

Fun and safe leisure activities are essential for well being!

The COVID-19 pandemic has altered many aspects of daily life, including the pursuit of leisure activities. Despite the changes caused by the COVID-19 pandemic, there's still plenty of fun to be had. In fact, seeking out fun activities may be even more important now. When the weather is appropriate to be outside, patio dining and golfing are excellent alternatives. For some safe family fun, go Bowling! Family and MWR ensures that distancing and other safety protocols are followed to ensure a sefe environment to our patrons for such needed leisure distractions.

In this issue we have highlighted three great Family and MWR facilities that are available for you, the Community Club, The Bowling Center, and the Golf Club!

FAMILY AND MWR LIFE WITH US EDITORIAL TEAM

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Showcase your brand's commitment to the military community by partnering with Family and MWR.

Contact the Marketing, Advertising & Commercial Sponsorship Office

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MWR-ICE-QR

COMMUNITY CLUB & CONFERENCE CENTER



Our team puts thought, creativity, and heart into making your event special!

Our professional event coordinators work closely with you to create a memorable day that reflects your personal style and flair.

FACILITY OFFERINGS:

Our Main Ballroom accommodates approximately 500 guests for social or military functions.

We can accommodate four wedding receptions and meet the dining needs of our Soldiers and Families simultaneously.

Event reservations are open to anyone with a Federal Government ID or Family and MWR membership.

The Community Club & Conference Center is Fort Buchanan's hub for special events and evening entertainment.

Our *Borinquen Bar & Patio* offers a regular lunch & dinner menu, and daily lunch specials Mondays through Fridays in a casual atmosphere.

We specialize in planning, managing and hosting military and civilian training workshops, conferences, birthday parties for all ages, anniversaries, weddings, receptions, ethnic celebrations, and more.

Wedding receptions are what we do best!





Available Monday - Friday. See the week's menu at www.buchanan.armymwr.com

STARTERS

Chicken Pincho \$3.75 Grilled chicken skewer, BBQ drizzle.

Egg Rolls \$4.95 Pork egg rolls served with sweet chili sauce.

Ensalada de Pulpo \$6.95 8oz. cup filled with Puerto Rican style octopus salad.

Crispy Calamari \$8.95 Deep Fried Squid with Lime Cilantro Aioli.

Carne Frita con Tostones \$9.25 Fried to perfection, pork chunks served with pickled onions, and fried green plantains.

Chicken Wings \$9.95

Tasty wings served with fries and sauce of choice: cayenne pepper, guava BBQ, blue cheese, or Ranch.

Italy meets Spain \$11.95 Board of Sliced Manchego cheese, Prosciutto, and garnishes.

Borinquen Sampler \$21.95 Combination of Chicken wings, carne frita, egg rolls, and tostones served with dipping sauces: mayoketchup, BBQ, and Ranch.

SALAD

RAINFOREST SALAD \$5.95

Romaine lettuce, tomatoes, onions, dried cranberries and sliced almonds. Served with Balsamic vinaigrette dressing.

Add chicken \$4.95 / Add churrasco \$7.95

ENTREÉS

ENTRÉES SERVED WITH TWO SIDES OF CHOICE.

GRILLED CHICKEN BREAST \$9.95 Tender juicy chicken breast grilled to perfection.

CHURRASCO 8oz. \$14.95 / 12oz. \$18.95 Grilled skirt steak topped with freshherbs chimichurri.

GINGER GLAZED SALMON \$15.95 An Asian-inspired Salmon dish calls for fresh ginger, sesame seeds, soy sauce

BURGER MENU

ALL BURGERS SERVED WITH CHOICE OF FRENCH FRIES OR SIDE SALAD.

BUCHANAN BURGER \$9.25

1/2 pound of fresh ground beef, American cheese, lettuce, tomato, onion, Brioche bun.

