



REWARD
your
WORKOUT!

FIT COMBO CHALLENGE

GO FOR THE
FITNESS CHALLENGE FROM
MARCH 15 - 19
WITH 3 EASY STEPS:

- 1.** Register by visiting the Sports and Fitness Center or by email at maria.t.nunez5.naf@mail.mil. Registration, hold harmless and photo release forms need to be completed.
- 2.** Take on the challenge by completing three **simple exercises**: One cardio, upper and lower body (5 minutes each - be creative!).
- 3.** Take a **SELFIE** while performing the exercises and send it to us at maria.t.nunez5.naf@mail.mil to obtain a **FREE \$2.00 DISCOUNT COUPON** to use at the Borinquen Bar & Patio for one meal order. Offer does not apply for alcoholic beverages (certain restrictions apply).



REDEEM YOUR COUPON AT:



MONDAY THRU FRIDAY
FOR LUNCH & DINNER
Mon. to Wed. 11 a.m. - 6 p.m.
Thu. and Fri. 11 a.m. - 9 p.m.

For more information call **787-707-3767**
Open for Military, MWR and VHIC cardholders.

