

ACS/FAMILY ADVOCACY PROGRAM WILL BE OFFERING

# CROSSROADS OF PARENTING & DIVORCE WORKSHOPS

## FIVE-SESSION WORKSHOP

The workshops will focus on preventing divorce abuse - a specific type of emotional abuse that divorcing (or separating) parents cause when, in their anger and bitterness, lose sight of their child's needs. Each session demonstrates common co-parenting challenges and solutions.

- Session 1:  
**Keep your child out of the middle**
- Session 2  
**Allow your child to love both parents**
- Session 3  
**Work on your own recovery**
- Session 4  
**Develop new communication skills**
- Session 5  
**Create a positive new relationship as a new parent**

## WE CAN HELP!

Divorce may be the most significant event in your child's life. However, it's not the event of divorce itself that has the greatest impact on your child; it's the way in which you choose to respond to divorce. What you do during and after divorce will make the difference between your child thriving and your child bearing the scars of divorce for years to come.

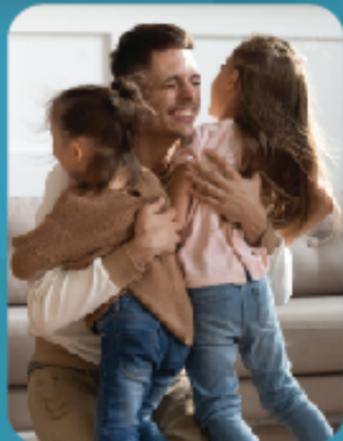
Crossroads of Parenting & Divorce is a five-step workshop designed to prevent divorce abuse—a specific type of emotional abuse that divorcing parents inflict when, in their anger and bitterness, they lose sight of their child's needs.

## Sign up now!

For more information or to register for a class, contact the ACS/Family Advocacy Program at 787-707-3709 or email, [ruth.e.gonzalez.civ@mail.mil](mailto:ruth.e.gonzalez.civ@mail.mil).

Sessions will be held at ACS (Bldg 225)  
1:30-2:30 pm  
BY REQUEST

For separated, divorcing, and divorced parents



787-707-3709