BACON CHEESE BURGER \$9.95 1/2 Pound of fresh ground beef, American cheese, bacon, lettuce, tomato, onion, Brioche bun.

THE HANGOVER BURGER \$11.95 The great one! American cheese, bacon, lettuce, tomato, onion, fried egg, and guava BBQ sauce.

CHICKEN BLT BURGER \$9.95 Grilled Chicken, crispy bacon, lettuce,tomato, onion, cilantro aioli,

SALMON BURGER \$14.95

Brioche bun.

Take a break from red meat with healthy fish. Creamy lemon aioli, lettuce, tomato, onion.

CHILDREN'S MENU

Chicken Skewer

with Fries \$5
Kids Burger
with Fries \$5
Fried Cheese Dog \$2
Chicken Tenders

Sides \$3

- Chef's rice of the day
- French Fries

with Fries \$5

- Fried Plantains "tostones"
- Coleslaw
- Three Bean Salad
- Green Salad

Desserts

- "Churro" Bites with Chocolate Sauce \$5
- Vanilla or Cheese Flan \$3

Extras \$1

• Cheese • Bacon • Sauce

TRY OUR GRILL FIT COMBO

INCLUDES:
Grilled Chicken, Three Bean Salad, Garden Salad with dressing of choice, and Bottle of Water- Price \$7.95
AVAILABLE MONDAY THRU FRIDAY FOR LUNCH & DINNER

-Lunch: 11 a.m. to 3 p.m. -Dinner: Monday & Tuesday, 3 p.m. - 9 p.m. Thursday & Friday, 3 p.m. - 11 p.m. 787-707-3516 / 3515 / 3535 We strive to give our best to our guests!

CURBSIDE boringuen PICKUP DINNER MENU Wedter Fill Amount of the menu

Wed to FRI 4 p.m. to 8 p.m.

RAINFOREST SALAD \$5.95
ROMAINE LETTUCE, TOMATO, ONION, DRIED
CRANBERRIES, AND ALMONDS. ADD CHICKEN \$4.95

CHICKEN WINGS \$9.95 SERVED WITH BBO OR RANCH

'CARNE FRITA" CON TOSTONES \$9.25 SERVED WITH MAYO-KETCHUP

PORK EGG ROLLS \$4.95 SERVED WITH SWEET CHILI SAUCE

CHICKEN TENDERS WITH FRIES \$5.00

BACON CHEESE BURGER WITH FRIES \$9.95

CHICKEN BLT BURGER WITH FRIES \$9.95

GRILLED CHURRASCO 80Z. \$14.95 SERVED WITH TOSTONES AND 3-BEAN SALAD







FROM THE BAR: Ask for our Beer, Liquor and Wine selection.

MEET THE COMMUNITY CLUB & CONFERENCE CENTER'S STAFF



Erick Burgos
Business Manager



Vilma Velázquez Operations Assistant



Jorge González Chef



Emmanuel Bezares Bartender



Freddy Linares Cook



Yolanda Rivera Food & Beverage Attendant

The ones that make everything happen!





Bldg. 660 (Community Club)
Depot Rd., Fort Buchanan

Make the most of your vacations. Our specialists can help you choose from a world of destinations and book your travel arrangements.

- Stateside attraction discounts
- Disney® vacations
- Parks and Resorts like Universal Studios® and more
- Cruises
- Lodging reservations & more

Our services are available for Active Duty Military, Retirees, DOD Civilians, and Families.

Note: Appointments are highly recommended for all vacation packages and/or cruises quotes and sales.

Monday - Friday, 9 a.m. - 4 p.m. 787-707-4343/4344





FORT BUCHANAN GOLF CLUB





"The most important shot in Golf is the next one."

-Ben Hogan



The course is first class and maintained in accordance with the established standards of the United States Golf Association (USGA).

Our nine-hole course with dual tees offers an 18 hole round of over 6,300 yards with a rating of 72 and a slope of 128.

We have everything you might need to play, including electric carts, pull carts, and rental clubs.

