

# NEWSLETTER

**SEPTEMBER 2024**

[www.buchanan.armymwr.com](http://www.buchanan.armymwr.com)

## Our Programs

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness Program
- Relocation Readiness Program
- Employment Readiness Program
- Information and Referral Program
- Exceptional Family Member Program
- Mobilization and Deployment Program
- Military and Family Life Counseling Program
- Other Services and Resources



### Fort Buchanan Military Family Life Counselors

#### Available Services:

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, phone or virtual

787-220-4538  
787-463-1932



## CONTACT US

 Bldg. 225 Davis Street, Fort Buchanan

 787-707-3804

 [facebook.com/ACSBuchanan](https://facebook.com/ACSBuchanan)



# WORKSHOPS INFORMATION

Throughout the month of September: Services are available hybrid: walk-in, by appointment, face to face, via phone and/or virtually (ACS, Davis Street, Bldg. 225).

**Wednesday, 4 September | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Employment Search:** This class covers effective strategies for finding Employment openings, including the use of Employment search engines and company websites. It also emphasizes the importance of networking and leveraging personal connections to uncover Employment opportunities.

**Thursday, 5 September | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Family Separation Services:** To learn about the services available to Service members, Families, and Army Civilians who are separated from their families due to deployments.

**Thursday, 5 September | 1 pm – 2:30 pm ACS Conference Room, Bldg. 225**

**Routines and Rituals:** To learn the importance of routines and how to establish this structure at home.

**Thursday, 12 September | 1 pm- 2:30 pm ACS Conference Room, Bldg. 225**

**Stress Factors with Back to School:** Discuss ways to support children with special needs during transition back to school.

Information & Referral  
Program 787-707-3804

Employment Readiness  
Program 787-707-3365

Mobilization & Deployment  
787-707-3292

Survivor Outreach Program  
& Army Volunteer Corps  
787-707-3692

Exceptional Family Member  
Program  
787-707-3295

Financial Readiness  
Program & Army Emergency  
Relief  
787-707-3310

Family Advocacy Program  
787-707-3709

Relocation Readiness  
Program  
787-707-3682

ACS Director  
787-707-3292  
[wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)

# WORKSHOPS INFORMATION

**Friday, 13 September | 9 am – 12 pm at the Community Club, Bldg. 660**

**Newcomers Orientation Briefing:** To learn about available programs, services, and resources that enhance the well-being of the Fort Buchanan community.

**Friday, 13 September | 4 pm – 6 pm at Fort Buchanan's Las Casas Lake**

**Gold Star Parents and Military Spouses' Forum Fun Event (2nd Anniversary):**

Join us for a Fun Event: Kayaking, fun Games, and more. Please call to register.

**Monday, 16 September | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Saving and Investing:** Both are critical elements of personal finance. The workshop will explain the difference between saving and investing and cover the pros and cons of both.

**Monday, 16 September | 3 pm – 4 pm at ACS Conference Room, Bldg. 225**

**Military and Family Life Counselors (MFLC) Presentation: Family Life Cycle**

**Embracing Change:** To facilitate learning about change in families and how parents can support children.

**Wednesday, 18 September | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Networking and Building Professional Relationships:** This session highlights the critical role of networking in Employment searching. It explores different types of networking, both online and offline, and provides tips on how to build and leverage a professional network effectively.

**Wednesday, 18 September | 1 pm – 2:30 pm at ACS Conference Room, Bldg. 225**

**Exceptional Family Member Program Overview:** Discuss the purpose of EFMP and how this program provides support to military Families.

**Thursday, 19 September | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**New Parent Support Program (NPSP) Morning Playgroup:** Families with children ages 0-3 years old. Parents can participate in activities that enhance parent-child interactions and stimulates the child's growth and development.

# WORKSHOPS INFORMATION

**Monday, 23 September | 9 am – 10:30 am at ACS Conference Room, Bldg. 225**

**Army Emergency Relief Basics:** Am I eligible for assistance? How can AER help me? What kind of assistance can I expect? All these questions and much more will be answered during this workshop.

