

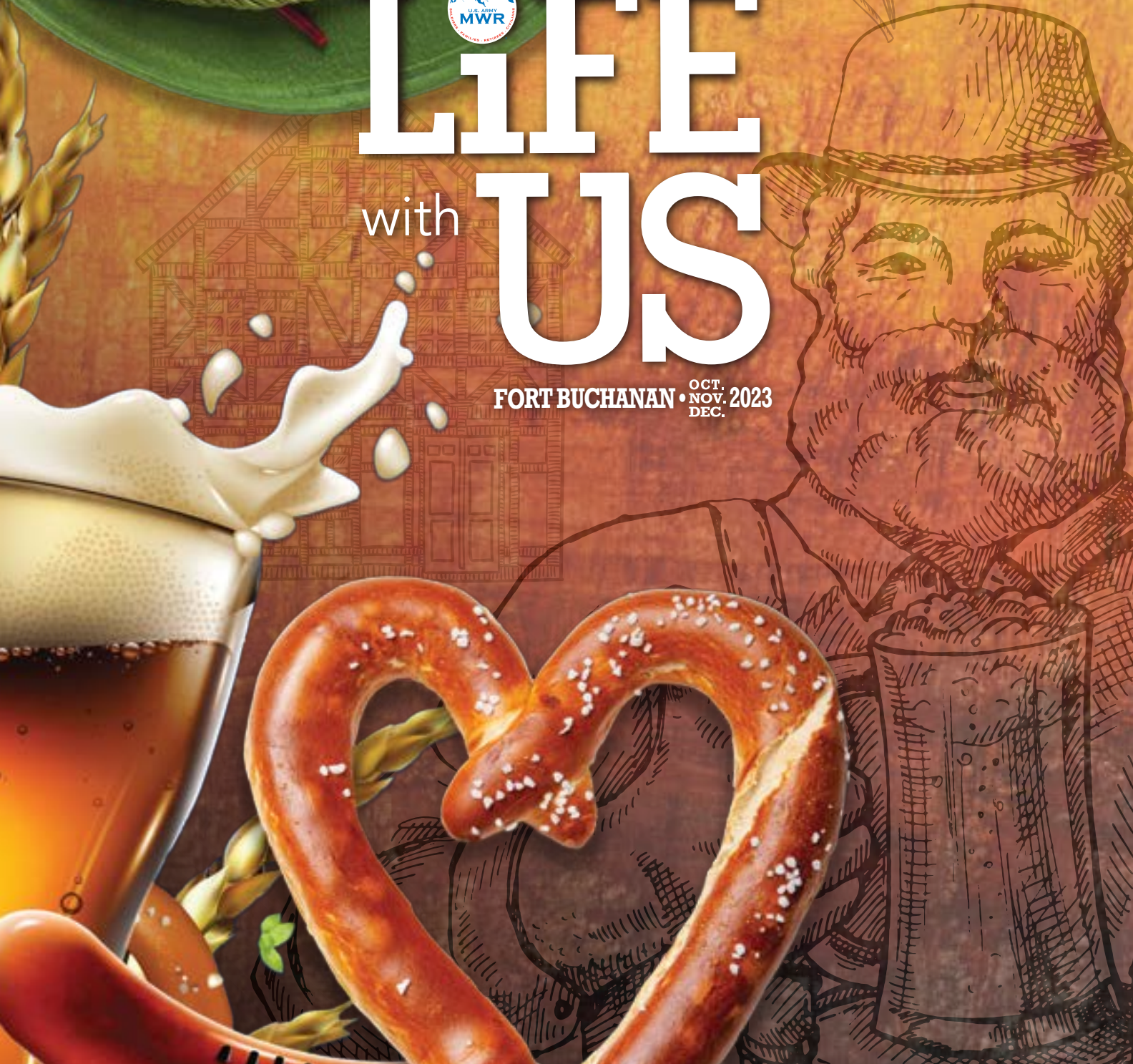


Es ist
Partyzeit!
It's party time!



LIFE with US

FORT BUCHANAN • OCT. 2023
NOV. DEC.



ASYLUM

Horror Nights

STEP IN
IF YOU DARE!

FORT BUCHANAN COMMUNITY CLUB

FRIDAYS & SATURDAYS | 6:30 PM - 11:30 PM
September 30 to October 28 | Oct. 7 & 28: 6:30 pm - 12:30 pm

OPEN TO THE PUBLIC

ADMISSION FEE:

\$25 general pp \$80 group of 4 bundle
\$50 fast pass pp \$170 group of 4 bundle fast pass

TICKETS: 787-707-4391
https://bit.ly/AsylumNights 786-890-7324



LIFE WITH US CONTENTS



WELCOMING THE CHANGING SEASONS!