Our Golf Course has a driving range with nine hitting stations, practice greens, and bunkers.

Tee Times are available for weekends and weekdays.

Tee Times are on a strict schedule basis. Players must reserve their Tee Times in advance in order to ensure the pace of play. To reserve your Tee Times, you must call the Pro Shop during operation hours at 787-707-3980 / 787-707-3822. No walk-ins allowed.

Fort Buchanan Golf Course is a private members-only Golf course. Only authorized membership holders, MWR Cardholders, DOD Civilians, Active Duty, and Armed Forces Retirees.

None Members: None members can access our Golf Course by becoming an official member of the Golf Course or through the MWR membership card.

The Pro Shop

is open daily and offers a variety of golf equipment and accessories. Choose from a wide array of golf apparel, clubs, bags, shoes, gloves, hats, and more. We also have a wide selection of logoed items available that make great gifts for family and friends!





DAILY RATES AND MEMBERSHIP FEES

Category	Daily Fees 9 holes	Daily Fees 18 holes	Annual Fees (Single)	Annual Fee (Family)
E1 - E5 Active Duty, Juniors 17 and under	\$8	\$13	\$660	\$1050
Service Members E6 - E9 and O1 and up, all Retirees/All other au		\$20	\$1050	\$1,575
MWR Cardmembers	\$20	\$31	\$1,500	\$2,250
Cart fees (all categories)	\$9	\$14		





Golf Club Snack Bar Regular Menu



YOUR WAY BREAKFAST

Two (2) Eggs, Toast & choice of meat \$4 Veggie Omelete with Toast \$4 Egg white substitution \$1 Three (3) Pancakes and Bacon \$5 Western Omelete with Toast \$6 Egg white substitution \$1 Breakfast Sandwich or Wrap \$6 3 Scrambled Eggs, Cheese and Meat folded into a toasted bun or wrap Ham, Sausage or Bacon \$2 Crema del día (until 10 a.m.) \$2.50 Hashbrown Pa y \$1.50 Whole Fruit or Cuts \$1.25

SERVED ANY TIME

Cheese Quesadilla \$4.50 Carne Frita \$5.50 Masitas de Pollo \$5.50 Chicken/Cheese Quesadilla \$6 Chicken Wings \$6 Plain, Bu alo, or Honey Teriyaki

Service hours are subject to change due to COVID-19 restrictions.

BURGERS, SANDWICHES & WRAPS

(make it a wrap at no charge). Ham & Turkey Club \$5 Albacore Tuna \$5 Turkey and Swiss \$5 Classic Burger \$6 Grilled Chicken \$6 Classic Cubano \$6.75 Cheese Burger \$6.75 Bacon Cheese Burger \$7.50 Jíbaro Burger \$8

OTHER SPECIALTIES

"Biftec" Sandwich \$7 Cheese Quesadilla \$4.50 Carne Frita \$5.50 Masitas de Pollo \$5.50 Chicken/Cheese Quesadilla \$6 Chicken Wings \$6 Plain, Buffalo, or Honey Teriyaki

SALADS

Grilled Chicken over Greens \$6.50 Classic Chef Salad \$6.50 Ham, Turkey, Cheese, Egg, Vegetables. Chicken Ceasar \$6.50 Tuna Salad over Greens \$6.50

ADD-ONS

French Fries \$2 Tostones \$2 Sweet Potato Fries \$2 Onion Rings \$3 Side Salad \$3

BEVERAGES

Café \$1.50 Hot Chocolate \$1.50 Malta \$1.50 Soda 12oz. \$1.25 Powerade \$2.50 Water 16oz. \$1.25



FROM THE BAR

Ask for our Beer, Liquor and Wine selection. Ice Boxes and Buckets available for Golf carts.

