

JANUARY 2025 NEWSLETTER




Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other Services and Resources

Contact Us!

 **Bldg. 225 Davis Street, Fort Buchanan**

 **787-707-3804**

 **facebook.com/BuchananACS**

 **www.buchanan.armymwr.com**



Fort Buchanan Military Family Life Counselors

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, phone or virtual

787-220-4538
787-463-1932



Information & Referral Program
787-707-3804

Employment Readiness Program
787-707-3365

Mobilization & Deployment
787-707-3292

Survivor Outreach Program & Army Volunteer Corps
787-707-3692

Exceptional Family Member Program
787-707-3295

Financial Readiness Program & Army Emergency Relief
787-707-3310

Family Advocacy Program
787-707-3709

Relocation Readiness Program
787-707-3682

ACS Director
787-707-3292
wilda.diaz3.civ@army.mil

Our monthly workshops

Wednesday, 8 January | 10 am – 11 am at ACS Conference Room, Bldg. 225

Employment Search: This class covers practical strategies for finding job openings, including using job search engines and company websites. It also emphasizes the importance of networking and leveraging personal connections to uncover job opportunities.

Thursday, 9 January | 10 am – 11 am at ACS Conference Room, Bldg. 225

Pre-Move Planning: An orientation to learn the process of pre-move planning necessary to execute a successful permanent change of station. This will ensure you receive the services needed to move out of your commands successfully.

Monday, 13 January | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Money Management: Navigating economically fragile times can be stressful, uncomfortable, and scary. This workshop aims to help you make smart decisions that will help you become financially stable.

Wednesday, 15 January | 10 am at ACS Conference Room, Bldg. 225

Military Spouses' Forum: Join us to brainstorm ideas for programs, events, workshops, and activities that strengthen and enhance Military Families' well-being. "Your voice is important. We want to hear your ideas."

Thursday, 16 January | 9 am – 10:30 am at ACS Conference Room, Bldg. 225

Creating a Year-Long Bucket List for Parents: To help parents plan and set meaningful goals for the year, focusing on personal growth, family activities, and self-care.

Thursday, 16 January | 10:30 am – 11:30 am at ACS Conference Room, Bldg. 225,

Shipment of Household Goods (HHG): To orient Service members (SM), Families, and Army Civilians about the HHG shipment process and service available during a PCS move. This will help you reduce the stress of moving to a new environment.

Wednesday, 22 January | 10 am – 11 am at ACS Conference Room, Bldg. 225

Networking and Building Professional Relationships: This session highlights the critical role of networking in Employment searching. It explores different online and offline networking types and provides tips on building and leveraging a professional network effectively.

Our monthly workshops

Thursday, 23 January | 9 am – 10:30 am at ACS Conference Room, Bldg. 225
Empowering Parenting Strategies for Diverse Needs: This workshop provides practical skills and strategies to help parents navigate this journey.

Thursday, 23 January | 10:30 am – 11:30 am at ACS Conference Room, Bldg. 225,
Shipment of Privately Owned Vehicle (POV): To orient Service members (SM), Families, and Army Civilians about the POV shipment process and service available during a PCS move. This will help you reduce the stress of moving to a new environment.

Monday, 27 January | 9 am – 10:30 am at ACS Conference Room, Bldg. 225
Major Purchases: Whether it's a wedding, purchasing a car, or financing a new home, all major purchases in life should include a sound plan of action.

Wednesday, 29 January | 10 am – 11 am at ACS Conference Room, Bldg. 225
Understanding Employment Descriptions and Requirements: Learn how to interpret Employment postings and match your skills with Employment requirements. This class also covers the importance of using keywords from Employment descriptions to enhance your application.

Thursday, 30 January | 9 am – 10:30 am at ACS Conference Room, Bldg. 225.
Creating a Year-Long Bucket List for Parents: To help parents plan and set meaningful goals for the year, focusing on personal growth, family activities, and self-care.

Friday, 31 January | 9 am–10 am at ACS Conference Room, Bldg. 225, and via MS Teams. Army Volunteer Corps/Training for OPOCs: To provide helpful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.