"And all at once, Summer collapsed into Fall."
-Oscar Wilde

And our expectations for leisure time with our Family and friends change. Now we start feeling relief from the scorching heat of summer. Fall brings holidays we treasure because of the opportunities they offer to connect with others in a different way. October, November and December bring celebrations such as the carefree fun of Oktoberfest, the thrills of Halloween, the gratitude of Thanksgiving, and the Joy and spirituality of the Holiday Season.

Family and MWR takes special care in preparing events where you can do just that, immerse in the essence of the season's traditions, with an innovative flair! Be our guests and enjoy these events that you will find inside this Issue of "MWR Life with Us". We wish you lots of quality time with your loved ones!

FAMILY AND MWR LIFE WITH US EDITORIAL TEAM

Family and MWR Programs Director
Mr. Scott Abell

Marketing Manager/Editor
Mr. Carlos Sotomayor

Graphic Designer
Ms. Neysa Maldonado

Marketing Assistant
Mrs. Gabriela Velázquez

Marketing Specialist
Ms. Iralis Jiménez
Bldg. 151, Patriot Blvd.
Fort Buchanan

Showcase your brand's commitment to the military community by partnering with Family and MWR.

Contact the Marketing, Advertising & Commercial Sponsorship Office
at 787-707-3711 or email:
iralis.jimenez.naf@army.mil



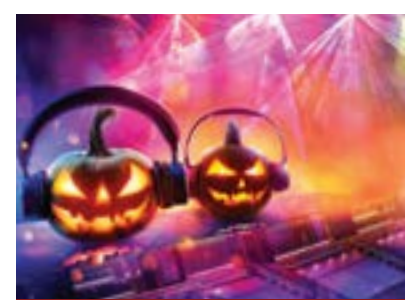
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MWR-ICE-QR Interactive Customer Evaluation



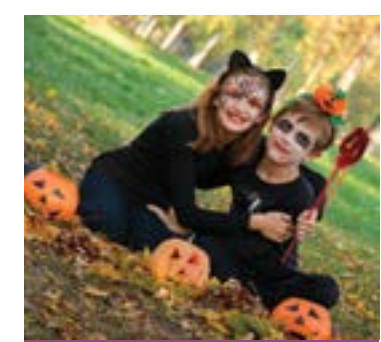
04

Special Event
OKTOBERFEST CELEBRATION



05

Community Club
HALLOWEEN DANCE - DJ MASH



08

Child & Youth Services - CYS
AUTUMN FEST



12

Community Club
TAKE HOME THANKSGIVING MEAL



FOOD, LIVE MUSIC, BEER & FUN

SAT 07
2023 OCT



OKTOBERFEST

OPEN TO THE PUBLIC

STARTING AT 5PM

MUSIC BY
ZAHARA AND ALGARETE

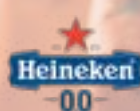
FORT BUCHANAN COMMUNITY CLUB

\$5 IN ADVANCE

\$8 AT THE DOOR

787-707-4391/3974 / 786-890-7324
BUCHANAN.ARMYMWR.COM

<https://bit.ly/FB-Oktoberfest2023>



No official U.S. Army endorsement is implied. Do not drink and drive. Choose a designated driver.

HALLOWEEN Dance

FORT BUCHANAN COMMUNITY CLUB

DJ Mash

• Iván Robles • Emil Cedeño • Joaquín Opio

SAT., OCTOBER 28
8 PM TO 2 AM

OPEN TO
THE PUBLIC

TICKETS:

[HTTPS://BIT.LY/FB_DJMASH](https://bit.ly/FB_DJMASH)

787-707-3974 • 786-890-7324

\$25 per person

At the Door:

\$30 per person

(only 18+)

no minors allowed





'Have a Night To Remember'

PROM 2024

Celebrate at

Fort Buchanan Community Club

INCLUDES:

- Dinner Buffet
- Room Rental
- Tables, Chairs
- Dance Floor
- Table Cloth, Napkins
- Silverware and Glassware
- Free ample parking

\$29 per person
Plus 18% service charge.

Information:

787-707-3215
787-707-3516
787-707-5233

FOR MORE DETAILS



usarmy.buchanan.usag.list.community-club-team@army.mil

borinquen
bar & patio

SPOOKY PARTY NIGHTS

EAT, DRINK AND BE SCARY!