Meet the Golf Club's Staff



José Rodríguez Business Manager



William Lespier **Operations Assistant**



Justin McEwen Greens Manager Superintendent



Edgar Berríos Recreational Aid



Carla Cortés Cook



Gloribeth Aquilar



Karina López Food & Beverage Attendant Food & Beverage Attendant



Lupe Rosario De La Cruz Laborer



Amadeus Pérez Laborer



Edwin Velázquez Maintenance Worker



Luis Valentín Maintenance Worker

The people responsible for our success!

BOWLING CENTER

Service hours are subject to change due to COVID-19 restrictions.

Please refer to the hours of operation at www.buchanan.armymwr.com for additional information. You must make a reservation in advance.

Our 18-lane Bowling Center is first class. Frequent bowlers will appreciate that our lanes are certified by the Professional Bowling Association (PBA). Programs include scheduled league times for adults and young bowlers.



BITHDAY PARTY PACKAGES AVAILABLE

Contact us for more details. Three options with prices ranging from \$135 - \$250.

OPEN BOWLING FEES:

Active Duty - \$3 (excludes Cosmic Bowling)

Shoe Rental - \$4

Open Bowling - \$4

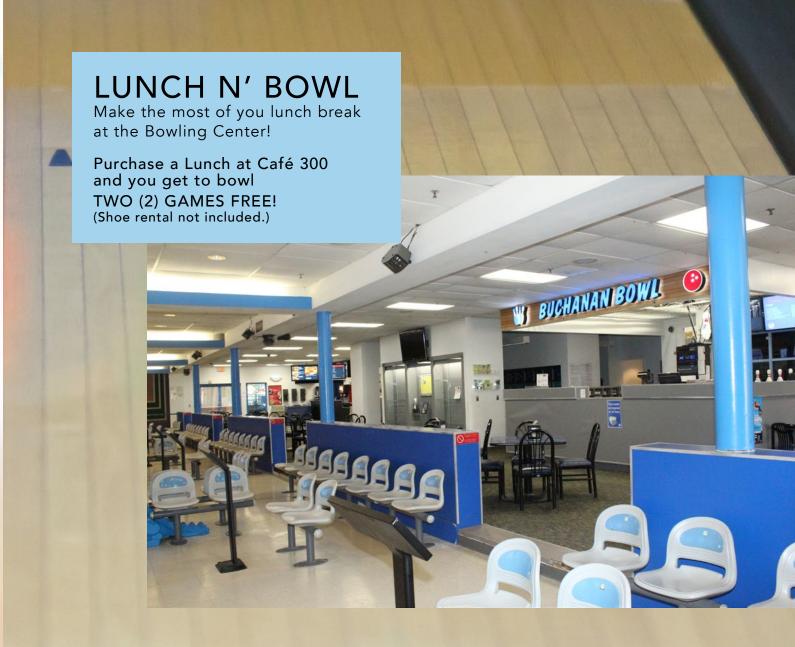
Cosmic Bowling - \$4.50

Locker Rental \$45

Locker Rental (Active Duty) \$40

Special Oil Pattern \$7.50 per lane

787-707-3272/2564





A cozy spot to unwind from the week's hustle and bustle!

The Bowling Center's MINUTEMAN TERRACE

Ask for our Beer, Liquor and Wine selection.



Bowling Center Snack Bar Regular Menu

HOUSE SPECIALTIES

Crispy Fried Chicken Bites \$7 Grilled Cheese \$4 Grilled Chicken \$5 Chicken Tenders (4) \$5.75 Mini Cordon Blue (6) \$5.50 Chicken Tenders (6) \$6.75 Chicken Wings (6) \$6.75 Fried Pork \$7.25 Kan-Kan Bites \$7

BURGERS AND SANDWICHES

Hamburger \$5.75
Cheeseburger \$6.75
Bacon Cheeseburger \$7.25
Signature Bori Burger \$8.75
Turkey Club \$5.75
BLT \$4.75
Turkey Sandwich \$5
***MAKE IT A COMBO FROM \$2.75 TO \$3.75
DEPENDING ON THE COMPLEMENT

