 am - 2 pm **Equipment Rental Cost:** • Kayak Fishing Class / All Equipment and supplies included: \$25 (Must be 12+ years old to participate) • Double Kayak Rental and Safety equipment included \$12 Single Kayak Rental and Safety equipment included \$8 Fishing pole rental with supplies: \$10 Refreshments available for sale

Requirements: Participants must be 6+ years old. Children under age 18 must be always accompanied by an adult. Learn the basics of kayak fishing at Fort Buchanan's Lake! A perfect place to enjoy a catch and release fishing day with your children, alone or with friends. Kayaking and fishing equipment rentals are available!



Beach day at Culebrita Island, Sat., August 9

Activity type: Snorkeling / Beach Day Place: Culebrita Island Depart: 5 am * Return: 5:30 pm Difficulty Level: Easy/ Moderate Includes: Transportation, snacks, refreshments, snorkeling equipment Bring: Sun protection, hat, sunglasses, towel, change of clothes Requirements: Participants must be 6+ years old Cost: \$149 pp

Escape to the pristine shores of *Culebrita* Island for an unforgettable beach day! Enjoy crystal clear waters, soft white sand, and breathtaking tropical views. Perfect for swimming, snorkeling, or simply relaxing under the sun, this hidden paradise offers a true Caribbean experience.

10K Cycling Challenge! Sat., August 16

Activity type: Cycling 10 KM Place: Outdoor Recreation, Bldg. 608 Registration: 7:30 am - 8:30 am Race Start Time: 9 am Difficulty Level: Medium / Hard Includes: All riders get a goodie bag, energy bars, hydration, and race-day surprises!

Top finishers take home awards! Bring: Bring your own bicycle or rent one at ODR, & appropriate safety equipment Requirements: Be in good physical condition and be older than 12 years. Registration: \$25 per person Pre-registration required

Minimum 50 participants needed Grab your spot early and bring a friend!

Join us for the ultimate 10K Cycling Challenge, hosted in partnership with Outdoor Recreation (ODR) and Sports! Your chance to test your cycling skills, compete for glory, and be part of an adrenaline-charged community ride.





Adventure in Nature's Paradises

Nature's Paradises Sat., August 23

Activity type: Hiking / Exploration / Sightseeing

Place: Bayamon and Corozal Registration: 7 am * Return: 5 pm Difficulty Level: Hard Includes: Transportation, guides, snacks, refreshments.

Bring: Sun protection, comfortable shoes for long walks

Requirements: Ages 12+, be in good physical condition, be able to walk long distances. Cost: \$39 pp

Embark on an unforgettable hiking adventure through two of Puerto Rico's most stunning hiking trails on the island. Traverse lush forest trails, hidden waterfalls, and immerse yourself in the beauty of nature. Whether you're seeking a thrilling trek or a peaceful escape, these locations offer breathtaking scenery and an invigorating experience for outdoor enthusiasts of all levels.

Road Trip to Manatí Sat., September 20

Activity type: Hiking / Exploration / Sightseeing Place: Manatí Depart: 7 am * Return: 5 pm Difficulty Level: Easy/ Moderate Includes: Transportation, snacks, and refreshments.

Bring: Comfortable shoes for long walks, sun protection and cash for food. Requirements: Age is 6+, be in good physical condition, be able to walk long distances.

Cost: \$39 pp

Immerse in the vibrant charm of Manatí coast, often hailed as *"La Atenas de Puerto Rico"* for its rich cultural tapestry and historic places. Wander downtown locations and set off to explore its dazzling beaches. Your adventure continues with a visit to Hacienda La Esperanza, a meticulously restored 19th-century sugar plantation nestled within a sprawling natural reserve. This unique experience that truly encapsulates the spirit of Manatí.



RESERVE YOUR SPACE: 787-707-3734/3138 786-266-2445 Thermal Waters Experience Sat., September 27

Activity type: Mineral-rich thermal waters bathing Place: Coamo Date: Saturday,September 27 Depart: 7 am * Return: 4:30 pm Difficulty Level: Easy Includes: Transportation, snacks, refreshments. Bring: Sun protection, change of clothes, small backpack, towel.

Cost: \$39 pp Experience the rejuvenating magic of the *"Baños de Coamo"*, where history,

the "Baños de Coamo", where history, nature, and wellness converge into an unforgettable escape. Immerse yourself into mineral-rich thermal waters known for their healing properties. This tour not only offers a unique opportunity to relax and revitalize your body and mind but also invites you to connect with the cultural heritage and natural beauty of Coamo.