SATURDAYS
OCTOBER 14, 21 & 28 | 5PM

- DJ PLAYING SCARY HITS • KARAOKE • VIDEO SHOW

ENJOY THE CREEPIEST **BLOOD BAG DRINKS**
VAMPIRE'S COCKTAIL & WEREWOLF PUNCH

OPEN TO THE PUBLIC
BRING YOUR FRIENDS!

KARAOKE NIGHT

OPEN TO THE PUBLIC
FREE ADMISSION

borinquen
bar & patio

FRIDAY
NOVEMBER 3
5 PM - 10 PM



Autumn FEST

Music,
Entertainment
Pumpkins, Candy,
& Refreshments!

★ **Friday, October 27 | 6:30 pm - 8:30 pm**
Fort Buchanan Chardón Plaza

Put on your spooky costume
and join the fun!

★ **OPEN TO
THE PUBLIC**

787-707-3406
787-707-3466

Also at the event:



**DECORATE
YOUR TRUNK,
TREAT THE KIDS!**

TO PARTICIPATE 787-707-4343/4344
NADYA.I.AYALA.NAF@ARMY.MIL



CYS RUN CLUB **JOIN US!**

- 🕒 3:30 pm - 4:30 pm
- 📅 Sep. 11 - Nov. 8 (Mon & Wed)
- 📍 Various Locations



AGES 5-18 COED
AVAILABLE FOR ACTIVE DUTY, DOD,
NATIONAL GUARD, FEDERAL, RESERVE,
AND RETIREE DEPENDENTS.
Must provide an updated sports physical form
at registration.

**\$45
FEE**

787-707-3406/3466

TURKEY RUN

WED. NOV. 15, 2023
3 PM - 5 PM
AHS TRACK FIELD

Registration starts at 3 p.m.
Runs starts at 4 p.m.

**TURKEY PRIZE IS FOR 1ST PLACE
WINNER BY AGE GROUP.**

*Ages 5-18 coed
Available for Active Duty, DoD,
National Guard, Federal, Reserve, and
retiree dependents.
Must provide an updated sports
physical form at registration.*
787-707-3406/3466



SOCCER SEASON 2023

OCTOBER 10 TO DECEMBER 6
TUESDAYS & THURSDAYS
4 PM - 6 PM
MAXIE WILLIAM FIELD



787-707-3406/3466

AGES 5-18 COED
AVAILABLE FOR ACTIVE
DUTY, DOD, NATIONAL
GUARD, FEDERAL,
RESERVE, AND
RETIREE DEPENDENTS.
Must provide an updated
sports physical form at
registration.

**\$45
FEE**

HOLIDAY RUN

AGES 5-18 COED

**WEDNESDAY
DECEMBER 12**

AHS track field • 3:30 pm - 5 pm
Registration at 3:30 pm.

Run starts at 4 pm. **FREE OF COST.**
CANDY BAGS FOR ALL PARTICIPANTS!



787-707-3406/3466

**AVAILABLE FOR ACTIVE DUTY, DOD, NATIONAL GUARD, FEDERAL,
RESERVE, AND RETIREE DEPENDENTS. MUST PROVIDE AN
UPDATED SPORTS PHYSICAL FORM AT REGISTRATION.**

OUTDOOR RECREATION ADVENTURES

Kayaking at Las Casas Lake

Enjoy Las Casas Lake peaceful environment by yourself or with your family and friends. Excellent for individuals and families who would like to learn how to kayak and the safety guidelines of the sport. For individuals six (6) and older this will serve as a met requirement for future activities where advanced kayaking experience is required. A light BBQ lunch will be included at the end of the event.

Activity Type: Kayaking

Place: Fort Buchanan

Date: Saturday, October 7, 2023

Difficulty: Easy

Time: 9 am to 12 pm

Includes: All required safety equipment, specialized equipment, and BBO Lunch (Chicken Pinchos made with a special BBQ charcoal), sodas or water.

Cost: \$29

Boating Skills and Seamanship Course (English)

This is the only course authorized by the USCG, Nasbla and the State Department of Natural Resources to qualify for a recreational boating operator permit. The permit issued by the State Department of Natural Resources, after passing the course; is the official way to command a recreational craft up to 65 feet in length on the Island.