**Wednesday, 25 September | 9 am – 10 am at ACS Conference Room, Bldg. 225 and via MS Teams**

**Army Volunteer Corps/Training for OPOCs:** To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.

**Wednesday, 25 September | 10 am – 11 am at ACS Conference Room, Bldg. 225**

**Understanding Employment Descriptions and Requirements:** Learn how to interpret Employment postings and match your skills with Employment requirements. This class also covers the importance of using keywords from Employment descriptions to enhance your application.

**Wednesday, 25 September | 11 am – 12 pm at ACS Conference Room, Bldg. 225 and via MS Teams**

**Army Volunteer Corps/Training for Volunteers:** To provide useful management tools to volunteers to include how to record volunteers' hours, manage their service records, ethics, customer services, and open floor for questions and answers.

**Thursday, 26 September | 10 am – 11:30 am at ACS Conference Room, Bldg. 225**

**Sponsorship Workshop:** Obtaining a sponsor reduces the stress of reporting to a new unit and ensures that Service member will receive the services needed to transition successfully into and out of commands.



# SPECIAL ACTIVITIES

## EVERY DAY is Child Abuse Prevention Day

Help Us Give Every Child A Promise  
for a Safe and Better Tomorrow

ALL incidents of Child Abuse/Neglect  
MUST be reported to the  
Department of the Family: (787) 749-1333  
(Talia's Law 23 December 2016)  
and then, please call:  
Fort Buchanan Reporting Point of Contact:  
Department of Emergency Services/  
Police Department  
(787) 707-3337

National Child Abuse Hotline:  
(800) 4-A-CHILD (422-4453)

For more information and the  
Family Advocacy Program, call the  
Army Community Service at  
(787) 707-3709/3292



## NEW PARENT SUPPORT PROGRAM (NPSP)



We welcome expectant parents and parents of children from birth to three years of age who are active-duty Service members, Army Reserve and Army National Guard members who are on active duty for 30 days or more, and to Family members who are assigned, attached, and reside on the Fort Buchanan installation.

The NPSP provides hospital and home visits, morning playgroups, and educational and prevention services, including parenting classes, baby sign language, and more.  
Information and referrals to military and civilian programs that support parents of infants and young children are also available.  
All services and activities provided through the NPSP are voluntary and non-stigmatizing and emphasizing the parent's strengths.

### INFORMATION

787-707-3292 or  
wilda.diaz3.civ@army.mil



## EMPLOYMENT READINESS PROGRAM

Employment readiness will assist individuals in acquiring skills, networks, and resources that will allow them to participate in the workforce and develop a career/work plan.  
Check out our September 2024 workshops!

### WEDNESDAY 4 EMPLOYMENT SEARCH

This class covers effective strategies for finding job openings, including the use of job search engines and company websites. It also emphasizes the importance of networking and leveraging personal connections to uncover job opportunities.



### WEDNESDAY 18 NETWORKING AND BUILDING PROFESSIONAL RELATIONSHIPS

This session highlights the critical role of networking in Employment searching. It explores different types of networking, both online and offline, and provides tips on how to build and leverage a professional network effectively.



### WEDNESDAY 25 UNDERSTANDING EMPLOYMENT DESCRIPTIONS AND REQUIREMENTS

Learn how to interpret Employment postings and match your skills with Employment requirements. This class also covers the importance of using keywords from Employment descriptions to enhance your application.



For more information and/or to register, contact us at  
[uis.a.torresrios.civ@army.mil](mailto:uis.a.torresrios.civ@army.mil) or 787-707-3365.



## FINANCIAL READINESS PROGRAM

The Financial Readiness Program offers information on money management, financial management, I&Rs on legal affairs topics, and common military training IAW DODI 1322.34.

Monday, 16 September 2024, from 9 a.m. to 10:30 a.m.

### SAVING AND INVESTING

Monday, 23 September 2024, from 9 a.m. to 10:30 a.m.

### ARMY EMERGENCY RELIEF BASICS

Classes are offered in classroom training and individual counseling sessions virtually via MsTeams or in person.