Join us for an exciting BBQ competition where your passion for smoky, juicy, finger-lickin' good barbecue meets the spirit of American football! And of course, endless fun and mouthwatering eats!

Don't just watch the game – be the game. Show the crowd that your BBQ is as legendary as the biggest football plays.

TOP PRIZES FOR THE BEST BBQ FLAVORS

FOOTBALL OPEN SEASON BROADCAST REGISTRATIONS START AUGUST 7, 2025 LIVE BAND CHILDREN'S INFLATABLES

ONLY 25 TEAMS — SIGN UP NOW AND BRING THE HEAT! TEAM ENTRY FEE \$140.00

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FORT BUCHANAN SPORTS & FITNESSS CENTER'S RENOVATION

GRAND OPENING

THIS SUMMER 2025

Come celebrate the grand reopening of our newly renovated Sports & Fitness Center!

Stop by to explore all the exciting upgrades, state-of-the-art equipment, and refreshed spaces designed to elevate your fitness experience. You won't want to miss it! Date will be nnounced.

> BLDG, 167, PATRIOT BLVD. 787-707-3767



JOIN US

FORT BUCHANAN Golf Club

Embark on an extraordinary golfing journey at Fort Buchanan Golf Course, where the art of golf meets exceptional service.

ANNUAL MEMBERSHIP FEES:

CATEGORY	Single	Family
 E1-E5 Active Duty, 	\$660	\$1,050
Juniors 17 and under		

- AD-E6 and above \$1,050 \$1,575 Retirees, Active DOD employees, and all other authorized
 - Civilians/Guests \$1,500 \$2,250

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YOU WILL LEARN: - Highlights on topics of Child Development, Sudden Infant Death Syndrome (SIDS), Home & Fire Safety, Food, Nutrition, and Child Entertainment

- Tips on how to market your new business
- Red Cross First Aid & CPR Certification

AUGUST 4-8, 2025

Monday to Friday 8 AM - 12 PM

FEE \$50 BLDG, 1110

For more information please call CYS Parent Central Services Office at 787-707-3787 / 3541 / 3434

Start Training Today!

NEW! Exercise Orientation Sessions

at the 24/7 PFC Roberto E. Clemente Walker Annex!

F.I.T Familiarize: You will get to know the array of functional fitness equipment available.

INSTRUCT: A certified fitness instructor/trainer will provide you with guidance on different exercises that can be performed using our functional fitness equipment.

TRAIN: You will gain valuable knowledge on correct exercise techniques, which may assist you in reaching your goals while avoiding injury.

We are committed to the physical fitness development and readiness of our soldiers and the Fort Buchanan Community!

Functional Fitness Equipment:

Kettlebells

TRX

- 🗹 Power Racks
- 🖌 Battle Ropes 🖌 Rowers
 - Sk
- Slam Balls
- Skiers
- ✓ and more!

FREE Ages 16 and over

Join Us

Tuesdays, August 12, 19, & 26 5 pm - 6 pm

🔄 (787)707-3281/3767

SPORTS & FITNESS CENTER /////// ROBERTO E. CLEMENTE WALKER ANNEX



WANT TO RAMP UP YOUR EXERCISE ROUTINE? Then our Cross Drill class is just what you need!

You'll be using a variety of alternative exercise equipment:

HAMMER-STRENGTH DOUBLE BRIDGE, WEIGHTLIFTING PLATFORMS, KETTLEBELLS, BATTLE ROPES, TRX, KEVLAR BALLS, ROWERS, TORQUE SLEDS, NON-MOTORIZED TREADMILLS, SKIERS, AIR BIKES, AND MORE.

Our Physical Fitness Trainers will provide instruction on how to train efficiently, avoid injury and reach your goals!



/////// \$35 Per month ///// \$5 Drop-In Class

/////// CALL TO FIND OUT MORE 787-707-3281/3767 ////////











Join us for action-packed competition, camaraderie, and unforgettable moments on the field.

Fees apply. Open to Active Duty, Retirees, Reserve Military Members, National Guard, DoD Civilians, Federal Agencies, and Sponsored teams.

AUGUST 2025 | SPORTS & FITNESS CENTER

Contact Us! 👩 787-707-3277/5111

th

1 pm - 5 pm

day

JOIN ARMY COMMUNITY SERVICE IN CELEBRATING IT'S

at the Waterspout

Friday, July 25

Let's celebrate, share some laughter, and make unforgettable memories together! Looking forward to seeing you there!