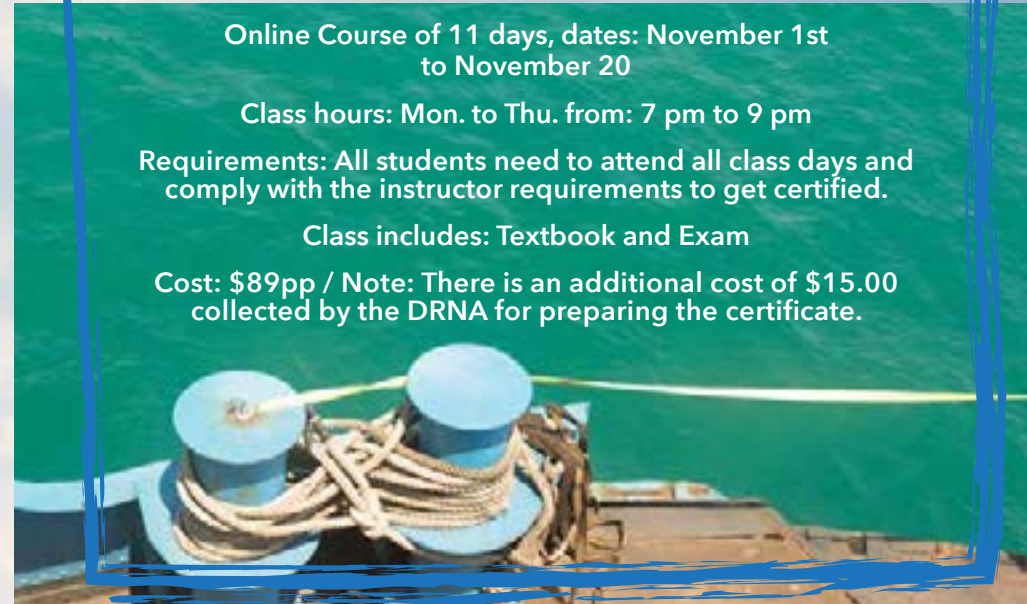
Online Course of 11 days, dates: November 1st to November 20

Class hours: Mon. to Thu. from: 7 pm to 9 pm

Requirements: All students need to attend all class days and comply with the instructor requirements to get certified.

Class includes: Textbook and Exam

Cost: \$89pp / Note: There is an additional cost of \$15.00 collected by the DRNA for preparing the certificate.



Botanical Garden and Guavate Tour

An encounter with nature and culture. Favored for its tropical climate, the Botanical and Cultural Garden *William Miranda Marín* is an attractive place to enjoy nature, and along the way, discover the history that has defined the Caribbean. You will be able to take pictures. Walk along the pathways and discover within its sceneries the waters of the *Cagüitas* River, with its exuberant flora and fauna. The Garden contains a great diversity of native trees and endemics endangered trees.

Activity Type: Sightseeing / Cultural and Educational

Place: Caguas PR

Date: Saturday, November 18th

Difficulty Level: Easy

Time: 8:30 am to 4 pm

Includes: Transportation, guided tour at the Caguas Botanical Garden and visit to Puerto Rico most famous roasted pork place Guavate in Cayey for lunch (food not included).

Cost: \$29



Coffee Lovers Experience

Experience the art of cultivating one of Puerto Rico's locally grown and harvested coffee known as

Café Oro. This experience is one of a kind, relish a tour entirely on foot thru their grounds, learn the process and history of coffee and enjoy a pure cup of coffee overlooking their hacienda. To complete the experience, participants can enjoy lunch in "El Cepo Restaurante Mirador", a high end restaurant with gorgeous views and local gastronomical expertise.

Activity Type: Culture/Walking

Date: Saturday October 14

Place: Lares

Time: 7 am to 5 pm

Difficulty: Easy

Includes: Transportation, guided tour (limited 12 participants) (Food cost not included).

Cost: \$49



Cocoa Farm Tour

Come and see where the cocoa tree is grown and the pod is processed. You will have the opportunity to taste the cacao fruit from which many products, including chocolate, come from. This interactive experience will reveal the history and origins of this product.

Activity Type: Culture/Walking

Date: Saturday November 4

Place: Fajardo

Time: 7 am to 4 pm

Difficulty: Easy

Includes: Transportation from Fort Buchanan (limited to 12 participants), guided tour (Food not included).

Cost: \$49



Thermal Baths of Coamo

Escape and relax in one of Puerto Rico's wonders, a thermal hot spring in the middle of the mountains in Coamo. These waters come from springs from the *Río Jueyes* nearby, heated by remnants of a dormant volcano and hazy from mineral content. These waters are legend to be *Juan Ponce de Leon's* coveted *Fountain of Youth* and many folks agree!

