

ACS MISSION

ACS delivers consistent and comprehensive prevention, life skills, response and transition services through an integrated system tailored to foster the Army's commitment to maximize Soldier, Family and Civilian adaptability and self-reliance.

ACS VISION

Serves as the commander's community integrator providing premier services that enhance readiness and self-reliance.

MANAGING DEPLOYMENT

Deploying? Preparing for reunion?

Mobilization and Deployment (MobDep) is the primary POC for providing services during deployments, routine training exercises, and disasters. MobDep serves as the link between Family members, rear-detachment, and Family Readiness Groups.

MobDep professionals interview callers and walk- in clients to evaluate the type of assistance required and make appropriate referrals to internal ACS programs and other agencies. MobDep resources include:

Computer Lab

Free Internet Access available to help families stay in touch with deployed Soldiers.

Classes and Training

Ask about REAL Training and other life skills education resources. 787-707-3290



MAKING A MOVE

INFORMATION & REFERRAL (I&R)

Ensures active linkage of information, source(s), and/or resource(s) to meet and address individual needs. The I&R program embodies a continuum of assistance that includes answering questions, simple referrals, complex referrals that involve identifying needs and locating resources that provide information concerning local military and civilian service agencies; serves as a link between Families and agencies. 787-707-3804

Relocation Readiness Program (RRP)

Relocation Assistance has resources available to make moving easier. 787-707-3682

Newcomer's Orientation

Community resources and Puerto Rico culture are introduced during this interactive workshop. It is designed to make transitioning to Puerto Rico an enjoyable experience. 787-707-3682

Lending Closet

Forget to put the coffee pot in the unaccompanied baggage? Basic housekeeping items are available to be loaned on a temporary basis. 787-707-3682

Overseas Orientation

- Pre-move and post-move briefing
- Cross- Cultural adaptation training
 Sponsorship training 787-707-3682



Army Community Service

Bldg. 225, Davis Street Fort Buchanan, Puerto Rico Phone: 787-707-3804/3292







Real-Life Solutions for Successful Army Living

LIKE US ON FACEBOOK: facebook.com/ACSBuchanan

VISIT US: buchanan.armymwr.com



HOME & FAMILY LIFE

Family Advocacy Program (FAP)

Provides support to Service members and their Families in managing personal and Family problems. For Service members involved in Family violence, early FAP referral reduces risk, establishes safety limits and provides prevention and education on how to deal with normal life changes and transitions within the military.

Prevention & Education

FAP provides classes covering a broad range of topics: Communication, Conflict Resolution, Self Esteem, Stress and Anger Management, Parenting Skills Classes, Parent Support Programs, Foster Care Information, Respite Care, Safety Education for Children and Referrals. 787-707-3709

New Parent Support Program (NPSP) children ages 0-3

Offers Morning Playgroups designated to enhance children's social skills and to provide a safe and healthy way for children and their parents to have fun outside their home. Other services are provided to new parents. For information and morning playgroups 787-707-3709.

Victim Advocacy

If you are victim of spouse abuse, the Victim Advocate is available to assist with the support and information necessary to make positive choices. Safety is our top priority. The program provides ongoing support and referrals. 787-707-3709. Victim Advocate help line 787-221-7982.

Resources Library

ACS maintains an extensive resource library. Materials are available to borrow or keep. Come see what we have to offer. Please call ACS staff for additional information at 787-707-3804/3709.

Exceptional Family Member Program (EFMP)

EFMP assists you with advocacy services, resources, education and child services for Families with special needs. 787-707-3295. Fax 787-707-3244 For more information: Facebook.com/FtBuchananEFMP





MONEY MATTERS

Financial Readiness offers a wide range of free services geared towards assisting Soldiers and their Families live within their means and save for their future.

Classes & Workshops

Get your finances under control. Classes offered are for Money Management, Credit/Debt Management, Home and Auto purchase; Military Benefits/Entitlements, Budgeting and others.

Counseling

Receive one-on-one free financial counseling. Whether you are already in a bind or want to prevent future problems, make a financial counseling appointment.

Credit Report Repair

Incorrect information being reported on your credit report? Sit down with a counselor today to get free information and assistance on how to repair your credit report.