RSVP: 787-707-3804 Bldg.225, Davis Street

SUMER

AT WALT DISNEPWorld









MAGIC KINGDOM. Park Disney Starlight: Dream the Night Away

When you wish on a star... a dazzling new nighttime parade descends into *Magic Kingdom*- Park! Brought to life by the magic of the Blue Fairy, *Disney Starlight:* Dream the Night Away takes viewers on a starlit journey through beloved tales like *Moana*, *Peter Pan*, *Frozen*, *Cinderella*, and more as magical moments throughout the parade electrify *Main Street*, *U.S.A.* with the power of starlight. Entertainment offerings subject to change without notice.

LAGOO

EPCOT. New & Re-Imagined Experiences

Two anticipated new experiences are opening this summer at EPCOT. GEO-82 is an elevated lounge for Guests ages 21 and up that pays tribute to the intertwined history of EPCOT and the iconic Spaceship Earth. Here, Guests can indulge in modern cocktails and globally-influenced small plates while taking in views of the sprawling World Celebration Gardens and World Showcase Lagoon in the distance.

A re-imagined *Test Track*- Presented by General Motors^{*} will allow Guests to buckle up on a thrilling road trip to a brighter tomorrow while experiencing this beloved attraction in a new way. Opening later this summer, the attraction features a redesigned exterior and queue, as well as a new storyline with new scenes showcasing advances in onboard technology, customization, and personalization, as well as how technological advancements, lifestyle, and mobility can help connect everyone. Entertainment and offerings subject to change without notice.

DISNEY'S HOLLYWOOD STUDIOS.

Disney's Hollywood Studios Double Feature

Disney's Hollywood Studios- is bringing two all-new theatrical productions to Park goers this summer, opening May 27, 2025. The Little Mermaid–A Musical Adventure is a brand-new re-imagining of Disney's *The Little Mermaid* where families can relive Ariel's undersea adventures with iconic scenes and favorite songs from the film. The show features all new physical sets, stunning visual effects, and an impressive cast of puppets and live performers that are sure to make audiences feel part of their world.

Guests won't want to miss Disney Villains: Unfairly Ever After, a fiendishly funny and fantastical stage show starring iconic Disney villains. As Guests enter the realm of the Magic Mirror, they'll discover the truth about these villains: are they mischievous, or just misunderstood? The spellbinding show features fantastical musical numbers and a most memorable finale where the audience will help decide which villain has been treated the most unfairly of them all.

DISNEY'S ANIMAL KINGDOM • Theme Park Experience DINOSAUR Before It Goes Extinct

Don't forget, 2025 is the last chance for Guests to experience DINOSAUR before it goes extinct. This thrilling adventure brings riders on a rugged and perilous prehistoric race through time to rescue a dinosaur before the giant meteor strikes. DINOSAUR will close in 2026 to make way for Tropical Americas, so this summer is a perfect opportunity for Guests ride before time runs out.

DISNEY SPRINGS. Summer at Disney Springs.

Join us for flavorful dishes, frosty favorites and sizzling, must-have fashion. Whether you are taking a spin down memory lane at Splitsville Luxury Lanes[™], savoring California-style cuisine at Summer House on the Lake, or stocking up on the latest summer fashions at Ron Jon Surf Shop^{*}, DisneyStyle, and more, there are plenty of ways to enjoy a refreshing summer day with your favorite people at *Disney Springs*^{*}. Entertainment and offerings subject to change without notice.

Visit Leisure Travel Office, Bldg. 660 (Fort Buchanan Community Club), or call 787-707-4344/4343 for more details.

SAVE THE DATE.

For these two amazing experiences happening at Fort Buchanan.



SEP 26 - OCT 31 FRIDAYS & SATURDAYS

Prepare for spine-tingling thrills and fun chills! Gather your courage as you explore our Haunted House Experience, full of scares, screams, and surprises. Suitable for families (ages 10 and up).

Tickets:

\$25 – General Admission \$80 – General Admission Group of 4 \$50 – Solo Fast Pass (Skip the line!) \$170 – Fast Pass Group of 4 (Plus service fees)

Come if you dare ...

Once you enter, there's no turning back. Will you make it out... or become part of the horror forever?

SATURDAY OCTOBER 4

Get ready for a night of live music, great vibes, and fall fun at **The ROCKTOBER FEST!**

Bring your friends and family (ages 10 and up) for an electrifying evening featuring live performances by: Alicia Wonderband, Sí Señor, Beans Polka, and Black Guayaba

Tickets: \$10 – Advance \$15 – At the Door \$40 – VIP (Plus service fees)

Enjoy live band performances, great food, a wide selection of beers and drinks, and local artisan vendors.





Stay tuned for updates!

Follow us on Facebook and Instagram: @BuchananMWR or visit buchanan.armyMWR.com