Activity Type: Culture/Walking

Date: Saturday December 9

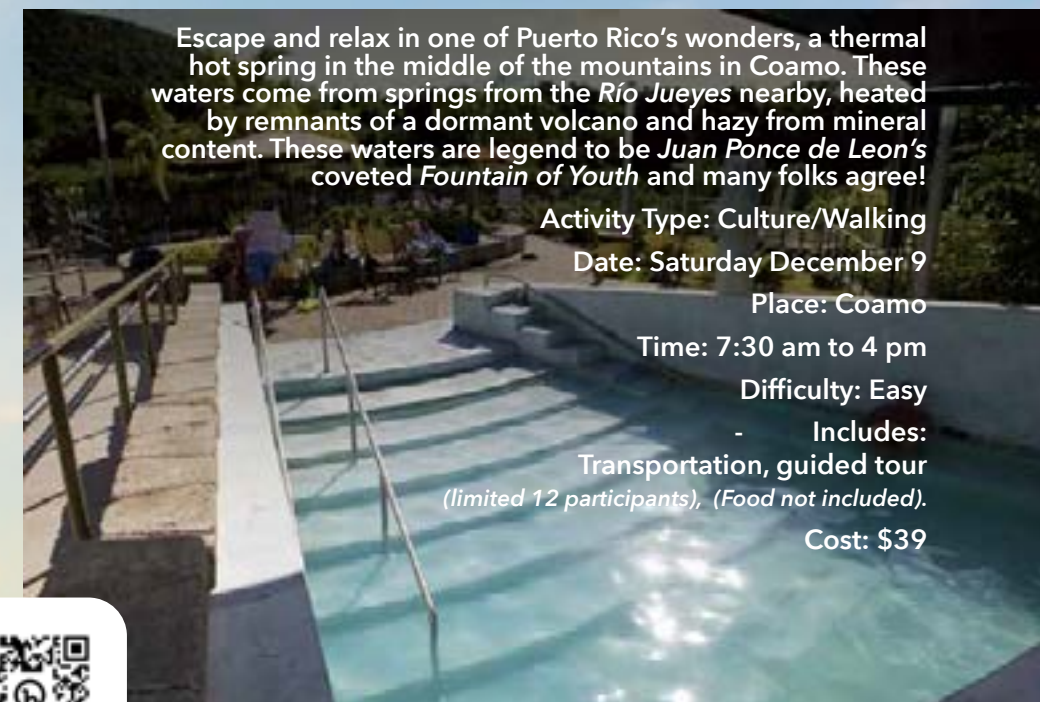
Place: Coamo

Time: 7:30 am to 4 pm

Difficulty: Easy

Includes: Transportation, guided tour (limited 12 participants), (Food not included).

Cost: \$39



787-707-3734

787-707-3138



You set the Table, We do the cooking

Choose from two delicious
take home packages

GOLDEN HARVEST \$65

Serves up to 6 people

Half Carved Roasted Turkey with Gravy
(white and dark meat)

BOUNTIFUL HARVEST \$99

Serves up to 10 people

Whole Carved Roasted Turkey with Gravy

DINNER PACKAGES INCLUDE:

- Rice with Pigeon Peas
- Chef's Garden Salad with Balsamic Vinaigrette dressing
- Dinner Rolls
- Butter

ENHANCEMENTS FOR YOUR DINNER:

- Sweet Potato Casserole with Marshmallow Topping \$16
- Creamy Home-Style Mashed Potatoes \$14
- Corn Bread \$10
- Elbow Macaroni Salad \$10
- Pumpkin Flan \$10