Friday, 31 January | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and via MS Teams. Army Volunteer Corps/Training for Volunteers: To provide helpful management tools to volunteers, including how to record volunteers' hours, manage their service records, ethics, and customer services, and open the floor for questions and answers.

Our monthly workshops



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EFMP Exceptional Family Member Program

The Exceptional Family Member Program offers workshops to Soldiers and their eligible Family members, in-person and virtual sessions via MS Teams

THURSDAY, 16 JANUARY 2025: 0900-10:30
Creating a Year-Long Bucket List for Parents: To help parents plan and set meaningful goals for the year, focusing on personal growth, family activities, and self-care.

THURSDAY, 23 JANUARY 2025: 0900-10:30
Empowering Parenting Strategies for Diverse Needs: This workshop aims to provide practical skills and strategies to help parents navigate this journey.

Thursday, 30 January 2025: 0900-10:30
Creating a Year-Long Bucket List for Parents: To help parents plan and set meaningful goals for the year, focusing on personal growth, family activities, and self-care.

MORE INFO (787) 707-3295
idalis.m.rios.civ@army.mil



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Employment Readiness Program

JANUARY WORKSHOPS

EMPLOYMENT READINESS WILL ASSIST INDIVIDUALS IN ACQUIRING SKILLS, NETWORKS, AND RESOURCES THAT WILL ALLOW THEM TO PARTICIPATE IN THE WORKFORCE AND DEVELOP A CAREER/WORK PLAN.

EMPLOYMENT SEARCH **JAN 08**
10 A.M.

This class covers effective strategies for finding job openings, including using job search engines and company websites. It also emphasizes the importance of networking and leveraging personal connections to uncover job opportunities.

NETWORKING AND BUILDING PROFESSIONAL RELATIONSHIPS **JAN 22**
10 A.M.

This session highlights the critical role of networking in Employment searching. It explores different types of networking, both online and offline, and provides tips on how to build and leverage a professional network effectively.

UNDERSTANDING EMPLOYMENT DESCRIPTIONS AND REQUIREMENTS **JAN 29**
10 A.M.

Learn how to interpret Employment postings and match your skills with Employment requirements. This class also covers the importance of using keywords from Employment descriptions to enhance your application.

ALL WORKSHOPS ARE IN PERSON AND VIRTUALLY.
For more information and/or to register, contact us at luis.a.torresrios.civ@army.mil or 787-707-3365.



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MILITARY SPOUSES FORUM

Join us to brainstorm ideas for programs, events, workshops, and activities to strengthen and enhance Military Families' well-being. "Your voice is important. We want to hear ideas from you."

Date: Wednesday, January 15, 2025
Where: ACS, Bldg. 225 Davis Street Time: 10 a.m.

For more information and to reserve your space, call or email at 787-707-3804, liza.i.muniz-miranda.civ@army.mil.



Our monthly workshops



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FINANCIAL READINESS PROGRAM

The Financial Readiness Program offers information on money management, financial management, I&Rs on legal affairs topics, and common military training IAW DODI 1322.34.

Money Management
Monday, 13 January 2025, 0900 - 1030

Major Purchases
Monday, 27 January 2025, 0900 - 1030

Classes are offered in classroom training and individual counseling sessions virtually via MsTeams or in person.

Contact Us Now
787-707-3310
ACS, Bldg. 225
Davis Street

edwidg.pedre2.civ@army.mil



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RELOCATION READINESS PROGRAM

JANUARY 2025 Workshops

The ACS/Relocation Readiness Program invites the Fort Buchanan community to attend the monthly classes and orientations available to enhance the well-being of Military and civilian personnel and their Family members.

Thursday, 9 January (10 am - 11 am):
Pre-Move Planning

Thursday, 16 January (10:30 am - 11:30 am):
Shipment of Household Goods (HHG)

Thursday, 23 January (10:30 am - 11:30 am):
Shipment of Privately Own Vehicle (POV)

For more information, please call ACS/Relocation at (787) 707-3682 or sigfredo.perez.civ@army.mil

ACS Bldg. 225, Davis Street
All workshops are in-person and virtual.

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The Fort Buchanan community includes SM of the 1st MSC, PRARNG, PRANG, USNR, USMC-R, Retirees, and Civilian employees.

