

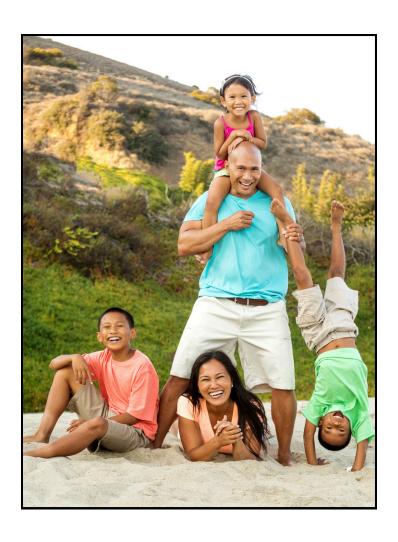
### **AUGUST 2025**

# NEWSLETTER



# **Our Programs**

- Family Advocacy Program
- Army Emergency Relief
- Army Volunteer Corps
- Survivor Outreach Services
- Financial Readiness
   Program
- Relocation ReadinessProgram
- Employment ReadinessProgram
- Information and Referral Program
- Exceptional Family
   Member Program
- Mobilization and Deployment Program
- Military and Family Life
   Counseling Program
- Other Services and Resources



### **Contact Us!**



787-707-3804

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www.buchanan.armymwr.com







### Fort Buchanan Military Family Life Counselors

- Individual & Couples Support for Adults
- Family Non-Medical Counseling (parent or guardian must attend sessions with children)
- Appointments are available in person, by phone, or virtually

787-220-4538 / 787-463-1932



Information & Referral Program 787-707-3804

**Employment Readiness Program 787-707-3365** 

Mobilization & Deployment 787-707-3292

**Survivor Outreach Services & Army Volunteer Corps 787-707-3692** 

Exceptional Family Member Program 787-707-3295

Financial Readiness Program & Army Emergency Relief 787-707-3310

Family Advocacy Program 787-707-3709

Relocation Readiness Program 787-707-3682

ACS Director 787-707-3292 wilda.diaz3.civ@army.mil

Wednesday, 6 August | 10 am – 11 am at ACS Conference Room, Bldg. 225

Negotiating Employment Offers: Understand the components of

Employment offers and learn techniques for negotiating salaries and benefits.

This class provides strategies for making informed decisions when accepting Employment offers.

Thursday, 7 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225 Skills for Parenting Exceptional Children: This workshop aims to equip parents with practical skills and strategies to help them navigate the journey of parenting exceptional children.

Monday, 11 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225 Financial Literacy: This workshop will equip you with the skills, knowledge, and behaviors necessary to make informed financial decisions.

**Tuesday, 12 August | 10 am – 11 am at ACS Conference Room, Bldg. 225 Living in Korea:** Learn about the culture, history, and location of an overseas permanent change of station (PCS) move to the country of Korea.

Wednesday, 13 August | 10 am – 11 am at ACS Conference Room, Bldg. 225
Handling Pre-Employment Screening and Background Checks: This session
explains the types of pre-employment screenings and provides guidance on
how to prepare for them. It also covers how to understand and address
screening results.

Thursday, 14 August | 9 am – 10:30 am at ACS Conference Room, Bldg. 225 Enhancing Social Skills for Exceptional Children: This workshop aims to provide parents with practical, hands-on strategies to support their children's social development while fostering a supportive community among participants.

**Tuesday, 19 August | 10 am – 11 am at ACS Conference Room, Bldg. 225 Living in Japan:** Learn about the culture, history, and location of an overseas permanent change of station (PCS) move to Japan.

Monday, 25 August | 9 am – 10:30 am at ACS Conference Room Bldg. 225 Budgeting: Budgeting enables you to plan, save, and manage your expenses effectively. In this workshop, we will discuss gathering financial records, categorizing and analyzing current spending, and preparing for goals when building a budget.

**Tuesday, 26 August | 10 am – 11 am at ACS Conference Room, Bldg. 225 Living in Germany:** Learn about the culture, history, and location of an overseas permanent change of station (PCS) move to the country of Germany.

Wednesday, 27 August | 10 am – 11 am at ACS Conference Room, Bldg. 225
Professional Etiquette and Communication: Learn about workplace behavior and communication, including email, phone, and meeting etiquette. This class also emphasizes the importance of managing your online presence professionally.

Thursday, 28 August | 9 am - 10:30 am at ACS Conference Room, Bldg. 225 Advocating for Success: A Guide to Section 504 Accommodations. Help your child obtain accommodations (changes in how content is taught, supported, or assessed) that will enable them to participate fully in the classroom or other school activities.

Friday, 29 August | 9 am – 10 am at ACS Conference Room, Bldg. 225

Army Volunteer Corps/Training for OPOCs: To provide useful management tools to OPOCs of the Army Volunteer Corps, such as volunteers' PDs, approving volunteers' hours, supervision, and mentoring.

Friday, 29 August | 11 am – 12 pm at ACS Conference Room, Bldg. 225
Army Volunteer Corps/Training for Volunteers: To provide useful management tools to volunteers, including how to record volunteers' hours, manage their service records, ethics, customer services, and open a forum for questions and answers.



#### August Workshops

The Exceptional Family Member Program (EFMP) offers a diverse range of educational opportunities to Soldiers and their eligible Family members, including virtual, in-person, and hybrid classes. This approach ensures that participants receive comprehensive and personalized support. tailored to their specific needs.

#### Thursday, 7 August 0900-1030

Skills for Parenting Exceptional Children: This workshop aims to equip parents with practical skills and strategies to help them navigate the journey of parenting exceptional children.

#### Thursday, 14 August 0900-1030

**Enhancing Social Skills for Exceptional** 

Children: This workshop aims to provide parents with practical, hands-on strategies to support their children's social development while fostering a supportive community among participants.

#### Thursday, 28 August 0900-1030

Advocating for Success: A Guide to Section 504 Accommodations. Help your child obtain accommodations (changes in how content is taught, supported, or assessed) that will enable them to participate fully in the classroom or other school activities.

#### 787-707-3295

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Workshops will be held at ACS, Davis Street Bldg. 225