CALL TO ORDER: 787-707-3215

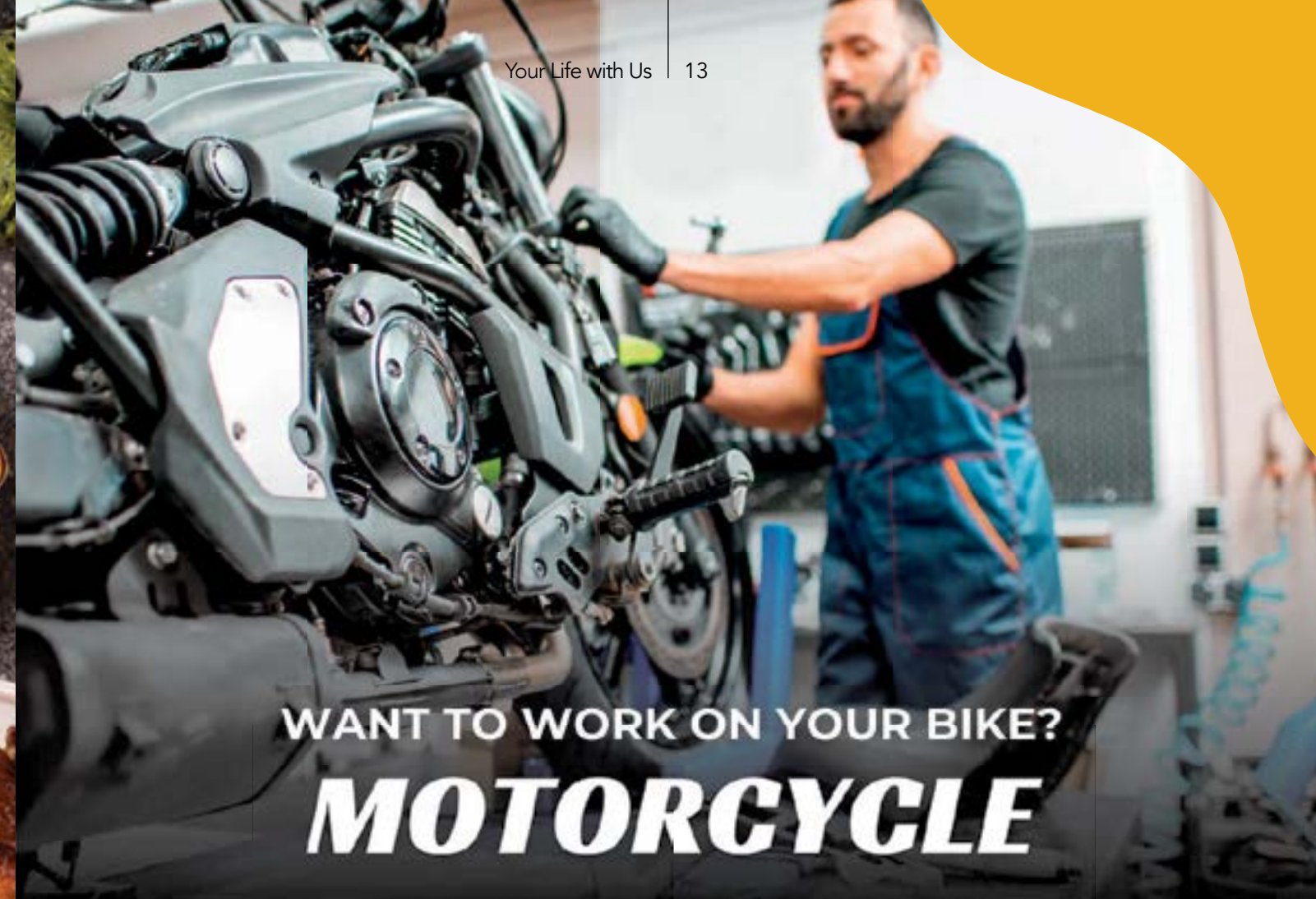
Text message: 786-890-7277

Cut off date to order and payment:
Monday, November 20th at 2pm.

PICK-UP at the **Community Club**

Thursday November 23rd
from 11am to 1 pm.

Non-affiliated patrons can pick-up at
Fort Buchanan Visitor Control Center (VCC).



WANT TO WORK ON YOUR BIKE?

MOTORCYCLE HOBBY BAY

For just \$6, you can rent a
motorcycle hobby bay and
take care of all the
maintenance tasks you need.

CALL NOW

787-707-3972
MWR Automotive Skills
Center Bldg. 159



**EASY & SECURE
ACCESS**



**FILTER & OIL
CHANGE**



**FLUID CHECK
& MORE**

ARMY COMMUNITY SERVICE Workshops

October through December 2023

UNITED AGAINST DOMESTIC ABUSE

FAP Educational Workshops

Fort Buchanan ACS Bldg. 225 Davis St.

*Healthy Relationship BINGO

Wednesday, October 4, 12 pm to 1 pm

•Financial Abuse in Domestic Abuse

Wednesday, October 11, 11:30 am to 12:30 pm

•In Her Shoes

Tuesday, October 24, 11:30 am to 12:30 pm

•We go Purple in awareness of Domestic Violence Abuse every Friday in October

For more information, call 787-707-3709, ruth.e.gonzalez.civ@army.mil

Relocation Tips for Teens

Thursday, October 5, 3 pm to 4 pm at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

Single and Relocating

Tuesday, October 10, 9 am to 10 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

EFMP Class: Resources for People with Functional Diversity

Tuesdays, October 10, November 14 10 am - 11:30 am at ACS Bldg. 225, Davis St. For more information, call 787-707-3295, raymond.morales.civ@army.mil

United AGAINST Domestic Abuse 5K Run/Walk

Saturday, October 14, 7 am to 9 am (registration begins at 6:30 am) at Fort Buchanan Perimeter Road. For more information, call 787-707-3709, ruth.e.gonzalez.civ@army.mil