SIDES:

French Fries \$2.95 Cheese Fries \$3.75 Cheese Fries with Bacon \$4.75 Onion Rings \$3.75 Tostones \$3.75 Fried Breadfruit "Tostones de pana" \$3.50 Cassava Fries \$4 Sweet Potato Fries (Batata) \$3.50 Mac and Cheese Bites \$4.50 Nachos with Cheese \$4.50 Mini Mofongo Balls (6) \$4.50 Sweet Plantain (6) "Amarillos" \$3.25 Cheese Slice .50 Liquid Cheese .50 Bacon \$1

PIZZA

Personal Cheese Pan Pizza \$8
Vegetables (onions/peppers) \$9
Chorizo, Peperoni or Chicken \$9.50
Meat Lover (peperoni, chorizo
and chicken) \$10

16" PIZZA

Cheese Pizza \$13

Vegetables (onions/peppers) \$15

Chorizo, Peperoni or Chicken \$16

Meat Lover (peperoni, chorizo

and chicken). \$20

DRINKS

Water \$2 Sodas 16oz \$1.85 / 32oz \$2.75 Coffee 6oz \$1.75 /10oz \$2.50 Chocolate 10oz \$2.50 Juice – Variety \$2

BOWLING CENTER

787-707-3272/2564

DAILY LUNCH SPECIALS

Wednesdays through Fridays. Dellicious desserts available!

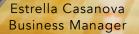
SALAD BAR

will be available starting Wednesday, February 9th. Visit www.buchanan.armymwr.com for weekly menu updates.



Meet the Bowling Center's Staff







Rafael Burgos Operations Assistant



Jacqueline Rojas Cook Supervisor



Lina Acosta Operations Assistant



Hector Javier Figueroa Bartender



Karla Reyes Food & Beverage Attendant



Sheila López Cook



Tania Torres



Luis García Cook



Antonio Figueroa Pin Mechanic

THE TEAM THAT MAKES THE DIFFERENCE!

Outdool. Recreation upcoming classes

BOATING SKILLS AND SEAMANSHIP COURSE (ENGLISH)

This is the only course authorized by the USCG, NASBLA and the State Department of Natural Resources in order to qualify for a recreational boating operator permit. The permit issued by the State Department of Natural Resources, after passing the course; this is the official way to command a recreational craft up to 65 feet in length on the Island.

- 11 Days Online Course dates: From February 28 to March 16, 2022
- Class hours: Mon. to Thu. from: 7 p.m. to 9 p.m. Ending Wed. March 16
- Requirements: All students need to attend all class days and comply with the instructor requirements in order to get certified.
- Class includes: Textbook and Exam
- Class Cost: \$79pp / Note: There is an additional cost of \$15 collected by the DRNA for preparing the certificate.

SCUBA OPEN WATER CLASSES

PADI Open Water Diver is the first SCUBA certification level. A highly-trained PADI Instructor will teach you how to SCUBA dive in a relaxed, supportive learning environment. By the end of the course, you'll have the skills and knowledge to dive at home or abroad and be an ambassador for the underwater world.

- COURSE DATES:

March1 9, 20, and 26 April 16, 17, and 23

- Requirements: Must be in good physical conditions and know swimming basic skills.
- Class includes: All SCUBA equipment, eLearning code pass, pool lesson and 4 boat open water dives. Includes a Saturday Culebra dive and a Sunday Fajardo Dive. Note: Weather Conditions may affect class schedule.
- Class Cost: \$399pp (All students need to comply with the instructor requirements and established class dates. No refunds will be made)

Open to Veteran's Health Identification (VHIC), and authorized I.D. card holders only.

For information and reservations call

787-707-3734

Email: kevin.o.laluzrivera.naf@army.mil www.buchanan.armymwr.com facebook.com/buchananmwr