Army Emergency Relief (AER)

Assistance may be provided for emergency leave, food, auto repair, and other unexpected emergencies. AER may assist Active Duty Soldiers and their Family Members, Soldiers from ARNG and USAR on Active Duty for more than 30 days and their Family Members, Soldiers retired from Active Duty for longevity or physical disability, and their dependents. ARNG and USAR Soldier who retired at age 60, and their Family members. Surviving spouses and children of Soldiers who died while on active duty or after they retired. 787-707-3310

WORK & CAREERS

Employment Readiness Program (ERP)

Employment Career Counseling is available to assist on how to write a Federal electronic resume, classes on how to navigate the USAJOBS websites, valuable job search techniques, virtual job bank employment opportunities, networks and resources needed to gain the required job skills. The ERP hosts/sponsors hiring events and job fairs on/off post; provides training in career self-assessment, interview skills, and how to start your own business. Resource computer lab is available to assist with career and job search readiness. 787-707-3365

Military Spouse Employment Partnership (MSEP)

Through MSEP America's employers will have a direct access to a diverse and talented workforce, and military spouses can connect with meaningfull, long term employment opportunities.

Military Spouse Employment Partnership helps spouses find rewarding work through partnerships with national companies who agree to allow the miltary spouse the option of taking their job with them when they move to a new duty station. 787-707-3365

Military Spouses Career Advancement Account Program

(MyCAA)- Who is eligible for MyCAA Financial Assistance? Spouses of Service members on active duty in pay grades E-1 to E-5, W-1 to W-2, and O-1 to O-2 who can start and complete their coursework while their military sponsor is on *Title 10* military orders, including spouses married to members of the National Guard and Reserve Components in these same pay grades. Financial assistance limited to \$4,000 (\$2,000 per calendar year). Financial Assistance may be only used for an Associate Degree, occupational license or credential. Visit myseco.militaryonesource.mil or call for more information 787-707-3365.

SURVIVOR OUTREACH SERVICES (SOS) PROGRAM

Survivor Outreach Services is a program designed to provide short-term and long-term support to the Survivors of Soldiers who died while on active duty. Survivor Outreach Services demonstrates the Army's commitment to Families of the Fallen. SOS mission is to build a unified program which embraces and reassures Survivors that they are continually linked to the Army Family for as long as they desire. The program connects Family members with other resources that can help them cope with their loss. For more information or additional services contact SOS Coordinator at 787-707-3692.

MILITARY AND FAMILY LIFE COUNSELORS (MFLC)

To help you with your daily situations related to being part of the Army. Services are FREE and CONFIDENTIAL.

• Provides non-medical short term, situational problem solving counseling to Service members and their Families.

• Service provided to individuals, Families, groups, couples and children.

• Mandated reporters of child abuse, domestic abuse, and other duty-to-warn situations.

• Services are otherwise confidential and private, except for duty-to warn situations.

Life Skills

Anger Management • Communications • Parenting
 Relationship Issues • Productivity at Work

• Conflict Resolution • Decision Making Skills

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Military Lifestyle

Deployment Stress • Coping Skills • Relocation Adjustment
 Sadness, Grief and Loss • Homesickness • Separation

Building Resiliency • Reintegration: Soldier to Citizen

Contact MFLC at: 787-220-4538 and 787-463-1932

GETTING INVOLVED

Do you want to give back to your community? Do you want to learn new skills? The benefits of volunteering are as individual as the people who volunteer.

Army Volunteer Corps (AVC)

Register to become an Army Volunteer at **www.MyArmyOneSource.com**; share your strength, skills and abilities. The Army Volunteer Corps provides placement opportunities for volunteers based on interest and organization needs. Joining the Fort Buchanan volunteer team enables you to gain work experience, meet new friends, and have fun! 787-707-3692

Army Family Team Building

AFTB is a volunteer based program with the goal of readiness and self–sufficiency. **Level K** provides basic information and preparation for life in the military. **Level G** is focused on management skills for emerging leaders. **Level L** guides you through leadership skills. 787-707-3804/3709

Army Family Action Plan (AFAP)

AFAP is a grass-roots process that allows your ideas to be heard. Issues are submitted throughout the year and a local conference is held annually to address these issues. Volunteer to be a delegate, recorder, or facilitator during the annual AFAP conference. For more information 787-707-3804/3295.