EFMP Class: Reasonable Accommodation

Tuesdays, October 17, November 7 & December 5 10 am to 11:30 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3295, raymond.morales.civ@army.mil

Military Spouses' Forum

Wednesdays, October 18, November 15 & December 20 11 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3292/3804, wilda.diaz3.civ@army.mil

FAP New Parent Support Program Morning Play Group

Thursdays, October 5 & 19 November 2 & 16 & December 7 & 21 10 am to 11 am at Chapel Annex Bldg. 292. For more information, call 787-707-3709, ruth.e.gonzalez.civ@army.mil

Preparing for School Transfers

Thursday, October 19, 10 am to 11 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

International Travel Symbols

Tuesday, October 24, 10 am to 11 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

FREE Developmental Delay Screening (Child Find)

(for children from 0 to 5 years old). Also, an EFMP Educational Booth Wednesday, October 25, 8:30 am to 2:30 pm at the Community Club and Conference Center Bldg. 660. For more information, call 787-707-3295, raymond.morales.civ@army.mil

Pets Against Domestic Abuse:

Pet Costume Contest

Friday, October 27, 7 pm to 9 pm at Fort Buchanan Chardón Plaza For more information, call 787-707-3709, ruth.e.gonzalez.civ@army.mil

Financial Readiness October Workshops

9 am to 10:30 am at ACS Bldg. 225 Davis St. Monday, October 2: **Budgeting** Monday, October 16: **Building and Managing Good Credit** Monday, October 23: **Understanding Personal Finance** For more information, call 787-707-3310, edwidg.pedre2.civ@army.mil

Science Behind Anger & Stress

Monday, October 30, November 27 & December 18 10 am to 11 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3709, ruth.e.gonzalez.civ@army.mil

Avoiding Thinking Traps During the Holidays

Tuesday, November 9, 10 am to 11 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3709, ruth.e.gonzalez.civ@army.mil

Living and Doing Business in Korea

Thursday, November 16, 10 am to 11 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

Financial Readiness November Workshops

from 9 am - 10:30 am at ACS Bldg. 225 Davis St. Monday, November 6:

Credit Cards and Consumer Loans

Monday, November 13

Investment Fundamental

Monday, November 20: **Investing in Stocks and Bonds** For more information call 787-707-3310, edwidg.pedre2.civ@army.mil

ACS Family Fun Day/CYS Turkey Run:

Celebrating Military Families

Wednesday, November 15, 3 pm to 5 pm at AHS Track/Soccer Field

For more information, call 787-707-3709/3804/3400, ruth.e.gonzalez.civ@army.mil, liza.i.muniz-miranda.civ@army.mil

Living and Doing Business in Japan

Tuesday, November 21, 9 am to 10 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

EFMP Class: Family Care Plan

Tuesday, November 21, 10 am to 11:30 am ACS Bldg. 225 Davis St. For more information, call 787-707-3295 /raymond.morales.civ@army.mil

EFMP Class: Calming Your Mind

Tuesday, November 28, 10 am to 11:30 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3295, raymond.morales.civ@army.mil

Living and Doing Business in Germany

Thursday, November 30, 10 am to 11 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

Family Separation Services

Tuesday, December 5 from 9 am to 10 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

Newcomers Orientation Briefing

Friday, December 15, 9 am to 12 pm at Fort Buchanan Community Club, Bldg. 660. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

PCS Entitlements during a PCS Move

Tuesday, December 19 from 9 am to 10 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3682, sigfredo.perez.civ@army.mil

EFMP Class: Family Care Plan

Tuesday, December 19, 10 am to 11:30 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3295, raymond.morales.civ@army.mil

EFMP Class: Calming Your Mind

Wednesday, December 27, 10 am to 11:30 am at ACS Bldg. 225 Davis St. For more information, call 787-707-3295, raymond.morales.civ@army.mil

Financial Readiness December workshops

from 9 am to 10:30 am at ACS Bldg. 225 Davis St. Monday, December 4: **Army Emergency Relief Basics** Monday, December 11: **BRS** Monday, December 18: **TSP Basics** More information by calling 787-707-3310, edwidg.pedre2.civ@army.mil



Community Club Wedding Package

An enchanting way to celebrate! Starting at *\$49 per person. Includes:

Welcome Reception with hors d'oeuvres and beverage of choice

A tasting menu for the couple

Cake cutting fee

Three course dinner or dinner buffet

Sparkling wine for wedding toast

Free Parking

Two (2) Complimentary MWR Memberships valid for one year

*Plus 18% service fee. Minimum of 50 people.