787-707-3310



ACS Bldg. 225  
Davis Street



[edwidg.pedre2.civ@army.mil](mailto:edwidg.pedre2.civ@army.mil)



# SPECIAL ACTIVITIES



**ARMY COMMUNITY SERVICE  
GOLD STAR PARENTS & MILITARY  
SPOUSES FUN DAY**

← @ FORT BUCHANAN LAS CASAS LAKE →

**FRIDAY, 13 SEPTEMBER 2024  
4 PM - 6 PM • FREE ENTRY**

COME WITH YOUR FAMILY TO THIS FUN KAYAKING EXPERIENCE AND JOIN IN THE EXCITEMENT WITH ENTERTAINING GAMES THAT WILL LIFT EVERYONE'S SPIRITS. THIS IS AN EVENT NOT TO BE MISSED!

\*This event is only for Gold Star Parents and Military Spouses

787-707-3804 • 787-707-3292  
wilda.diaz3.civ@army.mil




**NEWCOMERS  
ORIENTATION  
BRIEFING**


- Friday, September 13  
9 am to 12 pm  
Community Club

**LEARN more ABOUT  
AVAILABLE PROGRAMS,  
SERVICES, and resources  
that enhance  
the well-being of the  
Fort Buchanan community.**



**We welcome new Military,  
Family members, and  
Civilian personnel.  
Please bring your spouses!**

**FOR MORE INFORMATION:**  
Call ACS/Relocation at (787) 707-3682/3804  
or sigfredo.perez.civ@army.mil

**EFMP** Exceptional Family Member Program

The Exceptional Family Member Program teaches Soldiers and their eligible Family members, in-person and virtual sessions.

**SEPTEMBER WORKSHOPS**



**Thursday, 05 September 2024 from 1300-1430**  
**Routines and Rituals:**  
Learn the importance of routines and how to establish this structure at home.

**Thursday, 12 September 2024, from 1300-1430**  
**Stress Factors with Back to School:**  
Discuss ways to support children with special needs during the transition back to school.

**Wednesday, 18 September 2024, from 1300-1430**  
**Exceptional Family Member Program Overview:**  
Discuss the purpose of EFMP and how this program provides support to military Families.

**ACS DAVIS STREET BLDG. 225  
AND VIA MS TEAMS**

**FOR MORE INFORMATION, PLEASE  
CALL THE ACS/EFMP**  
787-707-3295  
idalis.m.rios.civ@army.mil


**RELOCATION  
READINESS  
PROGRAM**

The ACS/Relocation Readiness Program invites the Fort Buchanan community to attend the monthly classes and orientations available to enhance the well-being of Military and Civilian personnel and their Family members.

**FAMILY SEPARATION SERVICES:  
THURSDAY, 5 SEPTEMBER  
10 A.M. - 11 A.M.**

**NEWCOMERS ORIENTATION:  
FRIDAY, 13 SEPTEMBER FROM  
9 A.M. - 12 P.M.  
COMMUNITY CLUB & CONFERENCE  
CENTER**

**SPONSORSHIP WORKSHOP:  
THURSDAY, 26 SEPTEMBER  
10 A.M. - 11:30 A.M.**

**FOR MORE INFORMATION AND TO REGISTER**  
787-707-3682  
sigfredo.perez.civ@army.mil



# SPECIAL ACTIVITIES



## The Military and Family Life Counseling Program presents

### UPCOMING WORKSHOPS

SEP 16  
3 p.m.

Family Life Cycle Embracing Change

OCT 15  
3 p.m.

Building Strong Relationships

NOV 13  
3 p.m.

Adapting Health and Wellness

Workshops will be held at Army Community Service office located at Davis St. Bldg. 225 and virtual.

For more information, please call ACS at (787) 707-3804 or  
[wilda.diaz3.civ@army.mil](mailto:wilda.diaz3.civ@army.mil)  
[sanchezriverak@magellanfederal.com](mailto:sanchezriverak@magellanfederal.com) (787-463-1932)  
[martinezc2@magellanfederal.com](mailto:martinezc2@magellanfederal.com) (787-220-4538)