787-707-3215/3516/5233

usarmy.buchanan.usag.list.community-club-team@army.mil

SPORTS & FITNESS CENTER

LIFT-4-TURKEY

TUESDAY, NOVEMBER 14 • 5 PM

LIFT WEIGHTS FOR A TURKEY!
EACH PARTICIPANT WILL EXECUTE ONE (1) LIFT ATTEMPT FOR A BARBELL SQUAT, A BENCH PRESS, AND A DEAD LIFT WITHIN A 15 MINUTE PERIOD. THE LIFTS WILL BE RECORDED FOR POINTS. TOP HIGHEST POINTS FOR MALE AND FEMALE WILL HAVE BRAGGING RIGHTS AS THE "LIFT-4-TURKEY" CHAMPION, AND WILL GET A TURKEY, JUST IN TIME FOR THE HOLIDAYS!



- BARBELL SQUAT
- BENCH PRESS
- DEAD LIFT

TAKE THE CHALLENGE!
\$5 PER PERSON
REGISTER BY CALLING
787-707-3767 / 3281



BOSS

BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS



A UNIFIED VOICE
FOR SINGLE SOLDIERS

LET YOUR VOICE BE
HEARD THROUGH BOSS

THE BOSS PROGRAM

- Allows your voice to be heard at all levels
- Helps improve Soldiers Quality of Life
- Provides the opportunity to experience adventure through new activities. Provides the opportunity to learn a tangible skill that can be used for the rest of your life!
- Provides a way for you to give back to the local community

CONTACT YOUR GARRISON'S BOSS
UNIT REPRESENTATIVE

✉ fortbuchananboss@army.mil

☎ 787-707-4344

📷 @buchananboss

armymwr.com/programs-and-services/boss

BOSS is open to all Single Soldiers, Single Parents, and Geographical Batchelors.

BOSS is for Active Duty, National Guard and Reserve Soldiers.

FLEA MARKET

SATURDAY
NOVEMBER 4

Open to the Public

The Exchange
Parking Lot
10 am - 4 pm

FEE:
\$30 per table

787-707-3974
786-890-7324



el agua
más pura
de Puerto Rico



f /CristaliaWater

FRIENDSGIVING FUN DAY

SATURDAY NOVEMBER 18

Water Spout • 1 pm - 5 pm
FUN GAMES & GOODIE BAGS!
-CARRY THE EGG -WATER BUCKET -PAINTING

REGULAR FEES APPLY. *FOR AUTHORIZED PATRONS.



SWIM WITH SANTA

SATURDAY DECEMBER 23

Water Spout • 1 pm - 4 pm
FUN GAMES & GOODIE BAGS!
-CARRY THE EGG
-WATER BUCKET
-PAINTING

REGULAR FEES APPLY.
*FOR AUTHORIZED PATRONS.

787-707-3211



EXPERIENCE THE ULTIMATE COSMIC BOWLING PARTY WITH FAMILY AND/OR FRIENDS AT THE BOWLING CENTER!



INCLUDES:

COSMIC BOWLING PARTY PACKAGES

TWO (2) HOURS NON-STOP BOWLING

SHOE RENTAL FOR UP TO FIVE (5) PEOPLE

PLATTER SAMPLER

SATURDAYS FROM 7 PM - 11 PM

• MUST BE AT THE BOWLING CENTER NO LATER THAN 8:45 PM TO TAKE ADVANTAGE OF THE PACKAGE. 787-707-2695/2564/2568

Bowling Center NEW Hours of Operation

	Bowling Center	Bar	Open Lanes times
Mondays	Closed	Closed	
Tuesdays	11am - 9pm	Closed	11am - 9pm
Wednesdays	11am - 9pm	4pm - 9pm	11am - 6pm
Thursdays	11am - 9pm	4pm - 9pm	11am - 6pm
Fridays	11am - 9pm	4pm - 9pm	11am - 6pm
Saturdays	4pm - 11pm	4pm - 11pm	4pm - 11pm
Sundays	Closed	Closed	

Since Sept. 1, 2023

»»——• *Fort Buchanan* •——««

Holiday Celebration

SAVE
THE
DATE!

Friday, December 1st, 2023

Community Club Parking Lot
4 pm-10 pm • Free Admission

OPEN TO THE PUBLIC

Community Parade, Live Music, Artisans,
Photo with Santa, Tree Lighting & more!



CELEBRATE

New Year's Eve

Community Club Ballroom

TUESDAY

DECEMBER 31, 2023

7 PM - 1 AM

Music

Dinner

Champagne Toast

Party Favors

and more!

787-707-3515/3215/3516

